

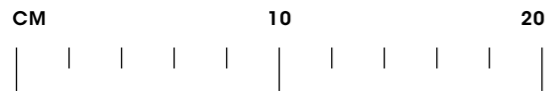
flathold[®]

Swiss designed climbing holds

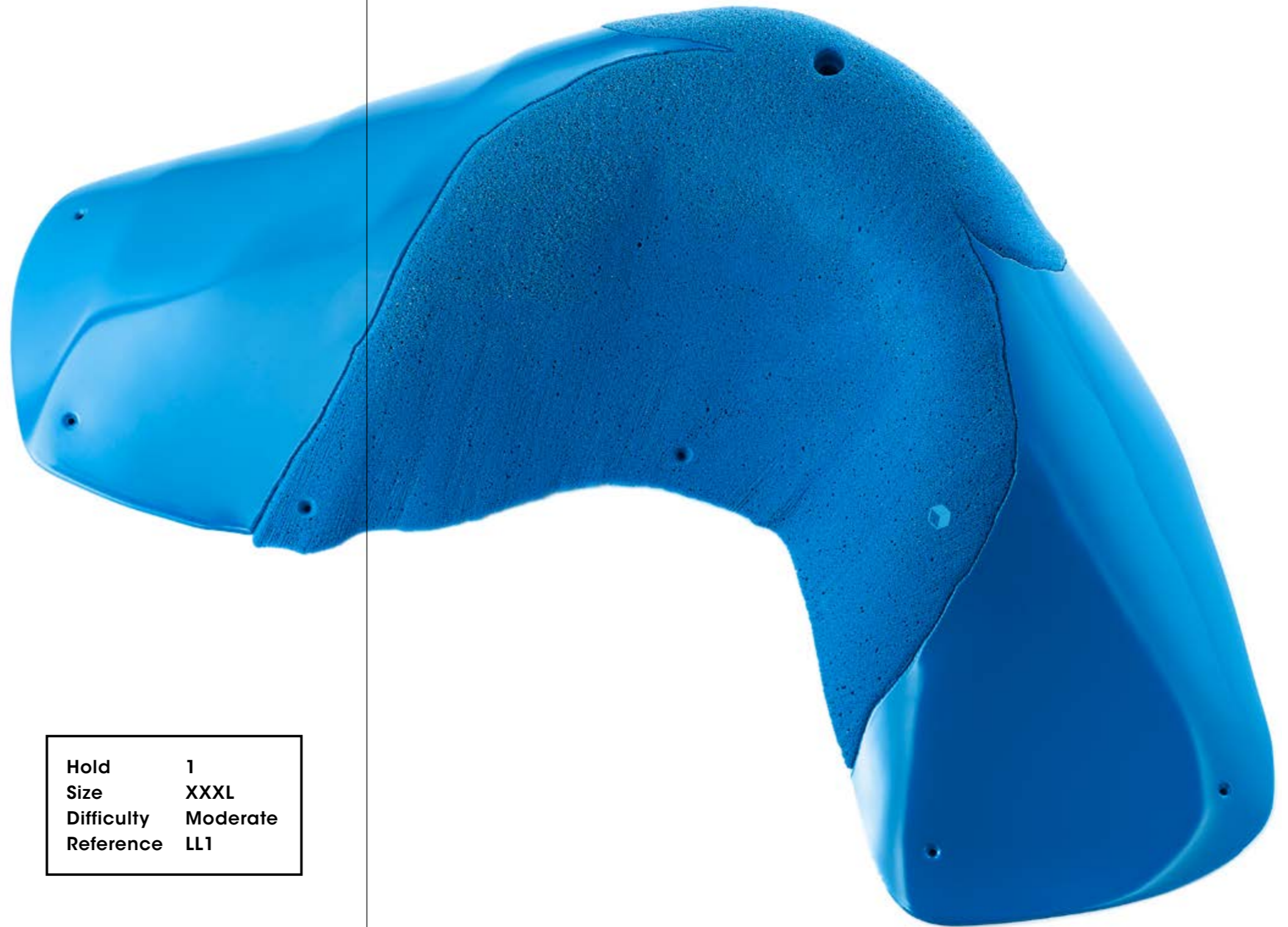
North America



Lucha Libre



LL1



Hold	1
Size	XXXL
Difficulty	Moderate
Reference	LL1

LL2



Hold	1
Size	XXXL
Difficulty	Moderate
Reference	LL2

LL3



Holds

8



Lucha Libre

9

Hold	2
Size	XXXL
Difficulty	Hard
Reference	LL3

LL4



Holds	3
Size	XXL
Difficulty	Easy
Reference	LL4

LL5



Holds	3
Size	XL
Difficulty	Easy
Reference	LL5

LL6



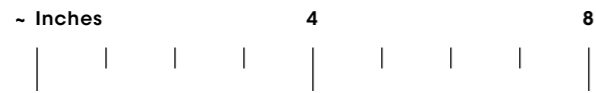
Holds	10
Size	L
Difficulty	Easy
Reference	LL6

LL7

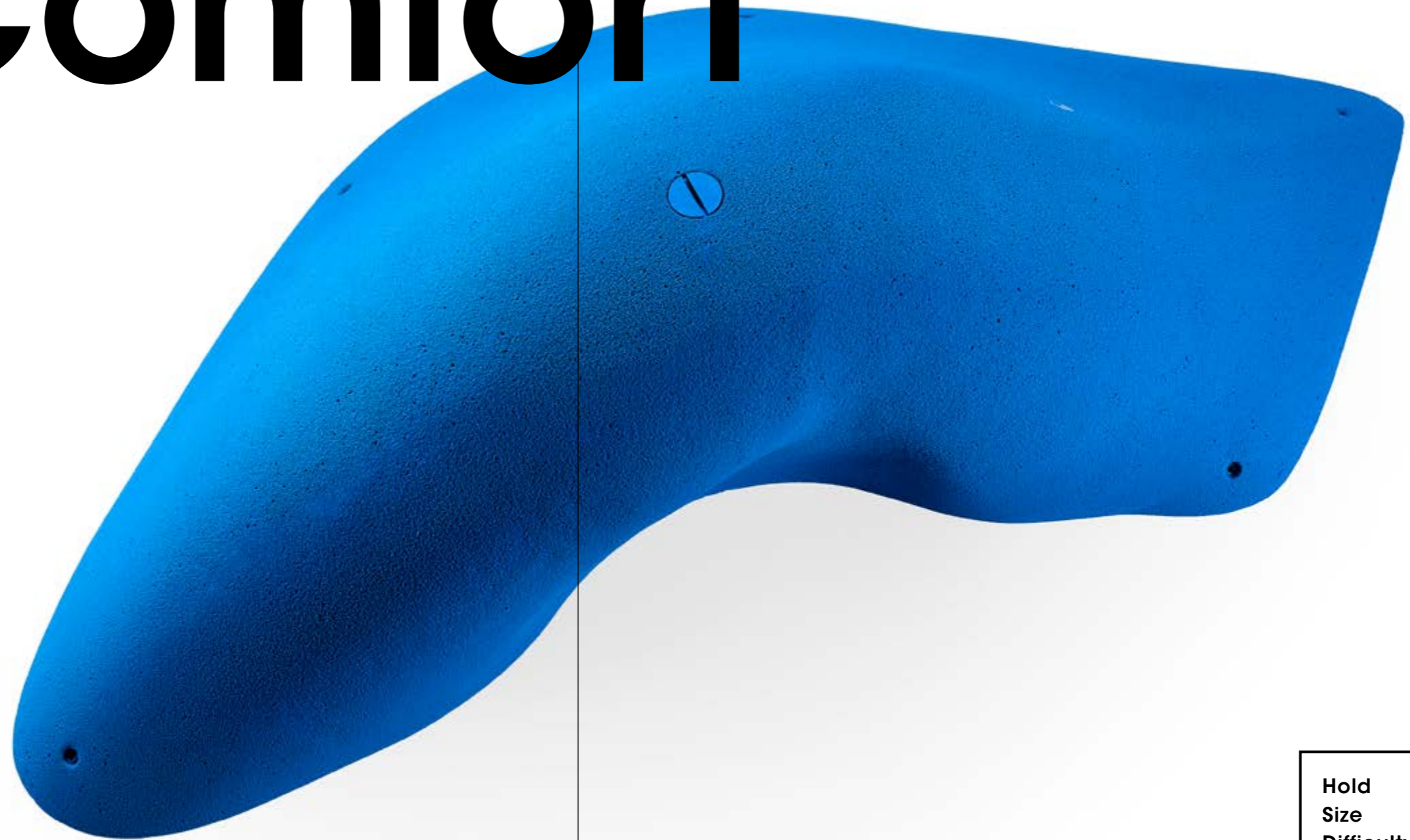


Holds	21
Size	M
Difficulty	Hard
Reference	LL7

Creature of Comfort



CC1



Hold	1
Size	XXXL
Difficulty	Easy
Reference	CC1

CC2

CC3



Hold	1
Size	XXXL
Difficulty	Easy
Reference	CC2



Hold	1
Size	XXXL
Difficulty	Easy
Reference	CC3

CC4

CC5



Hold	1
Size	XXXL
Difficulty	Easy
Reference	CC4

Hold	1
Size	XXXL
Difficulty	Easy
Reference	CC5

CC6



Holds	3
Size	XXL
Difficulty	Easy
Reference	CC6

CC7



Holds	3
Size	XL
Difficulty	Moderate
Reference	CC7

CC8



Holds	3
Size	XL
Difficulty	Easy
Reference	CC8



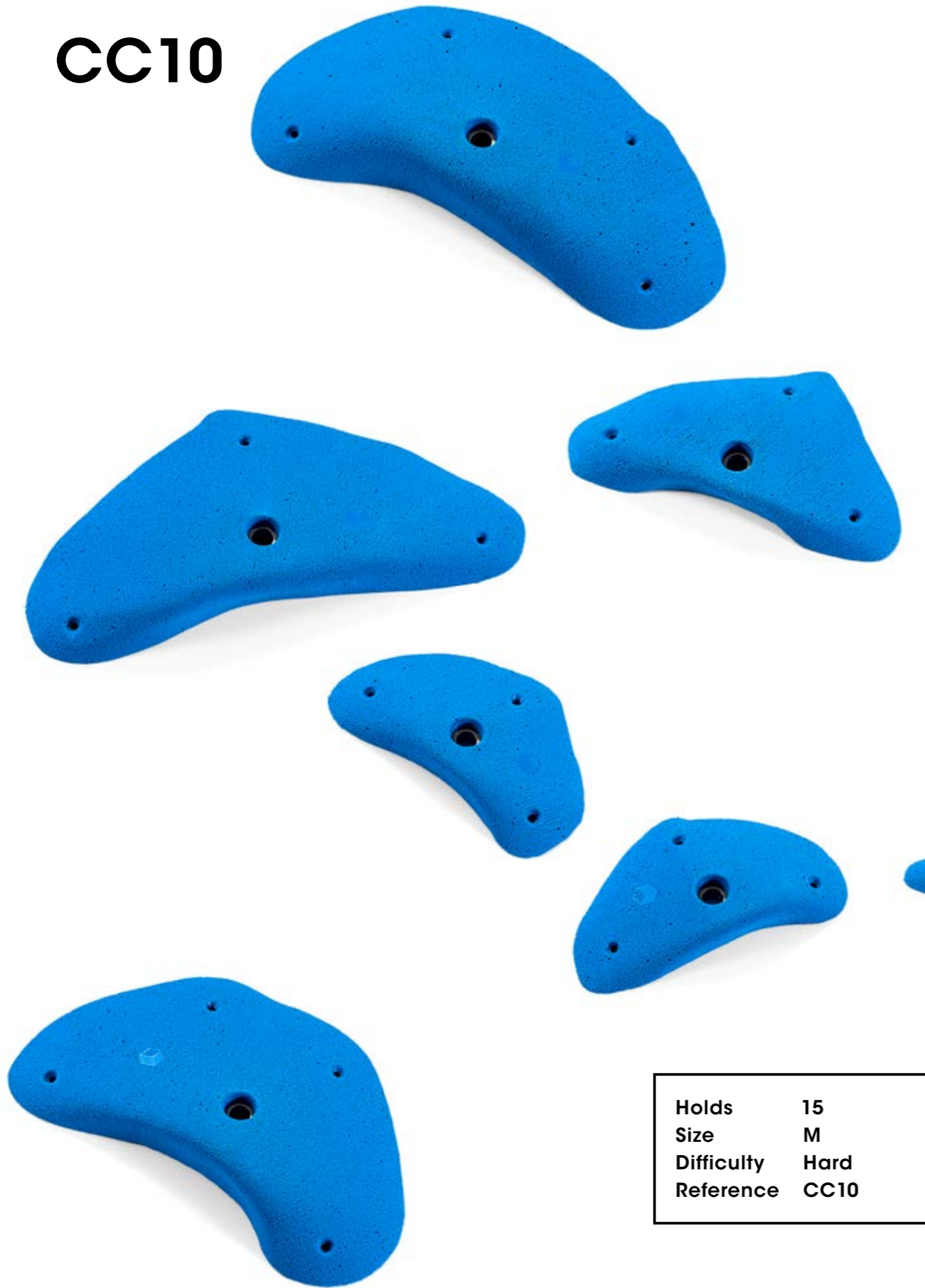
CC9



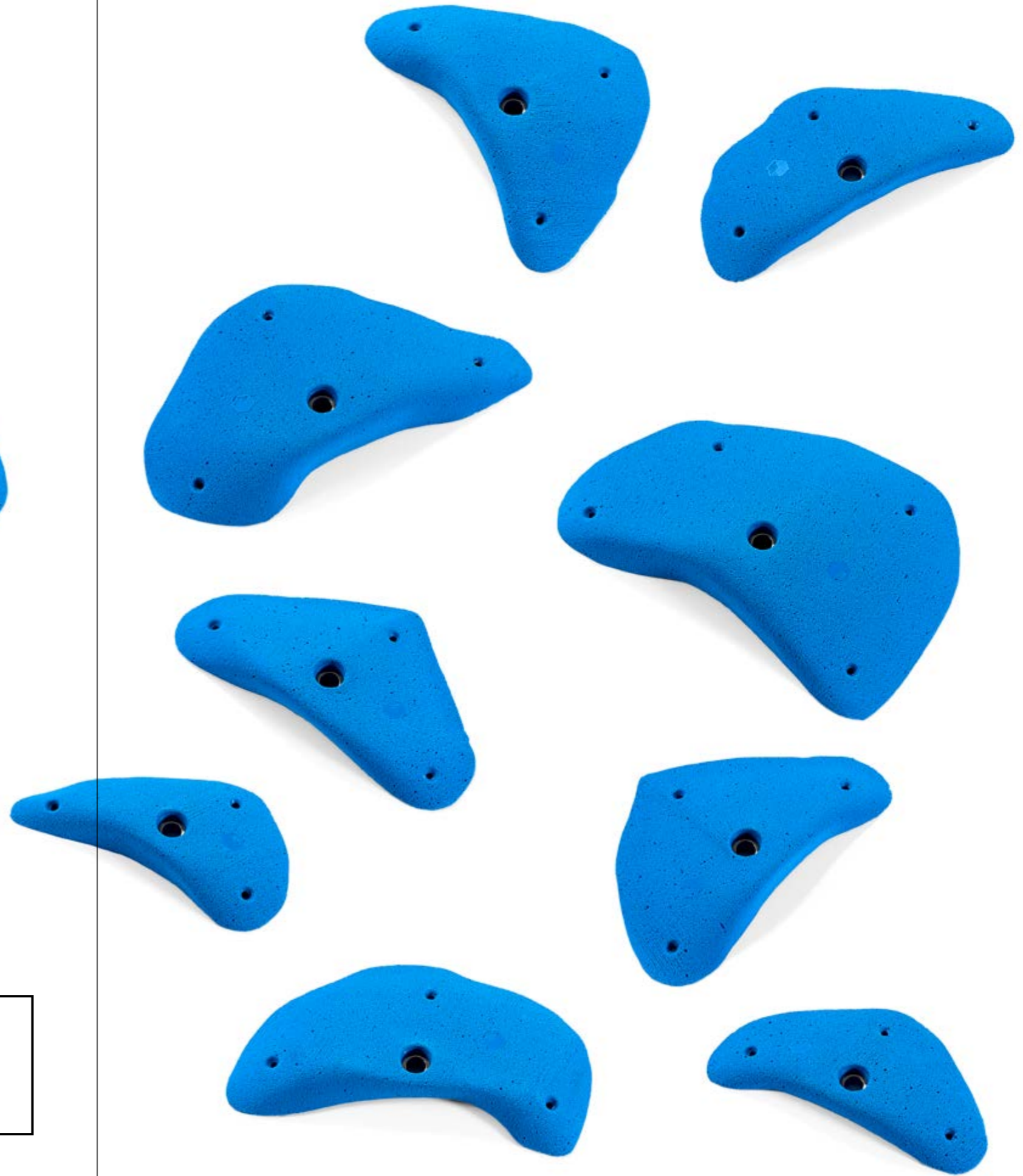
Holds	5
Size	XL
Difficulty	Moderate
Reference	CC9



CC10



Holds	15
Size	M
Difficulty	Hard
Reference	CC10



CC11



Holds	5
Size	XL
Difficulty	Moderate
Reference	CC11

CC12



Holds	10
Size	L
Difficulty	Moderate
Reference	CC12



CC13



Holds	20
Size	M
Difficulty	Hard
Reference	CC13



CC14



Hold	1
Size	XXXL
Difficulty	Hard
Reference	CC14

CC15



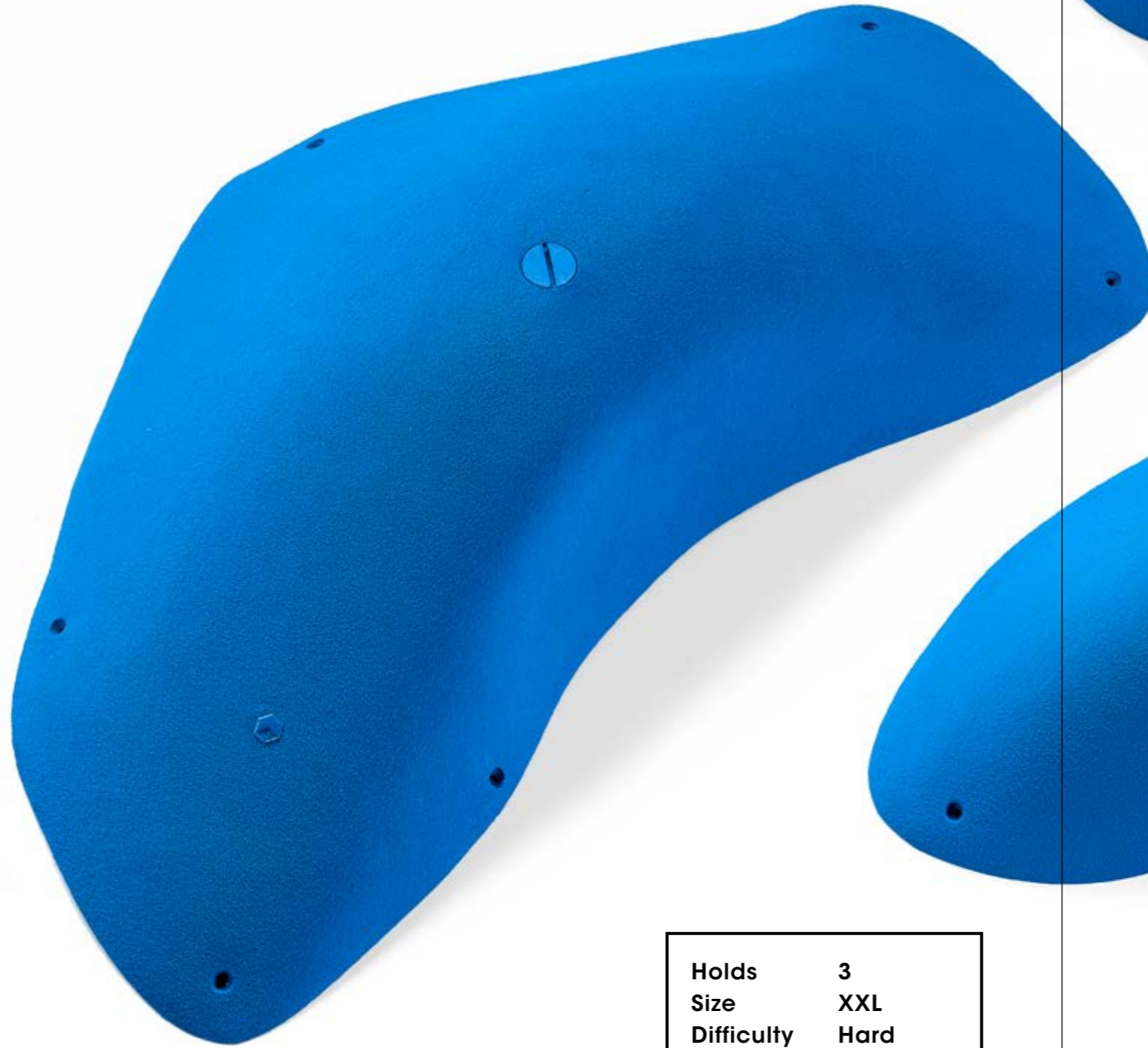
Hold	1
Size	XXXL
Difficulty	Hard
Reference	CC15

CC16



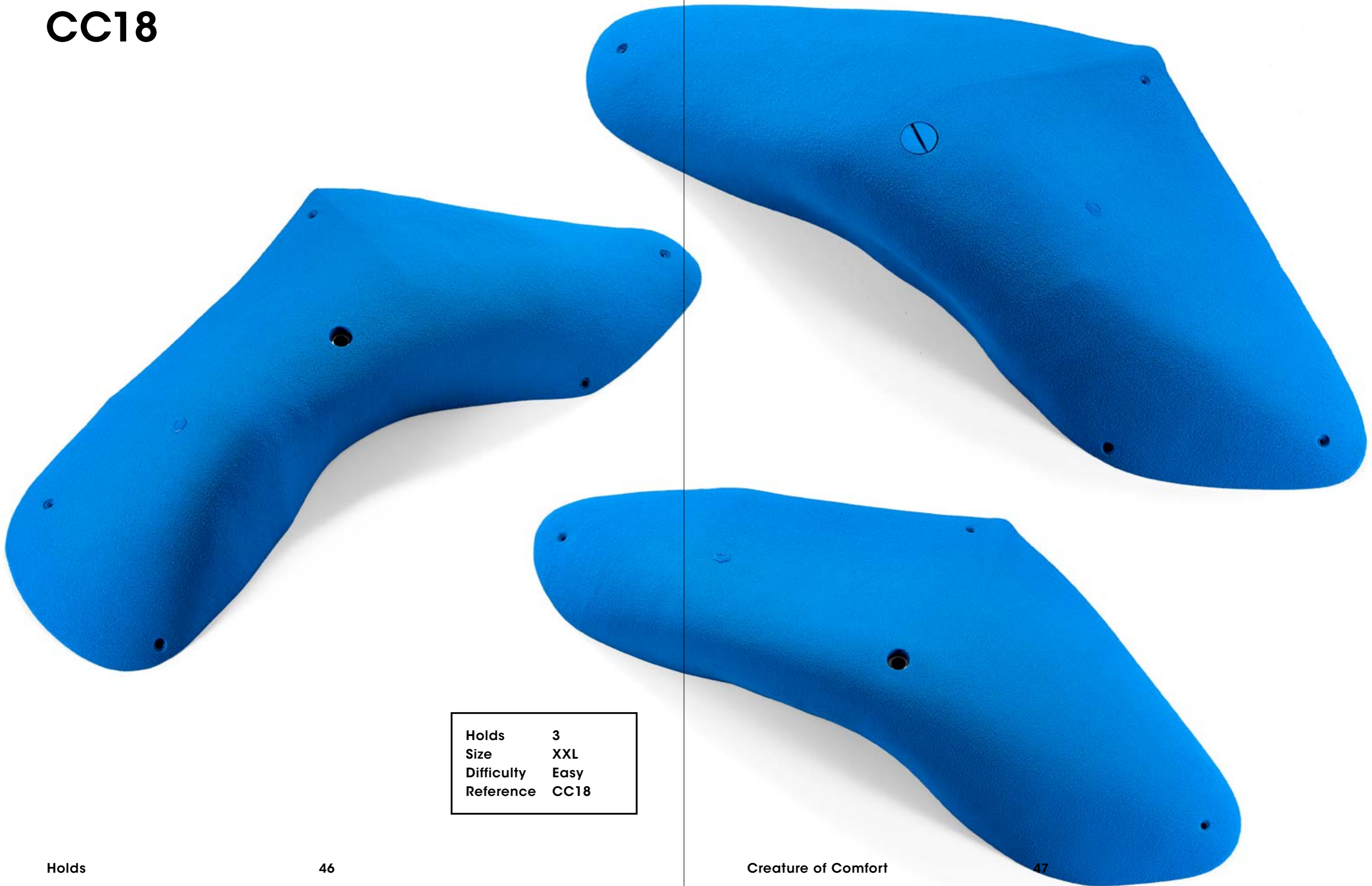
Hold	1
Size	XXXL
Difficulty	Hard
Reference	CC16

CC17



Holds	3
Size	XXL
Difficulty	Hard
Reference	CC17

CC18



Holds	3
Size	XXL
Difficulty	Easy
Reference	CC18

CC19

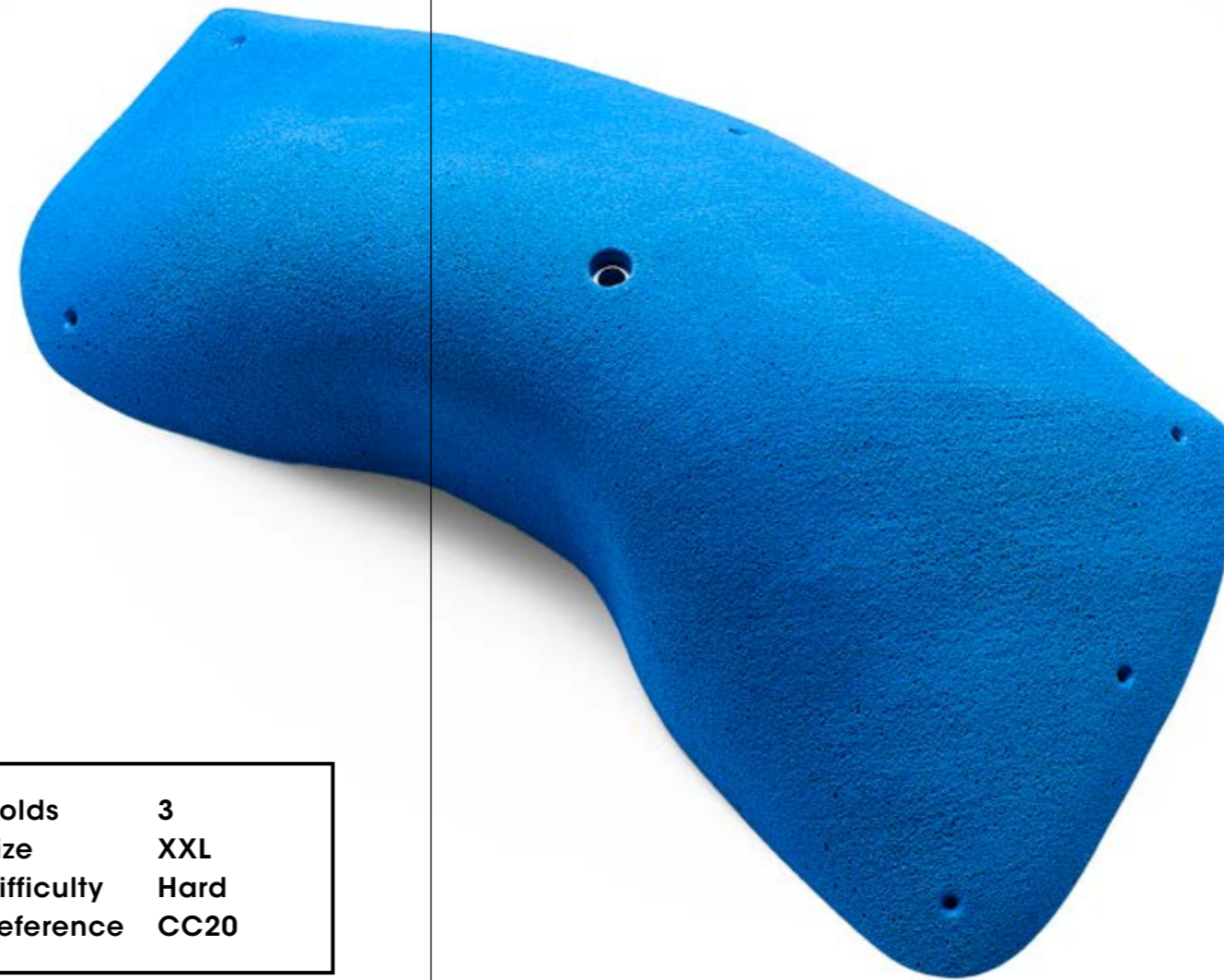


Holds	3
Size	XXL
Difficulty	Moderate
Reference	CC19

CC20



Holds	3
Size	XXL
Difficulty	Hard
Reference	CC20



CC21



Holds	3
Size	L
Difficulty	Hard
Reference	CC21

CC22

1/2

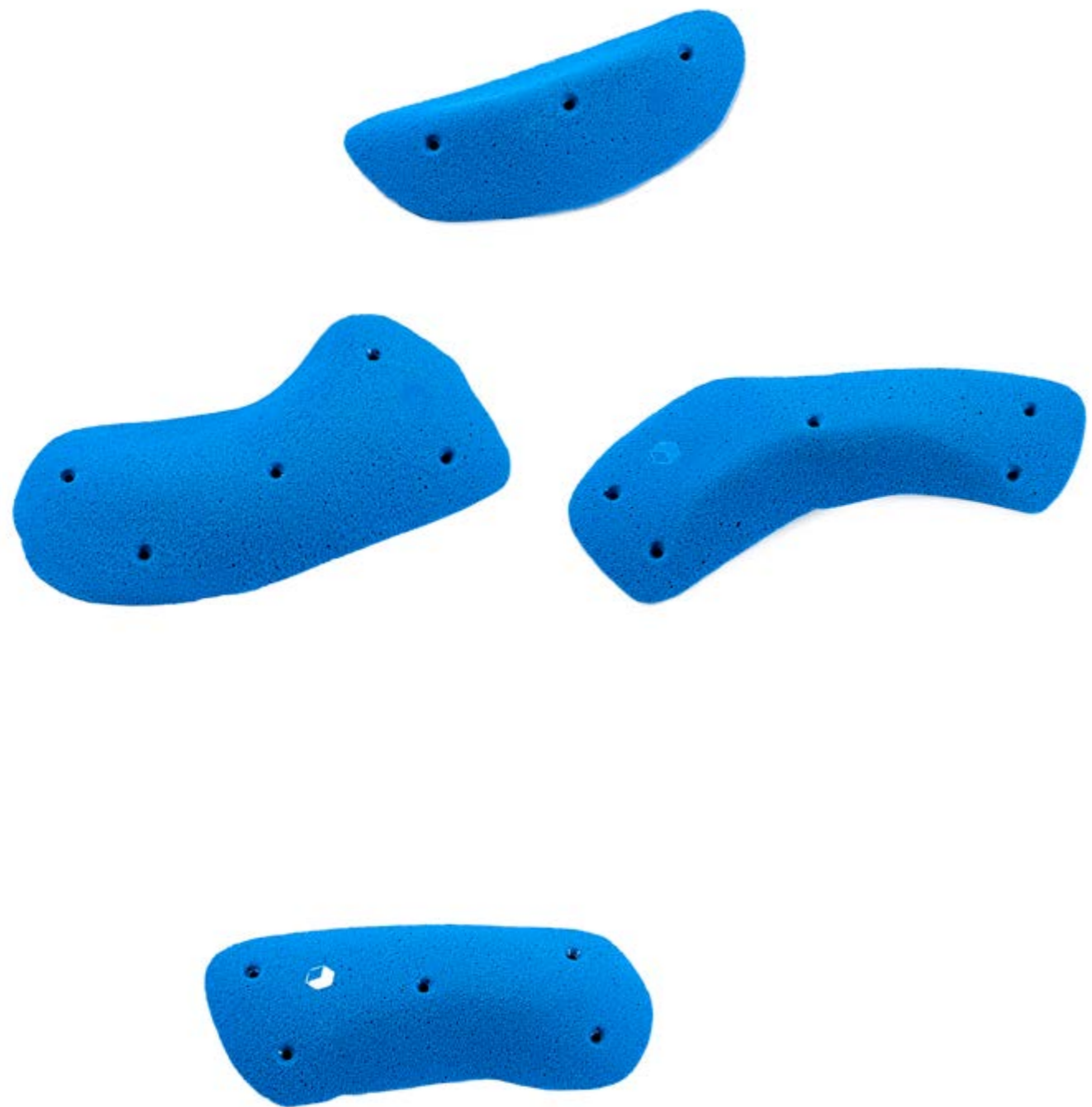


Holds	21
Size	M
Difficulty	Hard
Reference	CC22

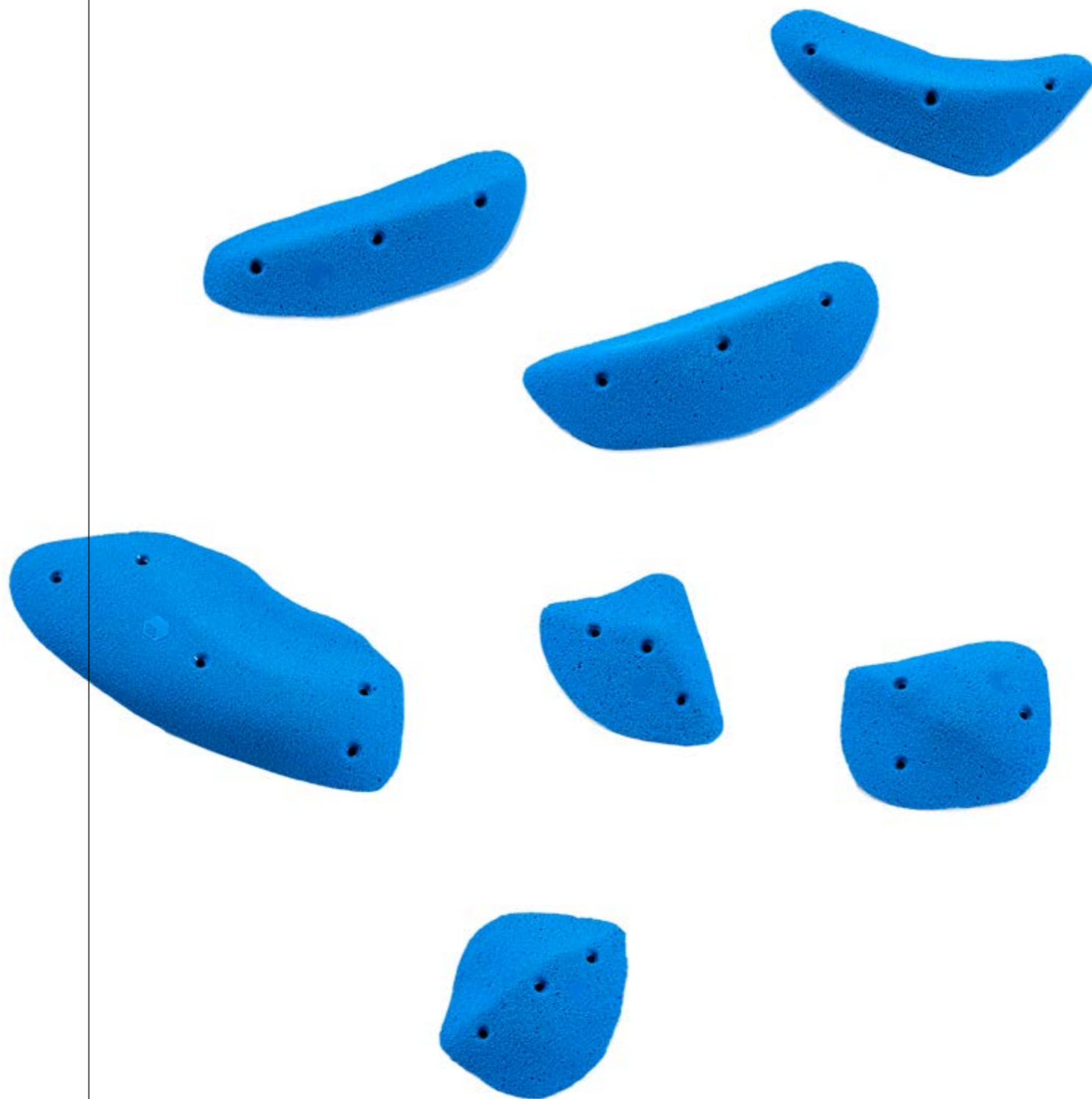


CC22

2/2



Holds	21
Size	M
Difficulty	Hard
Reference	CC22





Electric Flavour

- Inches 4 8

EF1



Holds

60



Holds	2
Size	XXL
Difficulty	Hard
Reference	EF1

Electric Flavour

61

EF2



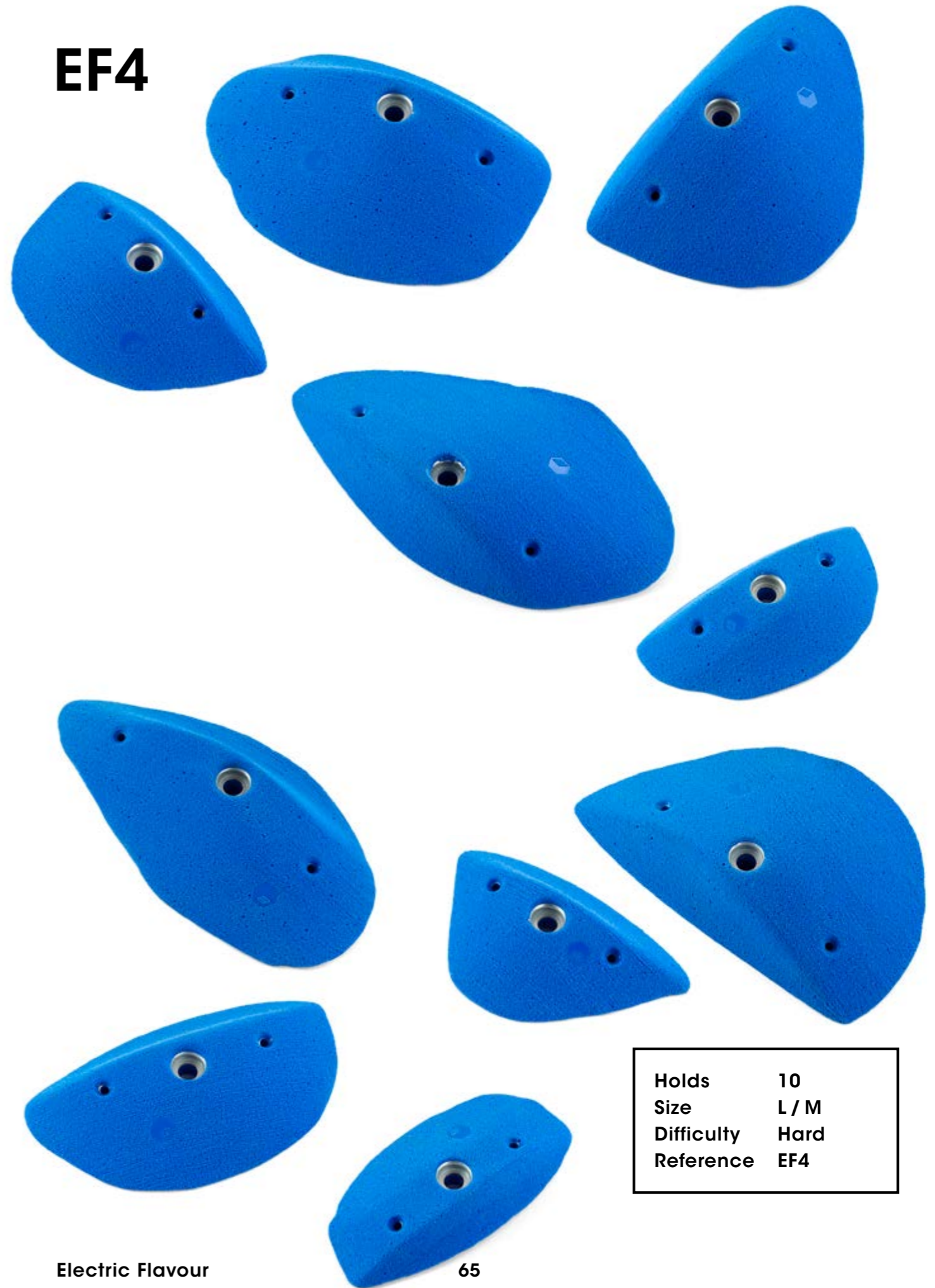
Holds	4
Size	XXL
Difficulty	Hard
Reference	EF2

EF3



Holds	5
Size	XL
Difficulty	Hard
Reference	EF3

EF4



Holds	10
Size	L / M
Difficulty	Hard
Reference	EF4

EF5



Hold	1
Size	XXL
Difficulty	Easy
Reference	EF5

EF6



Holds	2
Size	XXL / XL
Difficulty	Easy
Reference	EF4

EF7



Holds	4
Size	XL
Difficulty	Hard
Reference	EF7

EF8



Holds	4
Size	L
Difficulty	Moderate
Reference	EF8

EF9



Holds

70

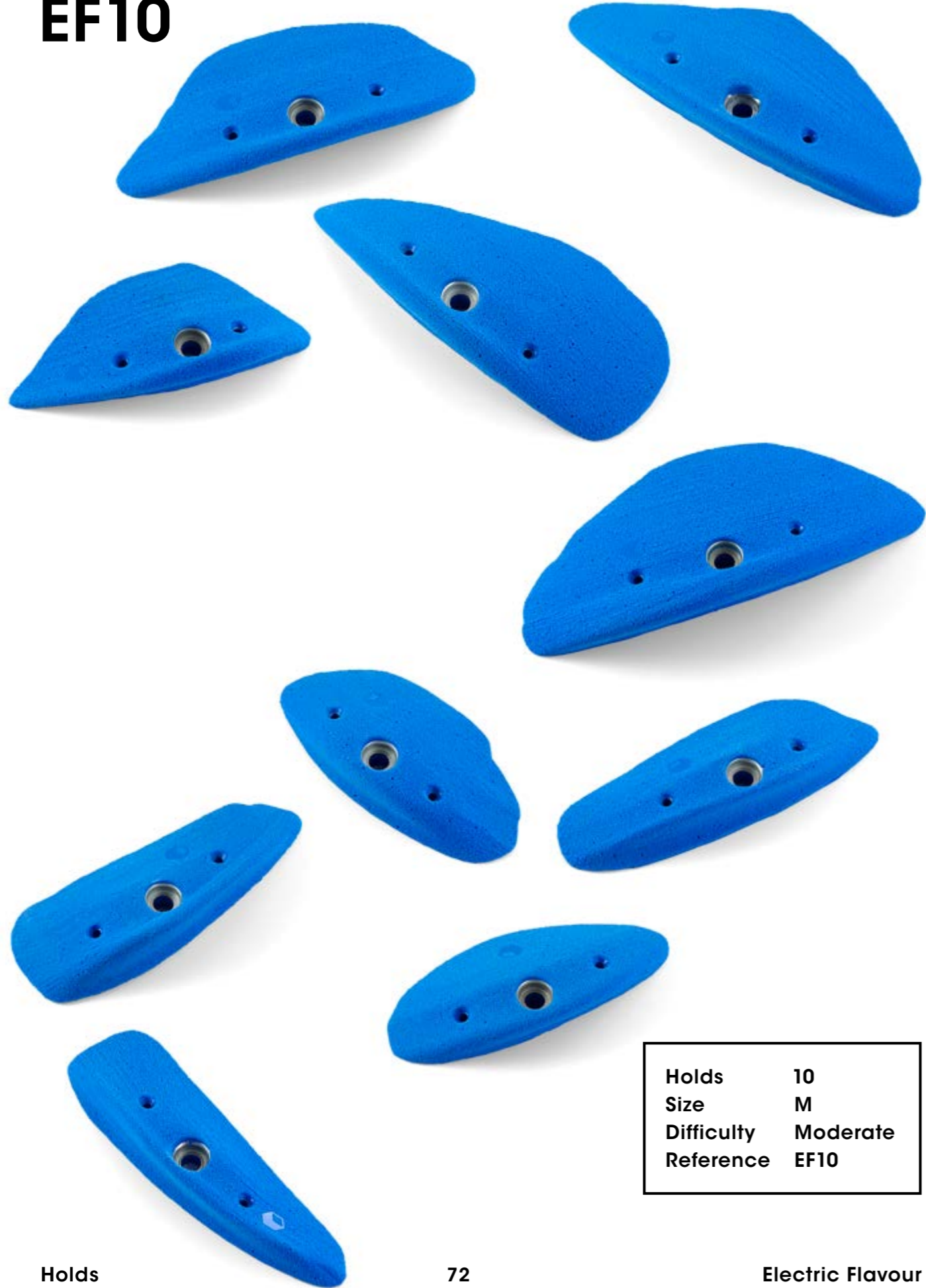


Electric Flavour

71

Holds	10
Size	L
Difficulty	Moderate
Reference	EF9

EF10



Holds	10
Size	M
Difficulty	Moderate
Reference	EF10

EF11



Hold

74

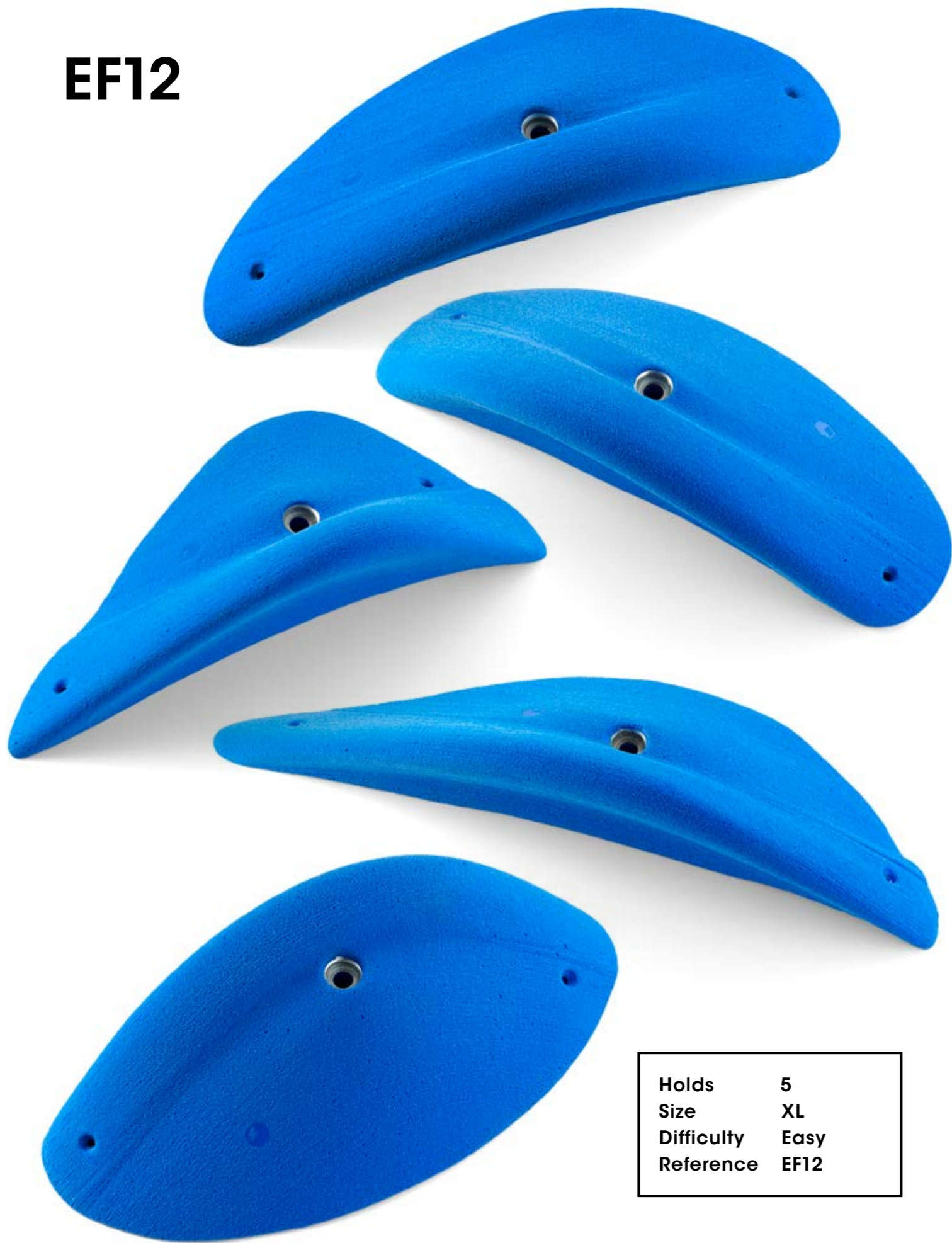


Electric Flavour

75

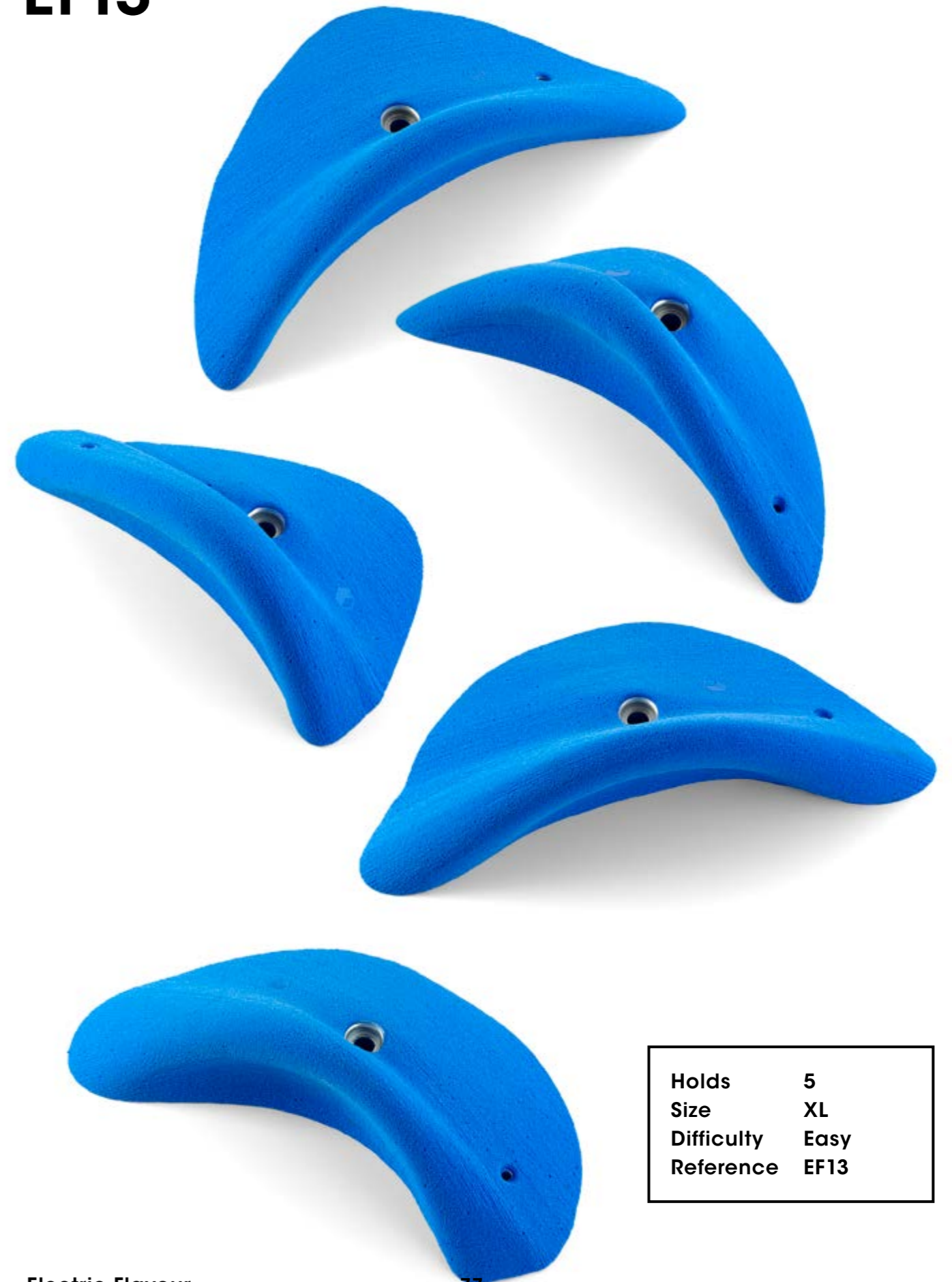
Hold	5
Size	XXL
Difficulty	Easy
Reference	EF11

EF12



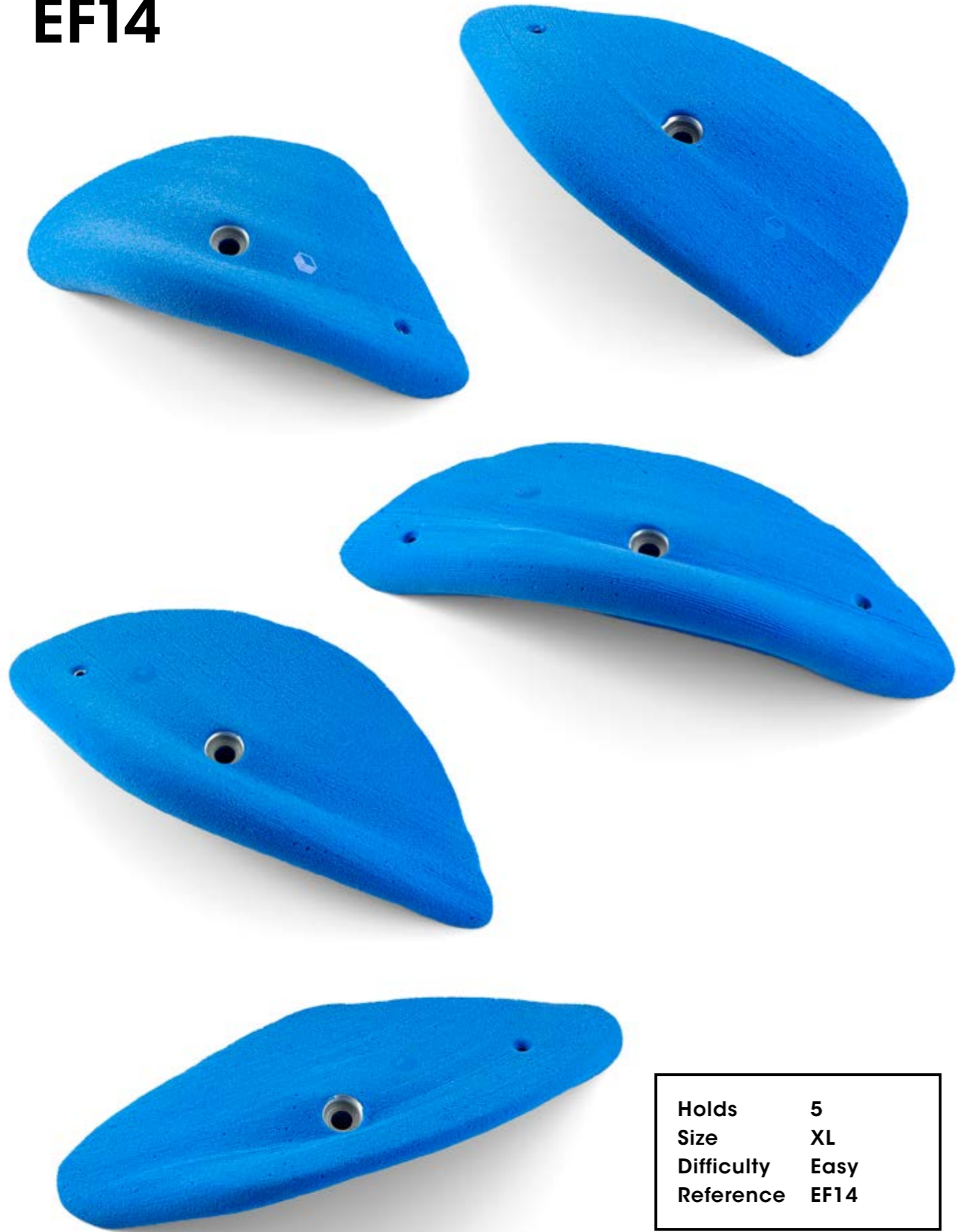
Holds	5
Size	XL
Difficulty	Easy
Reference	EF12

EF13



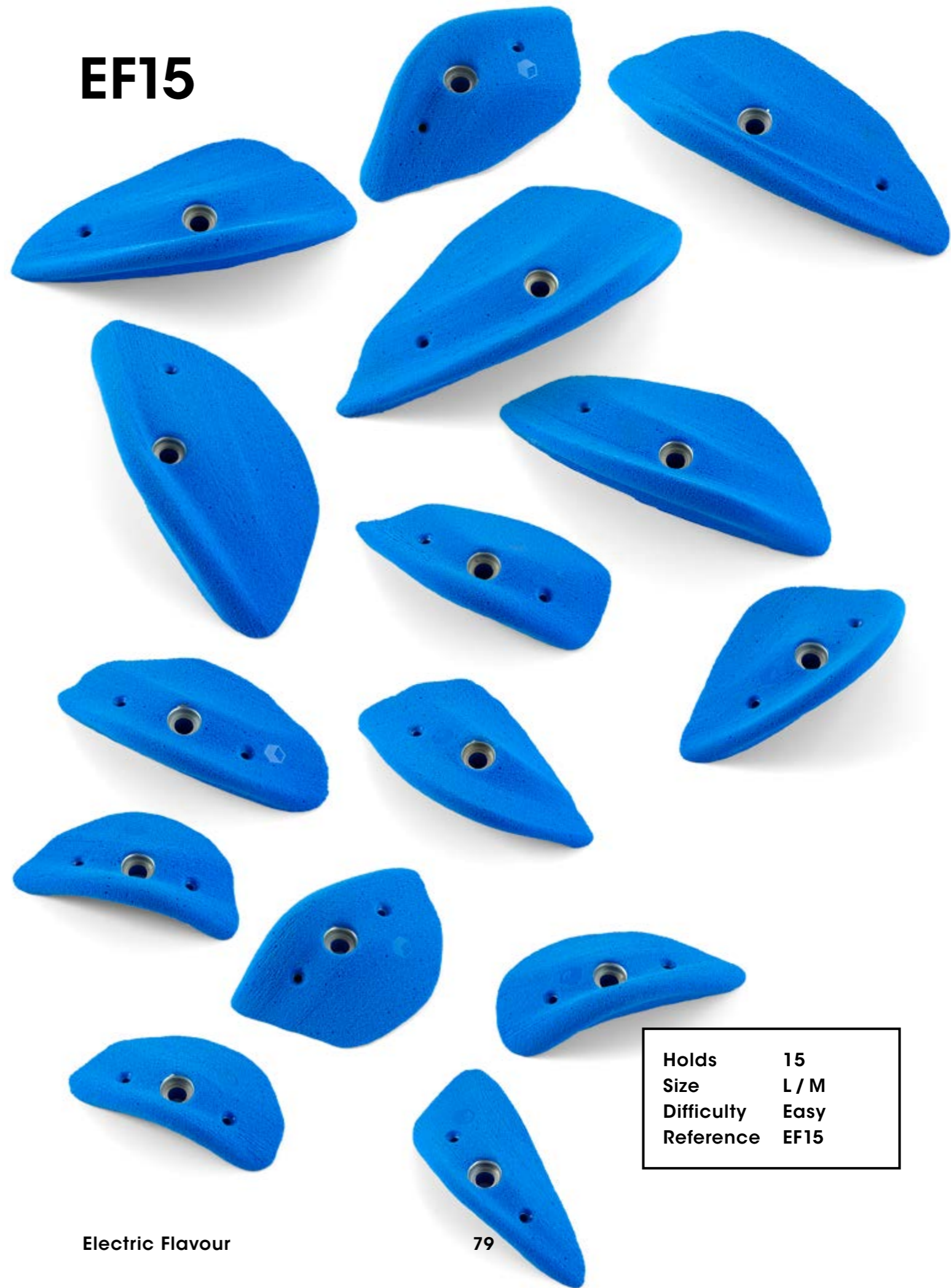
Holds	5
Size	XL
Difficulty	Easy
Reference	EF13

EF14



Holds	5
Size	XL
Difficulty	Easy
Reference	EF14

EF15



Holds	15
Size	L / M
Difficulty	Easy
Reference	EF15

EF16

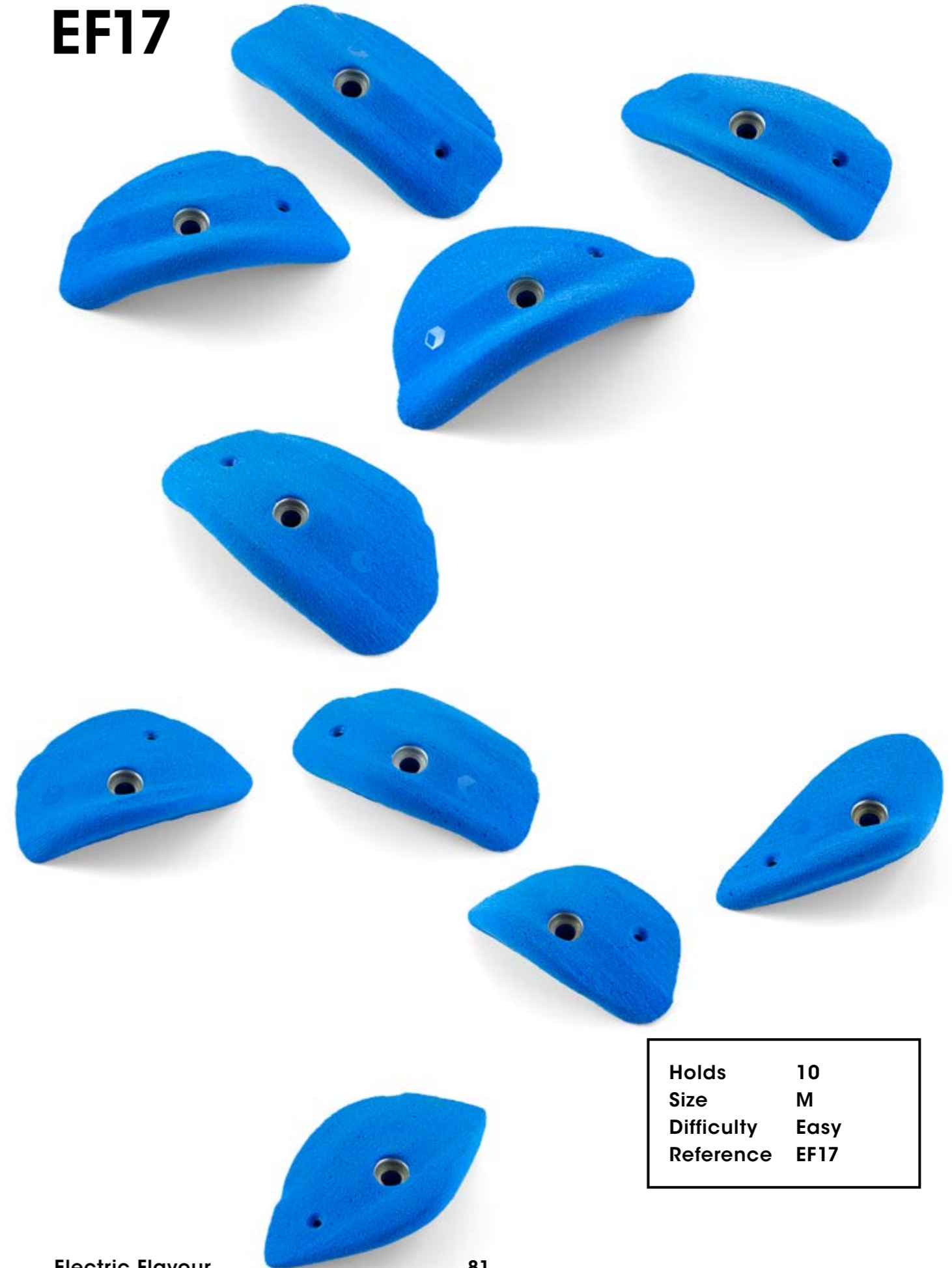


Holds	15
Size	L / M
Difficulty	Moderate
Reference	EF16

Holds

80

EF17



Holds	10
Size	M
Difficulty	Easy
Reference	EF17

Electric Flavour

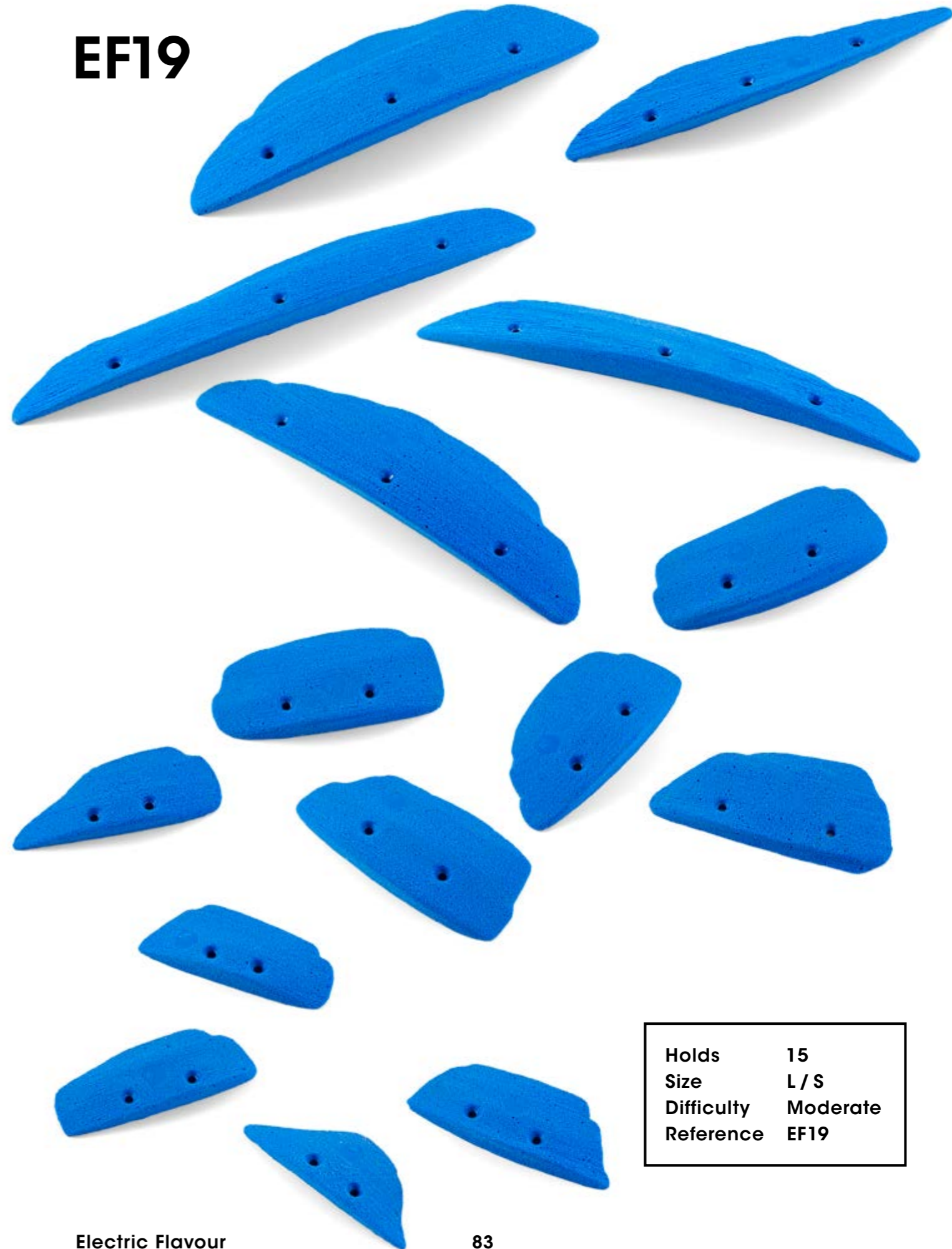
81

EF18



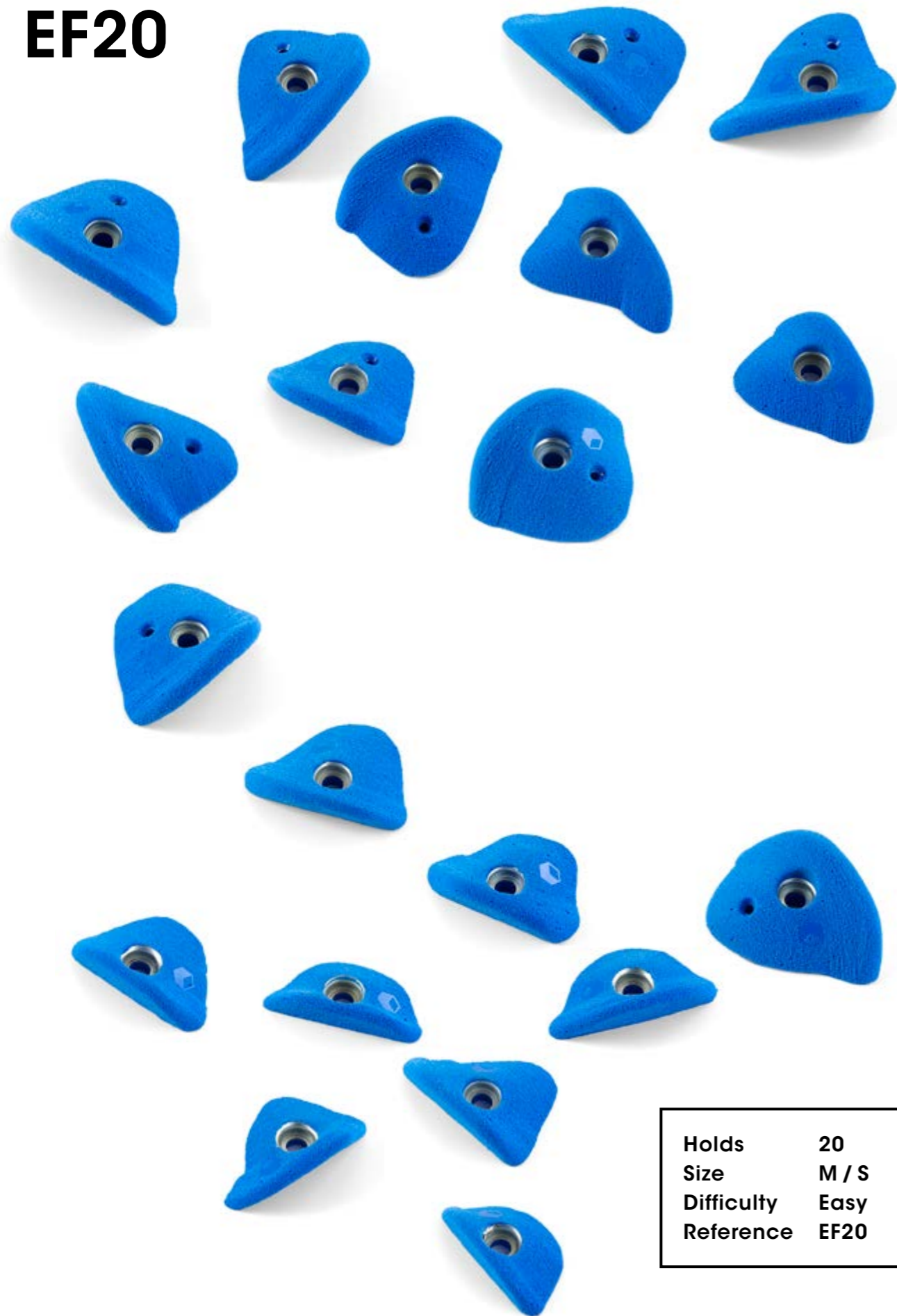
Holds	10
Size	M
Difficulty	Easy
Reference	EF18

EF19



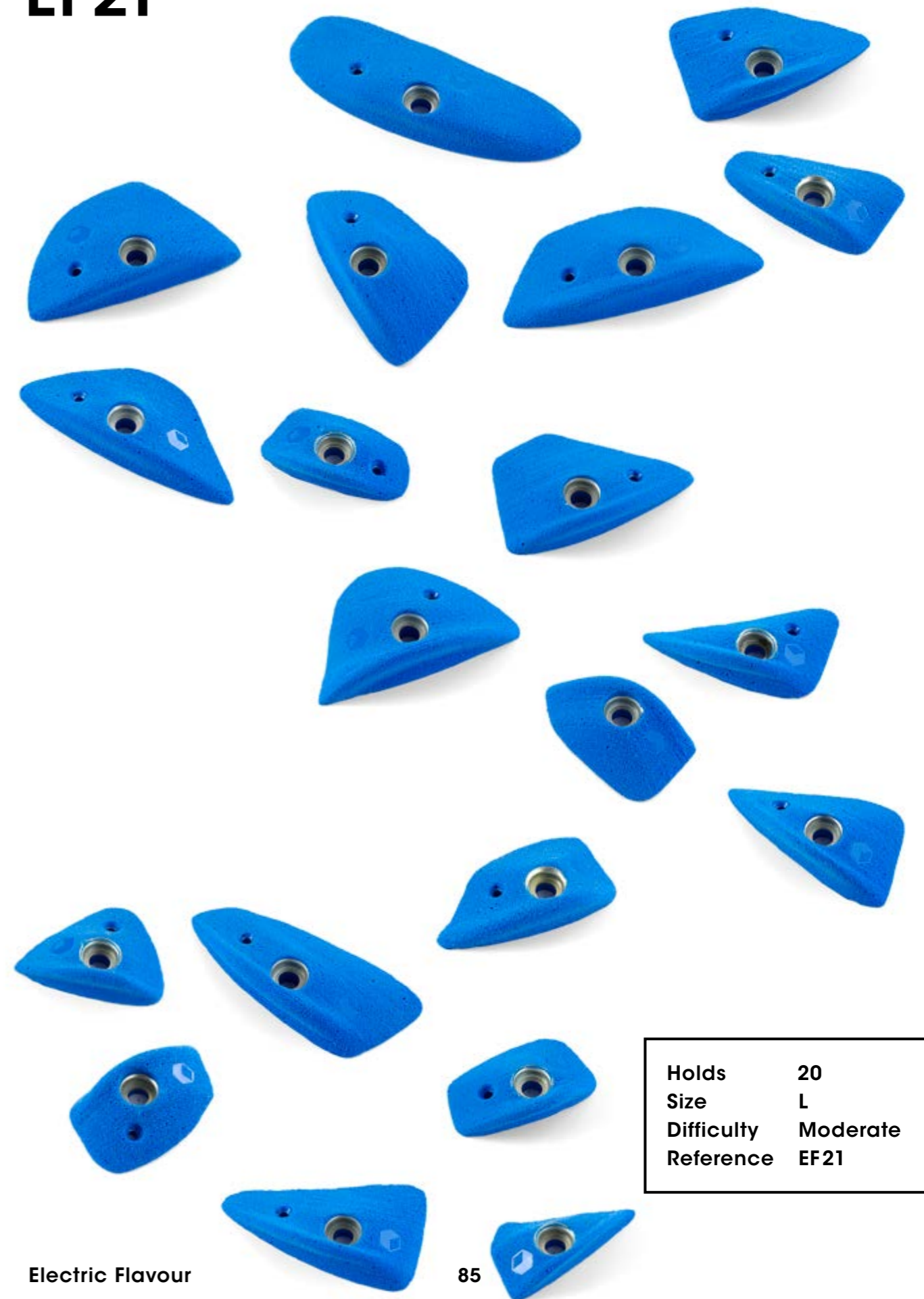
Holds	15
Size	L / S
Difficulty	Moderate
Reference	EF19

EF20



Holds	20
Size	M / S
Difficulty	Easy
Reference	EF20

EF21



Holds	20
Size	L
Difficulty	Moderate
Reference	EF21

Damage Control

- Inches 4 8

DC1



Holds

86



Holds	2
Size	XXXL / XXL
Difficulty	Medium
Reference	DC1

Damage Control

87

DC2



Holds

88

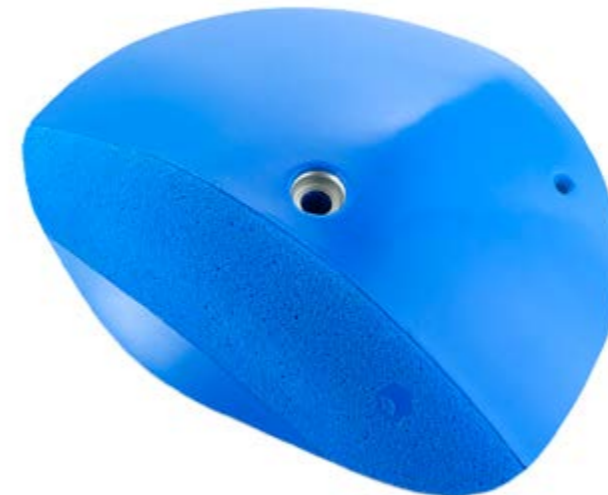
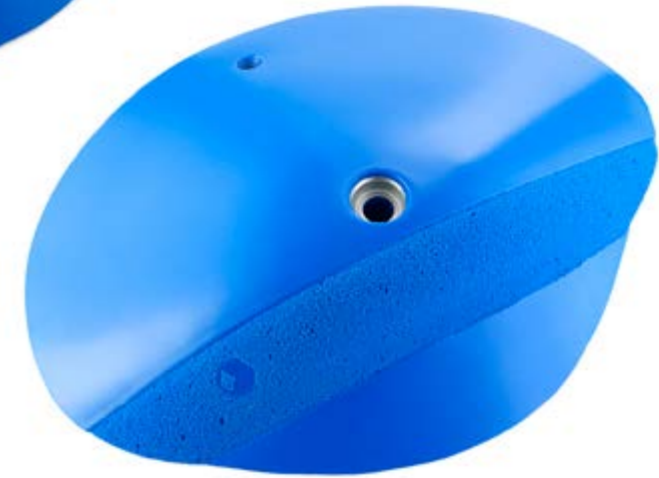


Damage Control

89

Holds	4
Size	XXL
Difficulty	Medium
Reference	DC2

DC3



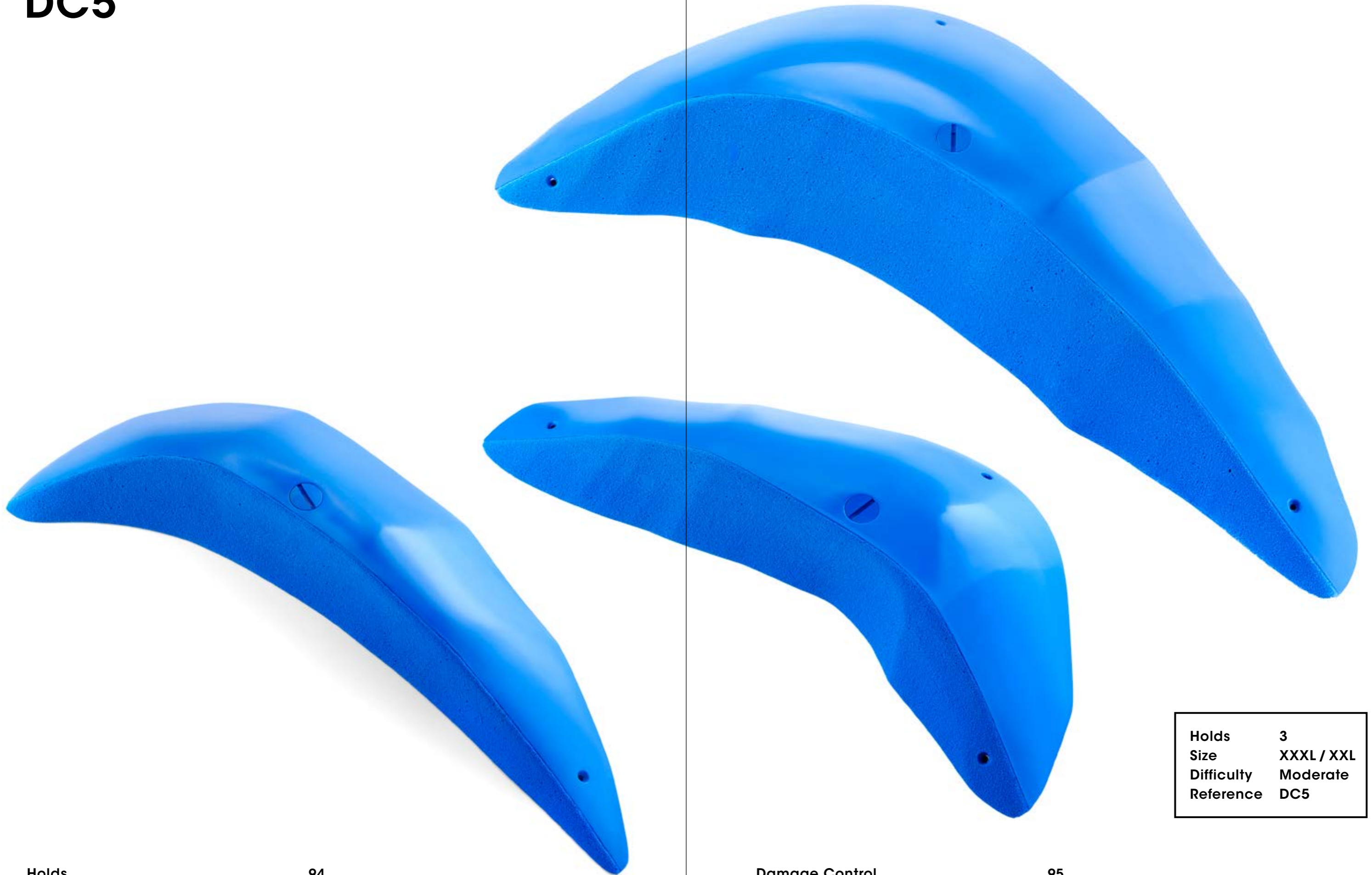
Holds	5
Size	XXL / L
Difficulty	Hard
Reference	DC3

DC4



Holds	5
Size	XL
Difficulty	Moderate
Reference	DC4

DC5



Holds	3
Size	XXXL / XXL
Difficulty	Moderate
Reference	DC5

DC6



Holds	3
Size	XXL / XL
Difficulty	Hard
Reference	DC6

DC7



Holds	3
Size	XXL
Difficulty	Hard
Reference	DC7

DC8



Hold	2
Size	XXL / XL
Difficulty	Hard
Reference	DC8

DC9



Holds

100



Damage Control

101

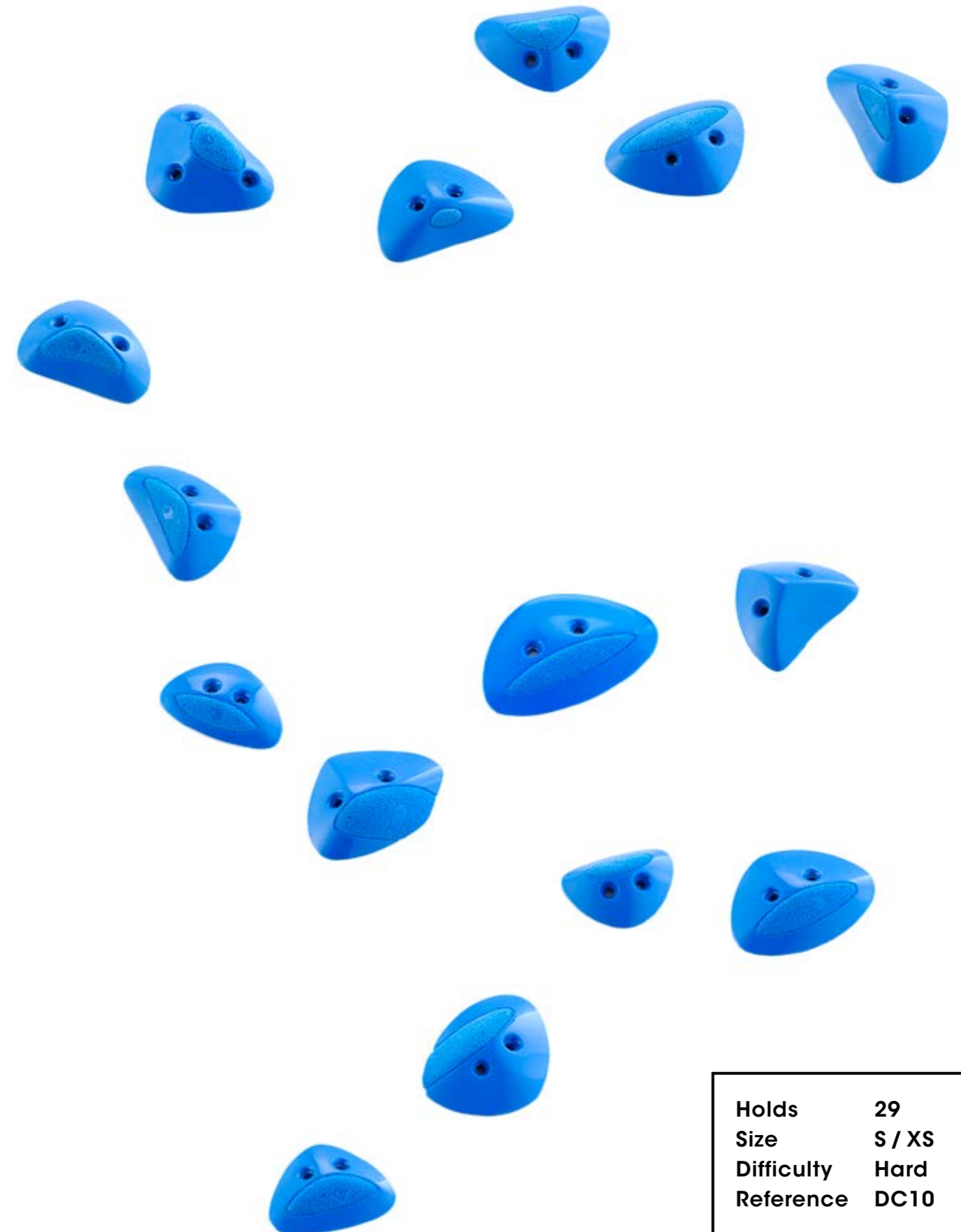
Holds	20
Size	L / M / S / XS
Difficulty	Hard
Reference	DC9

DC10



Holds

102



Damage Control

103

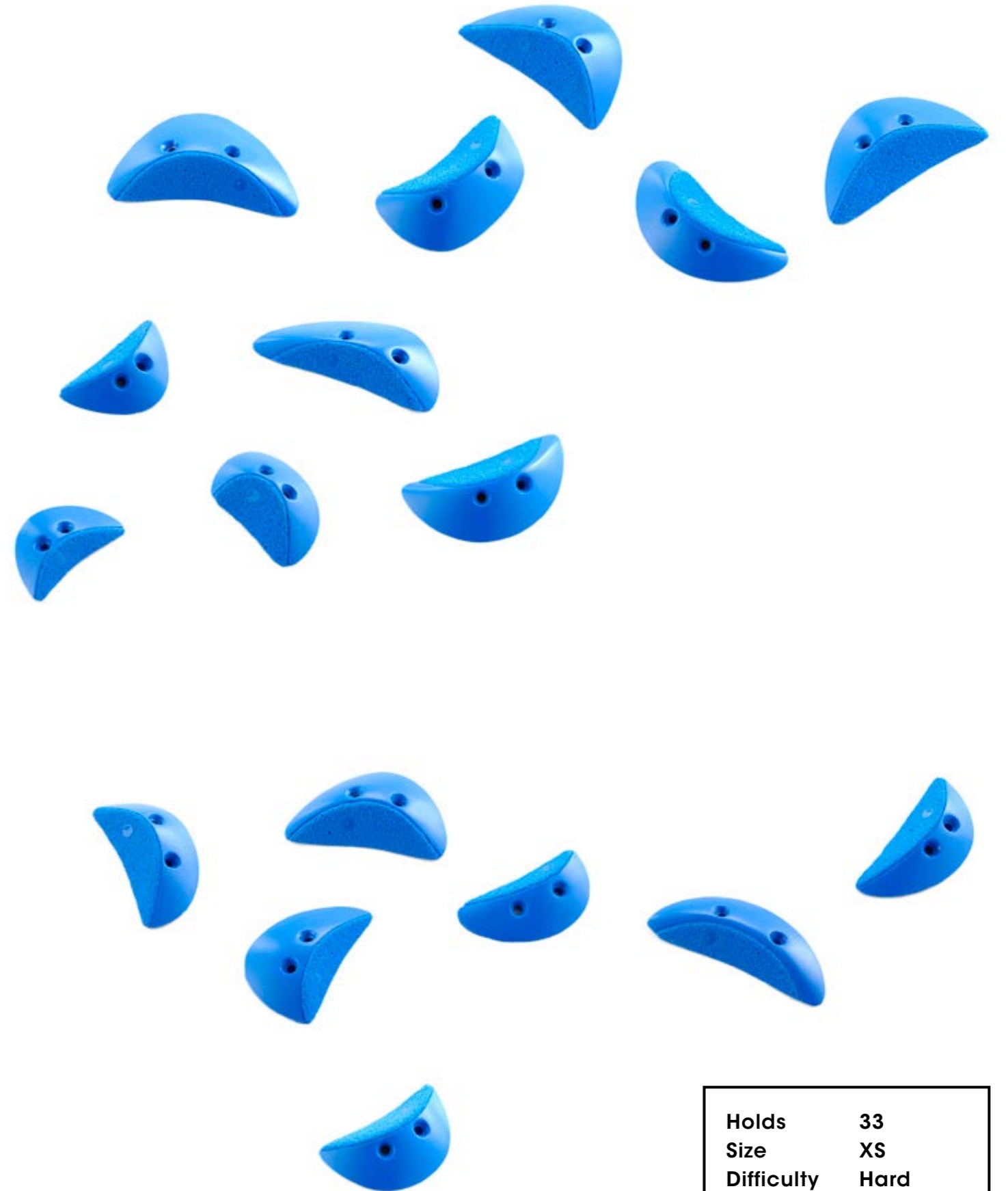
Holds	29
Size	S / XS
Difficulty	Hard
Reference	DC10

DC11



Holds

104



Damage Control

105

Holds	33
Size	XS
Difficulty	Hard
Reference	DC11

DC12



Holds	2
Size	XXXL
Difficulty	Moderate
Reference	DC12

DC13



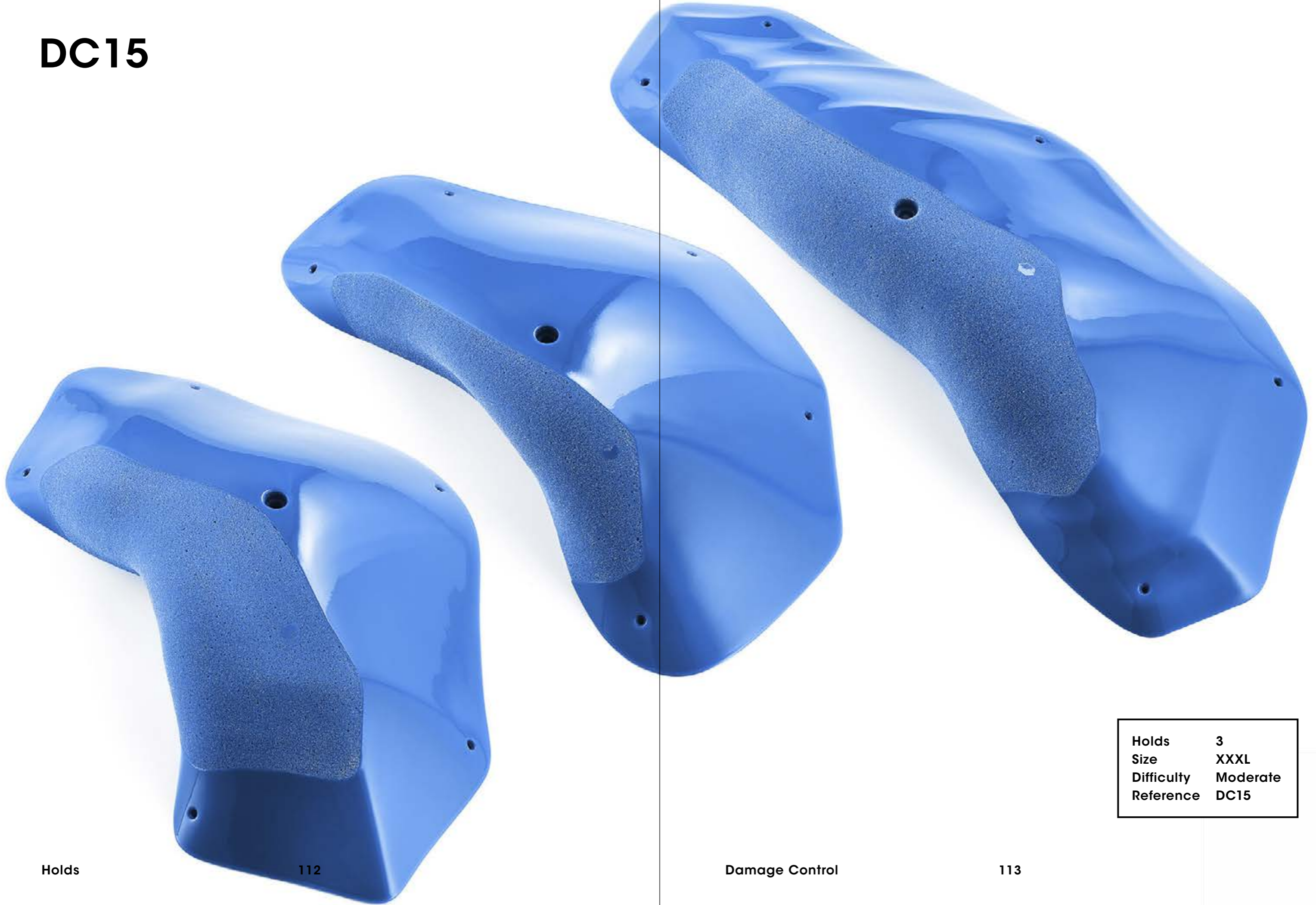
Holds	3
Size	XXL
Difficulty	Easy
Reference	DC13

DC14



Holds	3
Size	XXL
Difficulty	Easy
Reference	DC14

DC15



Holds

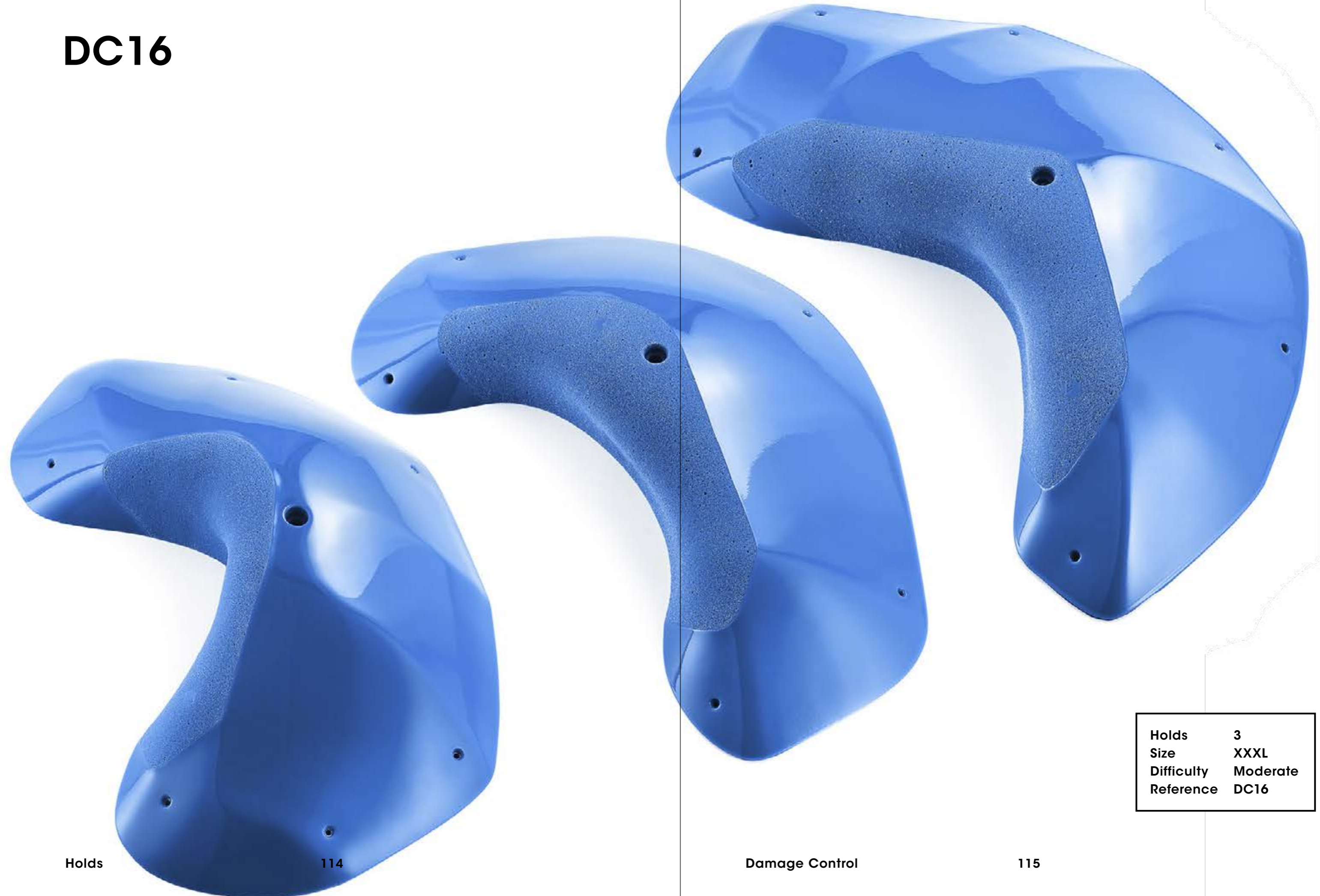
112

Damage Control

113

Holds	3
Size	XXXL
Difficulty	Moderate
Reference	DC15

DC16



Holds

114

Damage Control

115

Holds	3
Size	XXXL
Difficulty	Moderate
Reference	DC16

DC17



Holds

116



Damage Control

117

Holds	3
Size	XXL
Difficulty	Moderate
Reference	DC17

DC18



Holds	3
Size	XXL
Difficulty	Easy
Reference	DC18

DC19



Holds	3
Size	XXL
Difficulty	Moderate
Reference	DC19

Holds

120

Damage Control

121

DC21



Holds	3
Size	XXXL
Difficulty	Easy
Reference	DC21

DC22



Holds	2
Size	XXL
Difficulty	Moderate
Reference	DC22

DC23



Holds	12
Size	XL
Difficulty	Moderate
Reference	DC23

DC24



Holds	1
Size	XXXL
Difficulty	Easy
Reference	DC24

DC25



Holds	5
Size	XXL
Difficulty	Easy
Reference	DC25

DC26



Holds

132

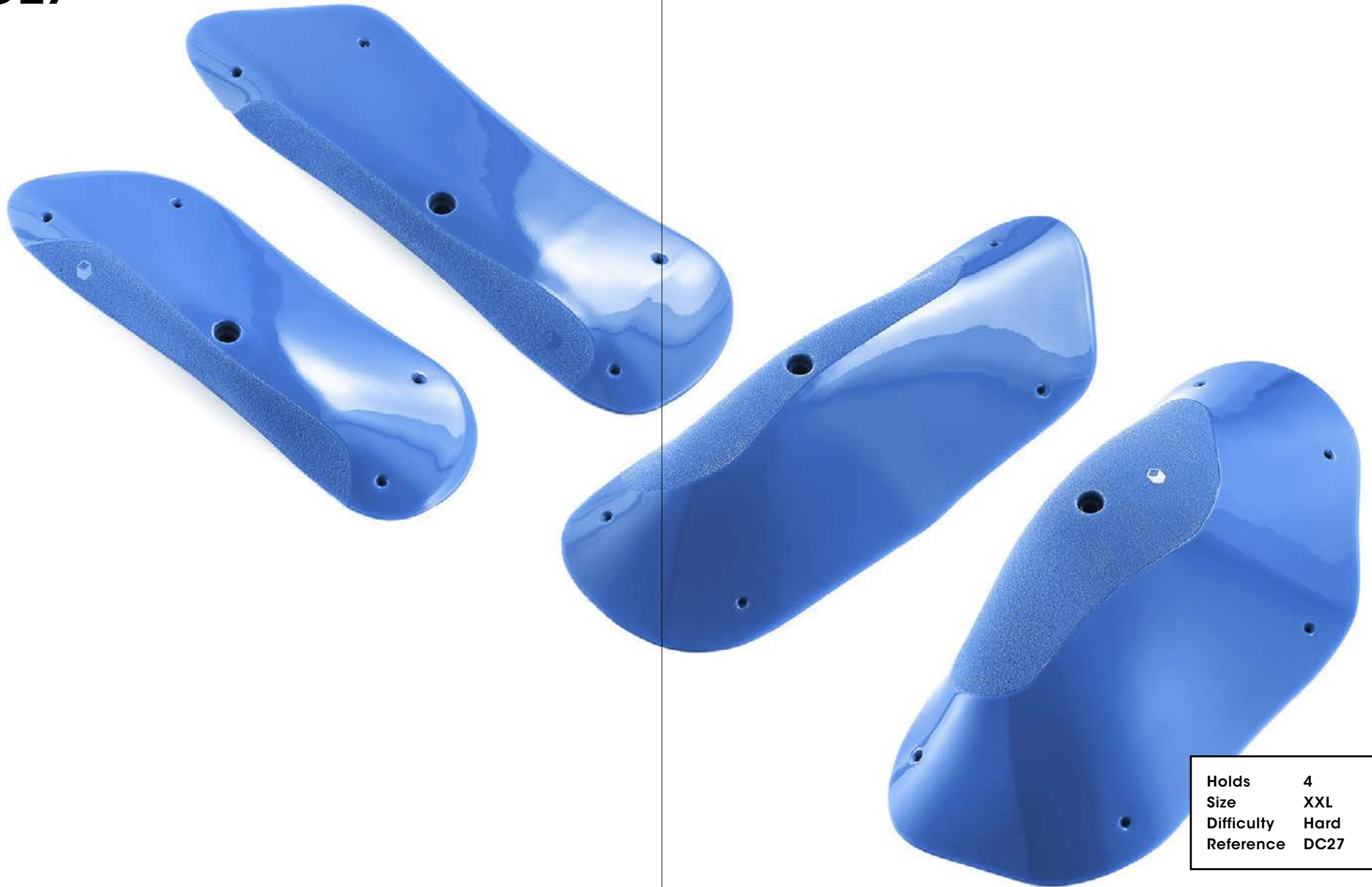


Damage Control

133

Holds	6
Size	XL
Difficulty	Moderate
Reference	DC26

DC27



Holds	4
Size	XXL
Difficulty	Hard
Reference	DC27

DC28



Holds	16
Size	XL
Difficulty	Easy
Reference	DC28

DC29



Holds

138

Damage Control

139

Holds	18
Size	L
Difficulty	Easy
Reference	DC29

DC30



Holds	18
Size	M
Difficulty	Moderate
Reference	DC30

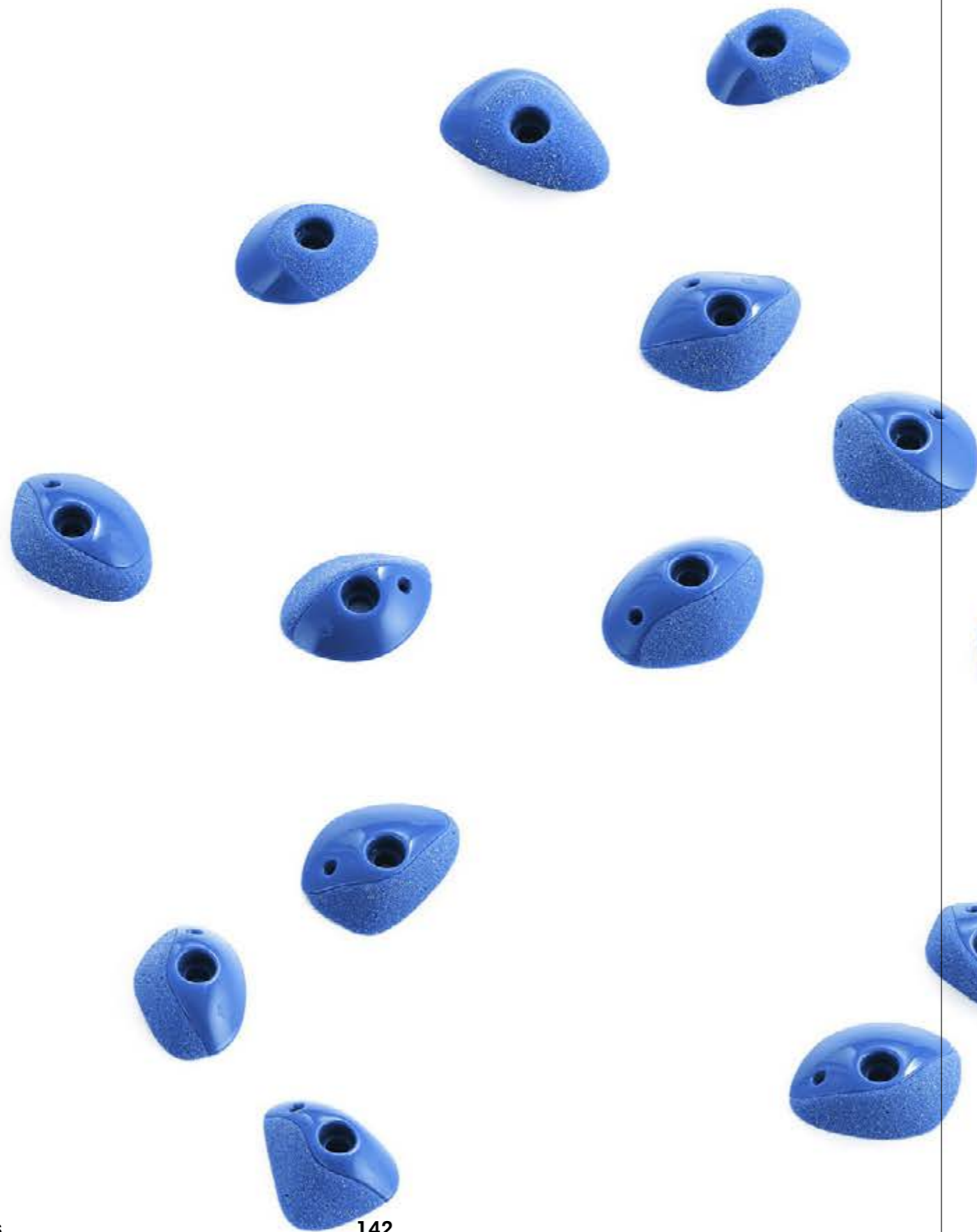
Holds

140

Damage Control

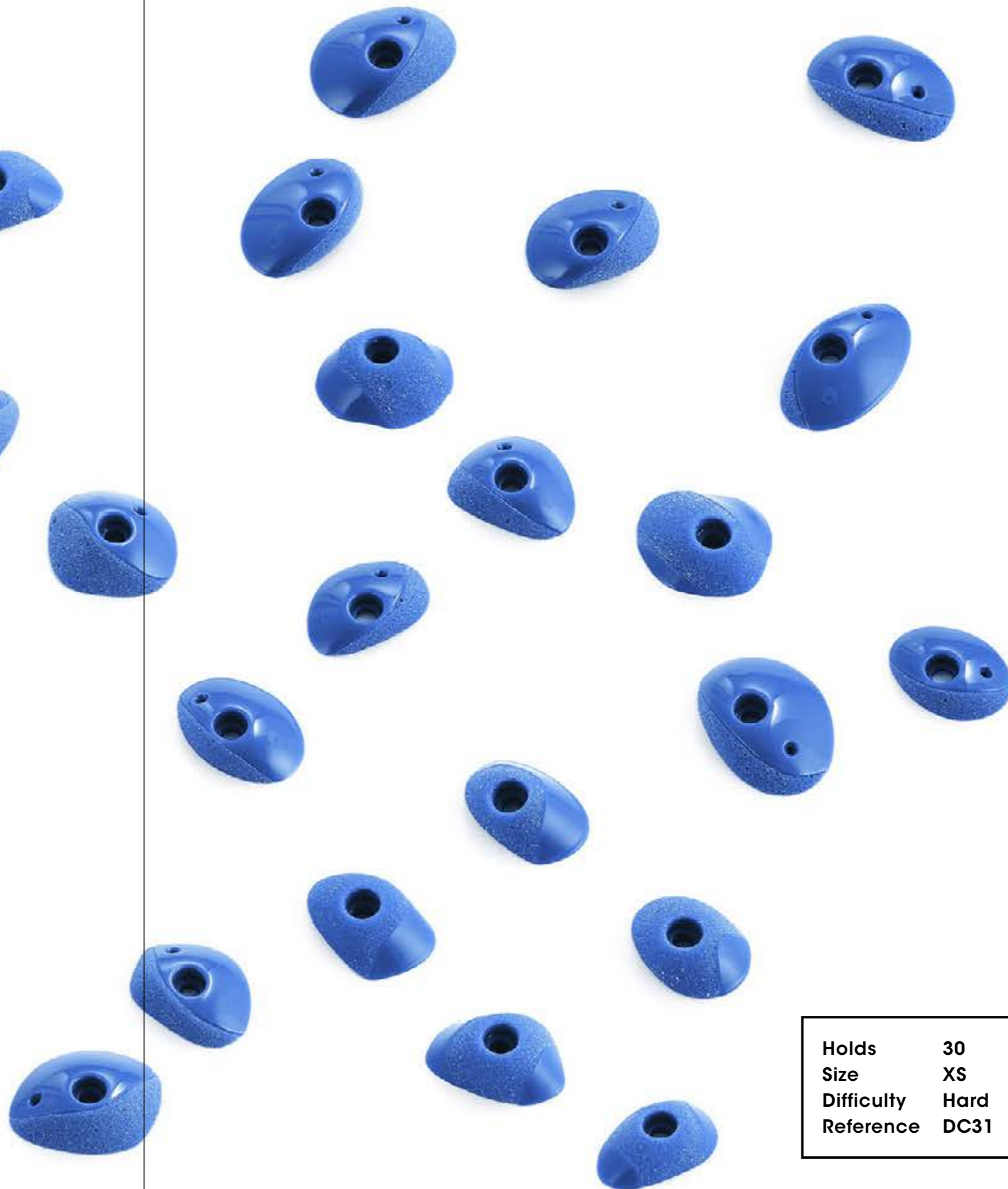
141

DC31



Holds

142

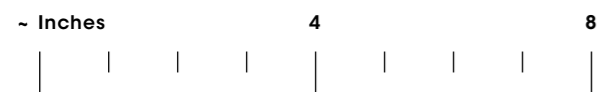


Damage Control

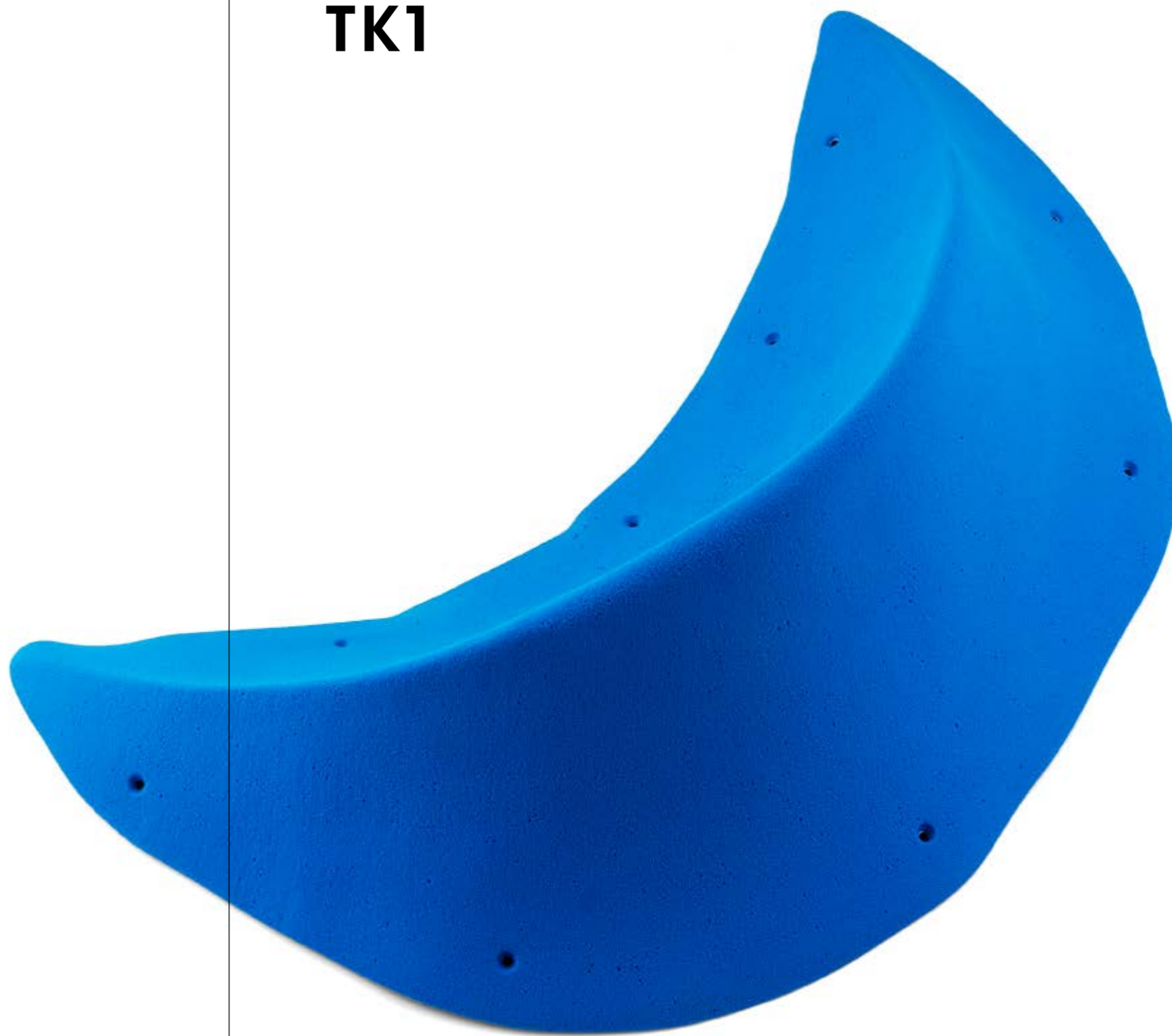
143

Holds	30
Size	XS
Difficulty	Hard
Reference	DC31

Tokyo 2020



TK1



Hold	1
Size	XXXL
Difficulty	Moderate
Reference	TK1

TK2



Holds	2
Size	XXL
Difficulty	Hard / Mod.
Reference	TK2

TK3



Holds	3
Size	XL
Difficulty	Moderate
Reference	TK3



TK4



Holds	3
Size	XL
Difficulty	Moderate
Reference	TK4

Holds

150

TK5

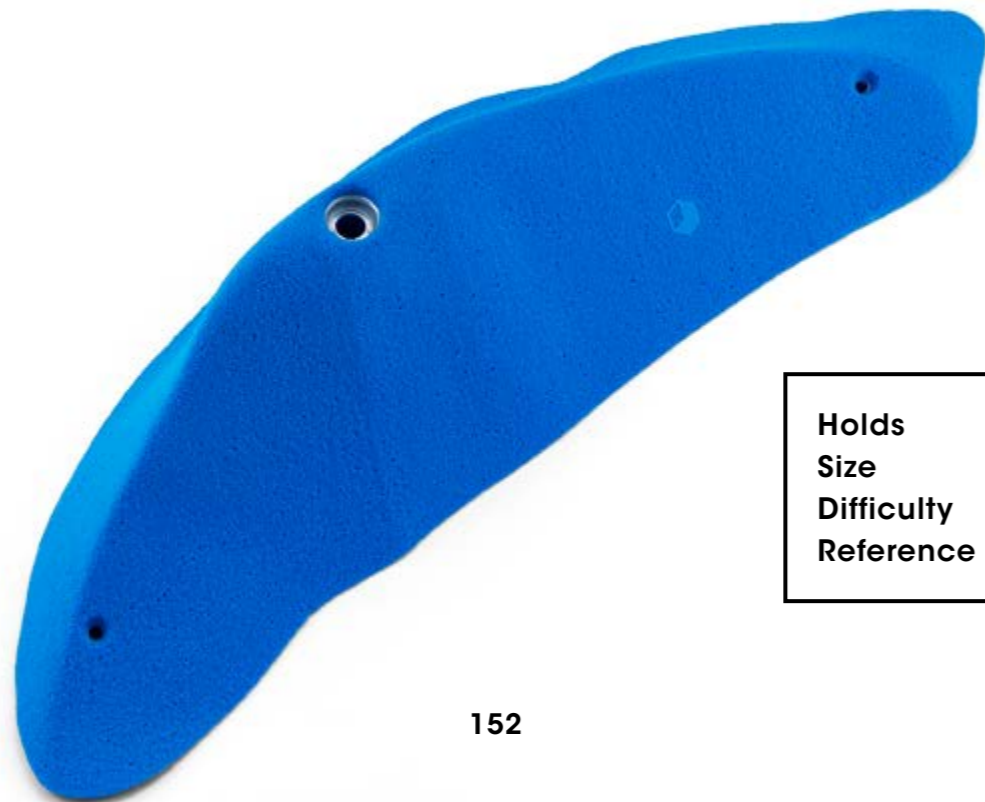


Holds	3
Size	XL
Difficulty	Hard
Reference	TK5

Tokyo 2020

151

TK6



Holds	6
Size	XL
Difficulty	Moderate
Reference	TK6

Holds

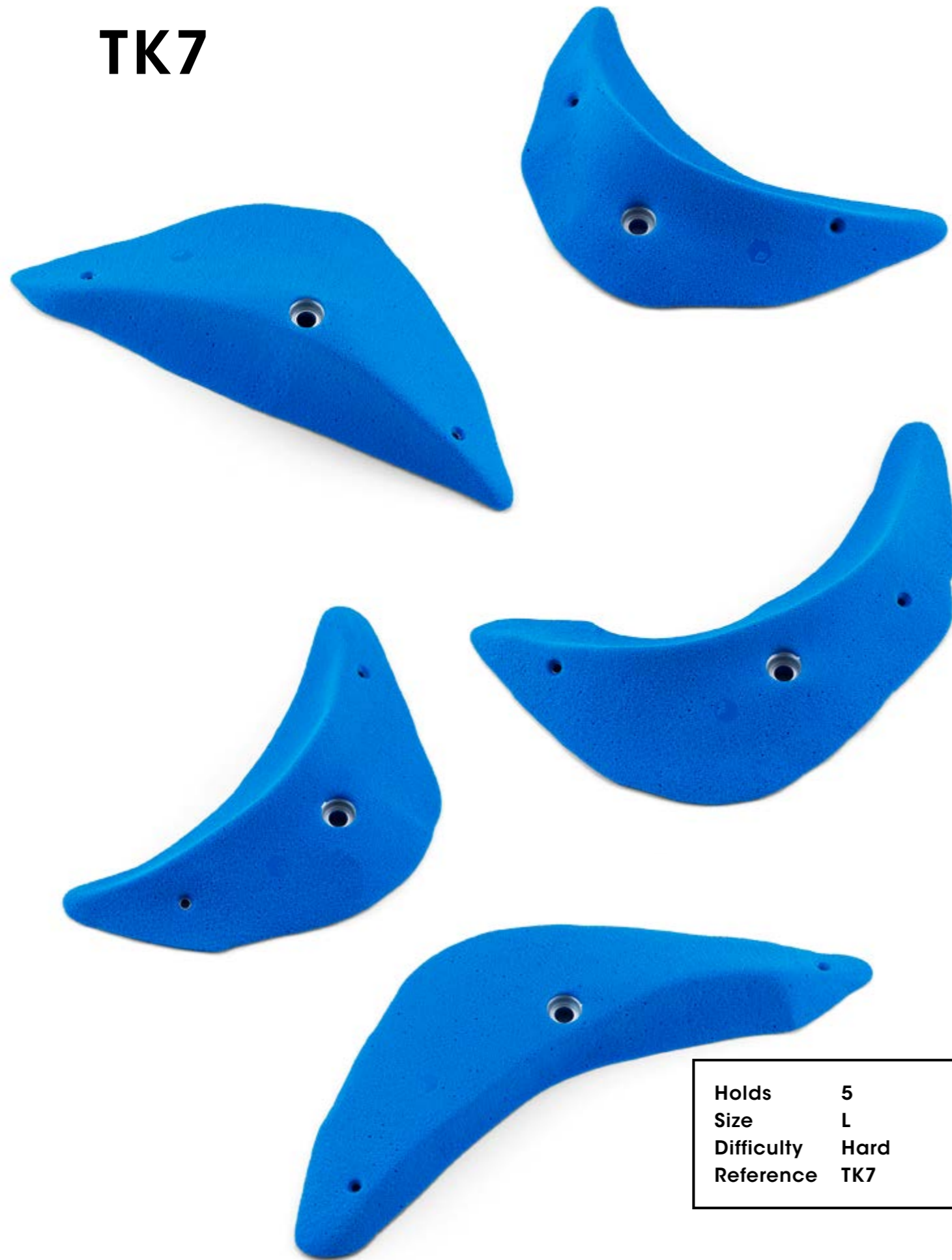
152



Tokyo 2020

153

TK7



Holds	5
Size	L
Difficulty	Hard
Reference	TK7

TK8



Holds	5
Size	L
Difficulty	Hard
Reference	TK8

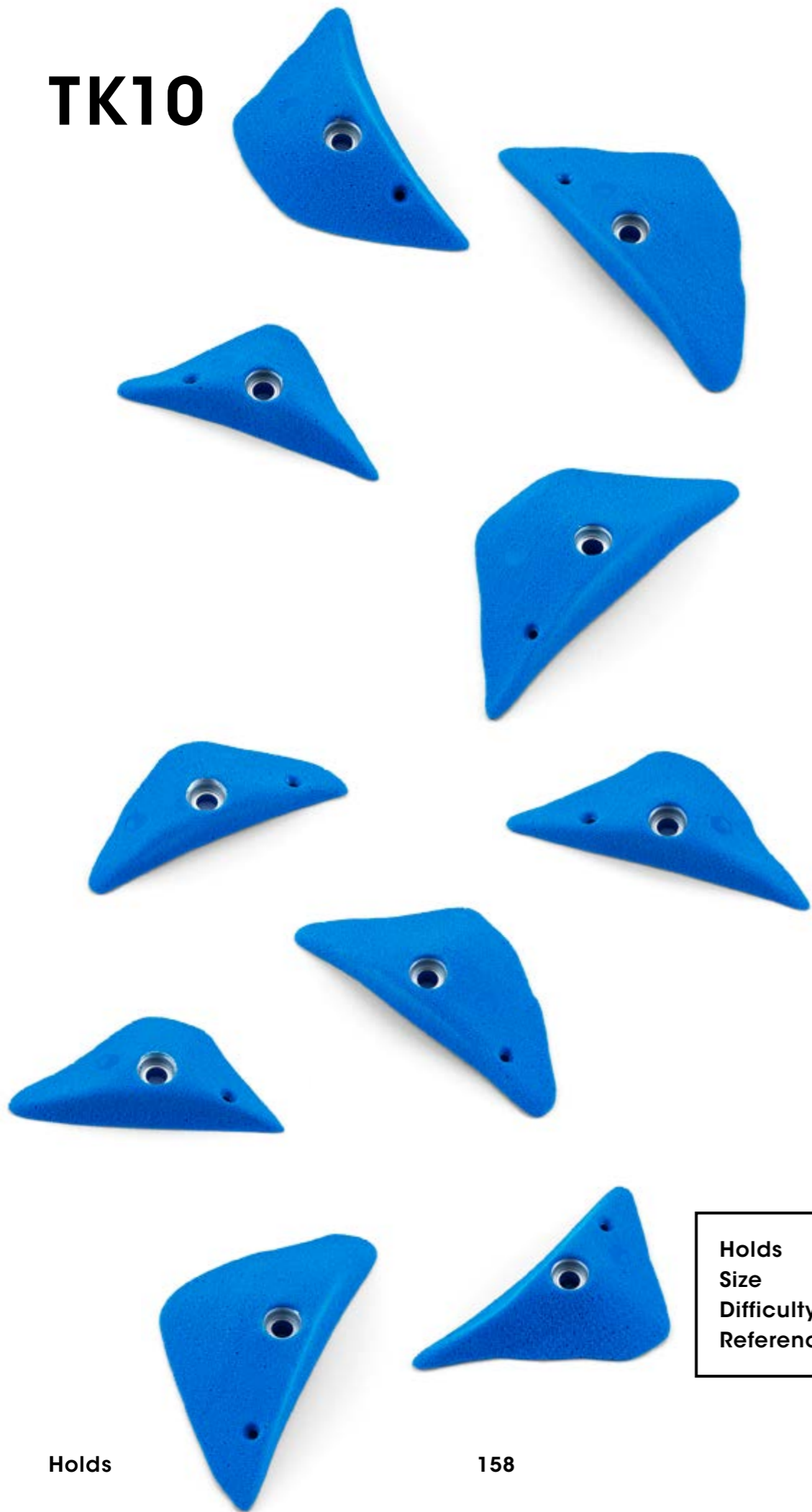
TK9



Holds	10
Size	L
Difficulty	Mod./Hard
Reference	TK9



TK10

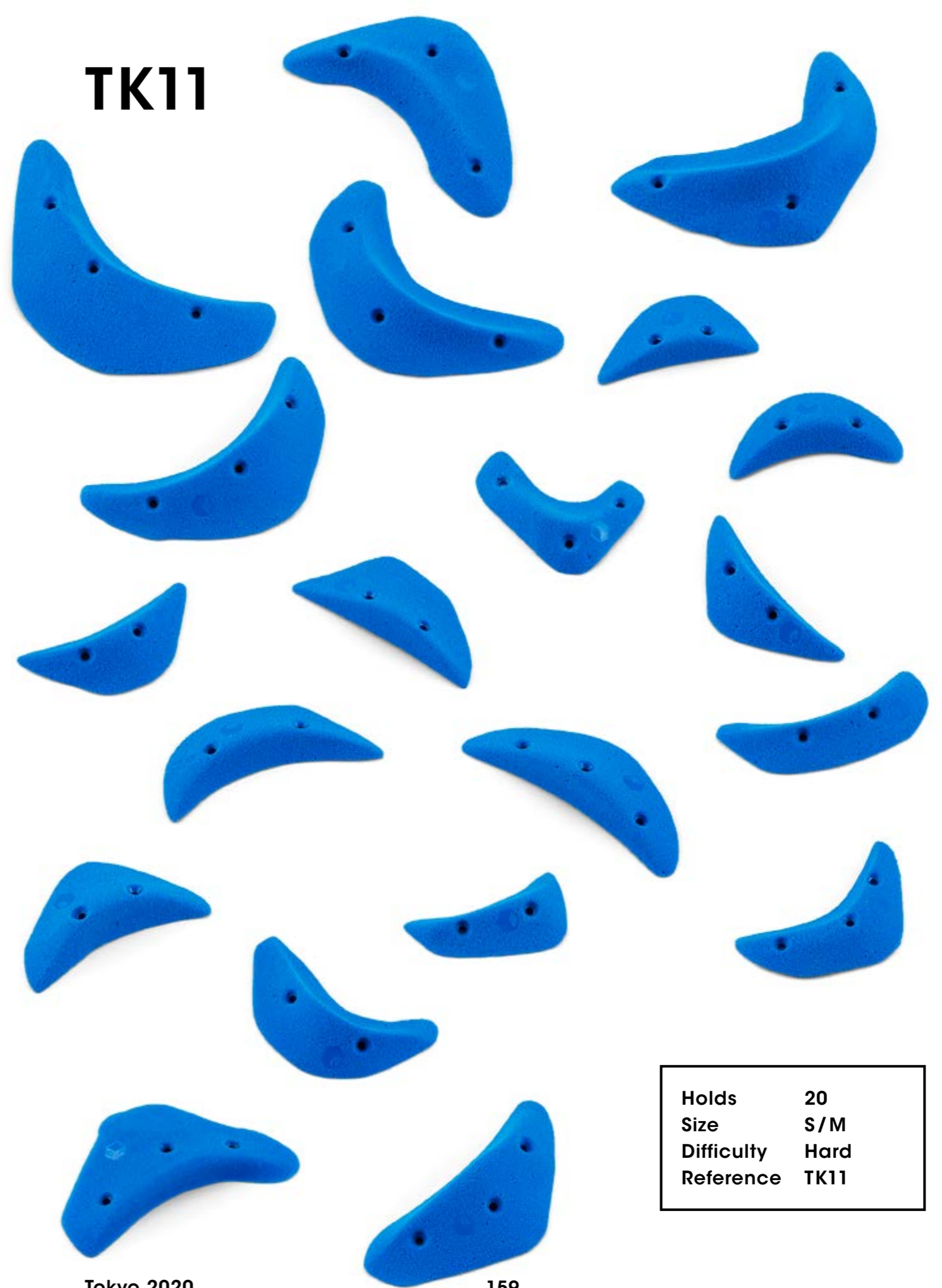


Holds	10
Size	M
Difficulty	Mod./Hard
Reference	TK10

Holds

158

TK11



Holds	20
Size	S/M
Difficulty	Hard
Reference	TK11

Tokyo 2020

159

TK12



Holds	15
Size	XS
Difficulty	Hard
Reference	TK12

Hyper-bole



HP



Holds	5
Size	XXL / XL
Difficulty	Hard
Reference	HP

Holds

162



Hyperbole

163



Desert Session



DS



Holds	5
Size	XXL / XL
Difficulty	Hard
Reference	DS

Holds

166



Desert Session

167



Schma- rotzer



Holds

170

SZ1



Schmarotzer

171

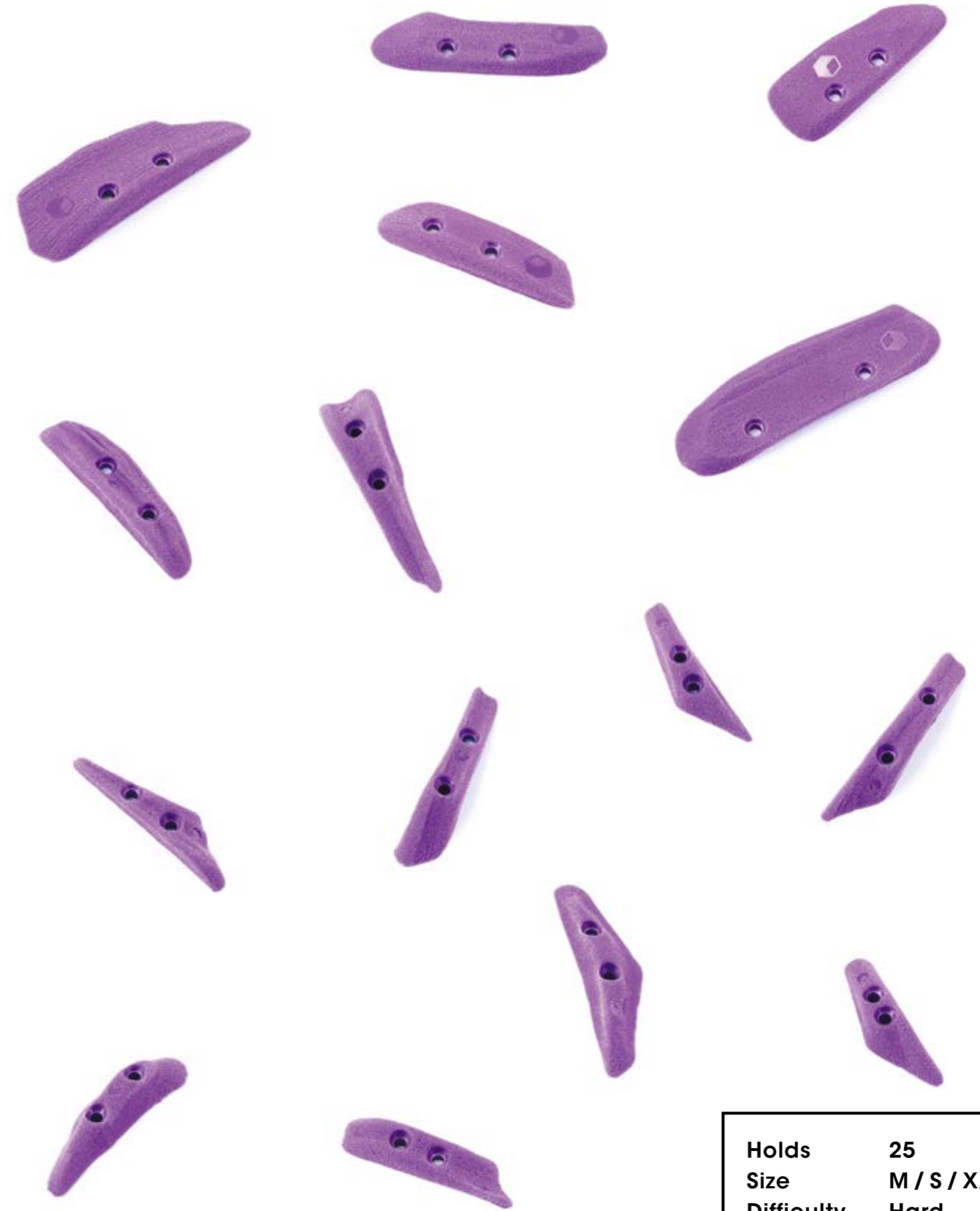
Holds	5
Size	XL
Difficulty	Hard
Reference	SZ1

SZ25



Holds

172



Schmarotzer

173

Holds	25
Size	M / S / XXS
Difficulty	Hard
Reference	SZ2

Swissair



SW



Hold

174

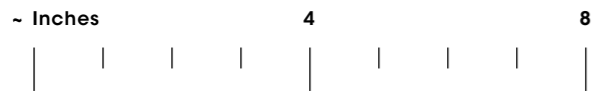


Swissair

175

Hold	5
Size	XXL / XL
Difficulty	Hard / Easy
Reference	SW

Slug



SL1

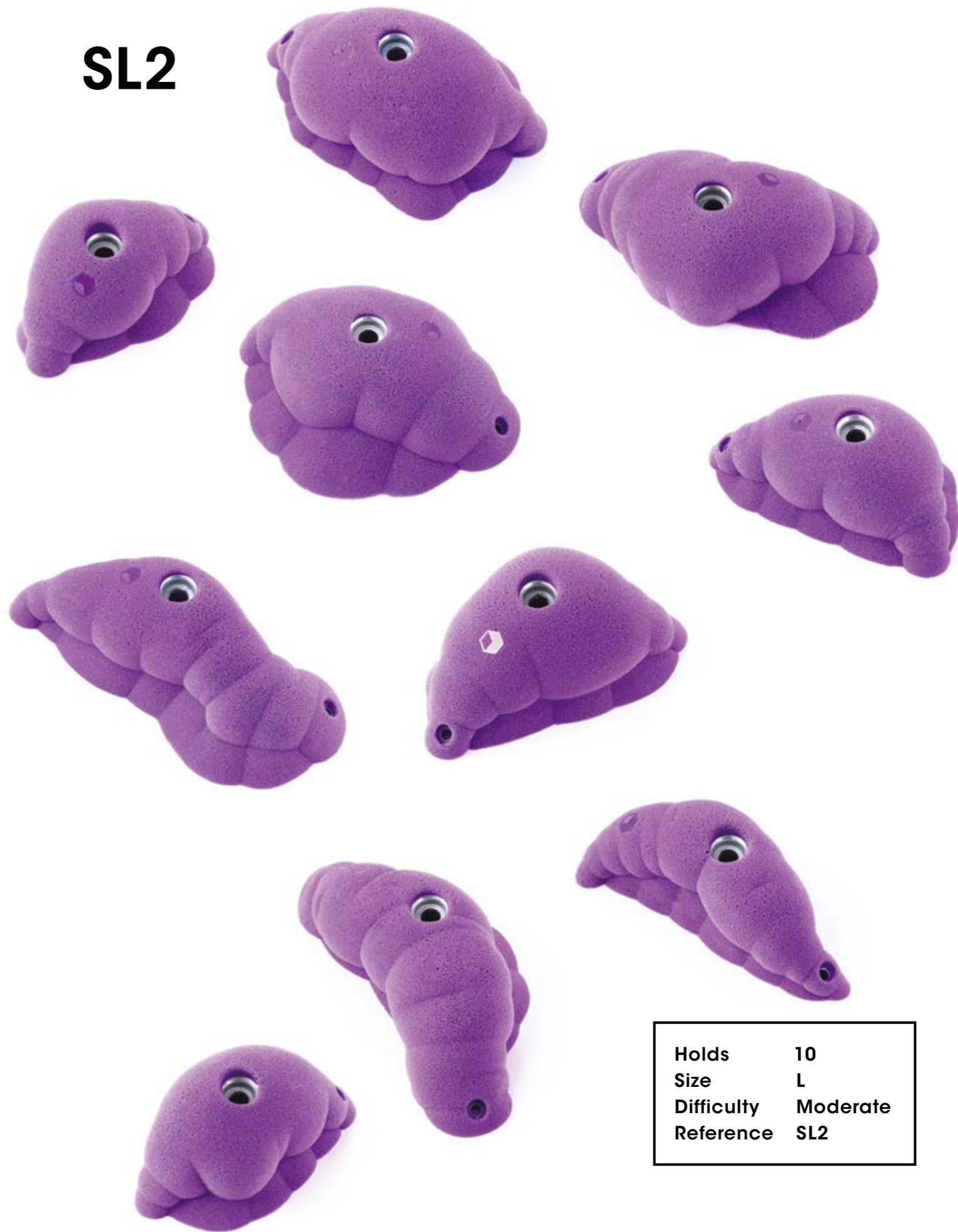


Hold	1
Size	XL
Difficulty	Hard
Reference	SL1

Holds

176

SL2



Holds	10
Size	L
Difficulty	Moderate
Reference	SL2

Slug

177

SL3



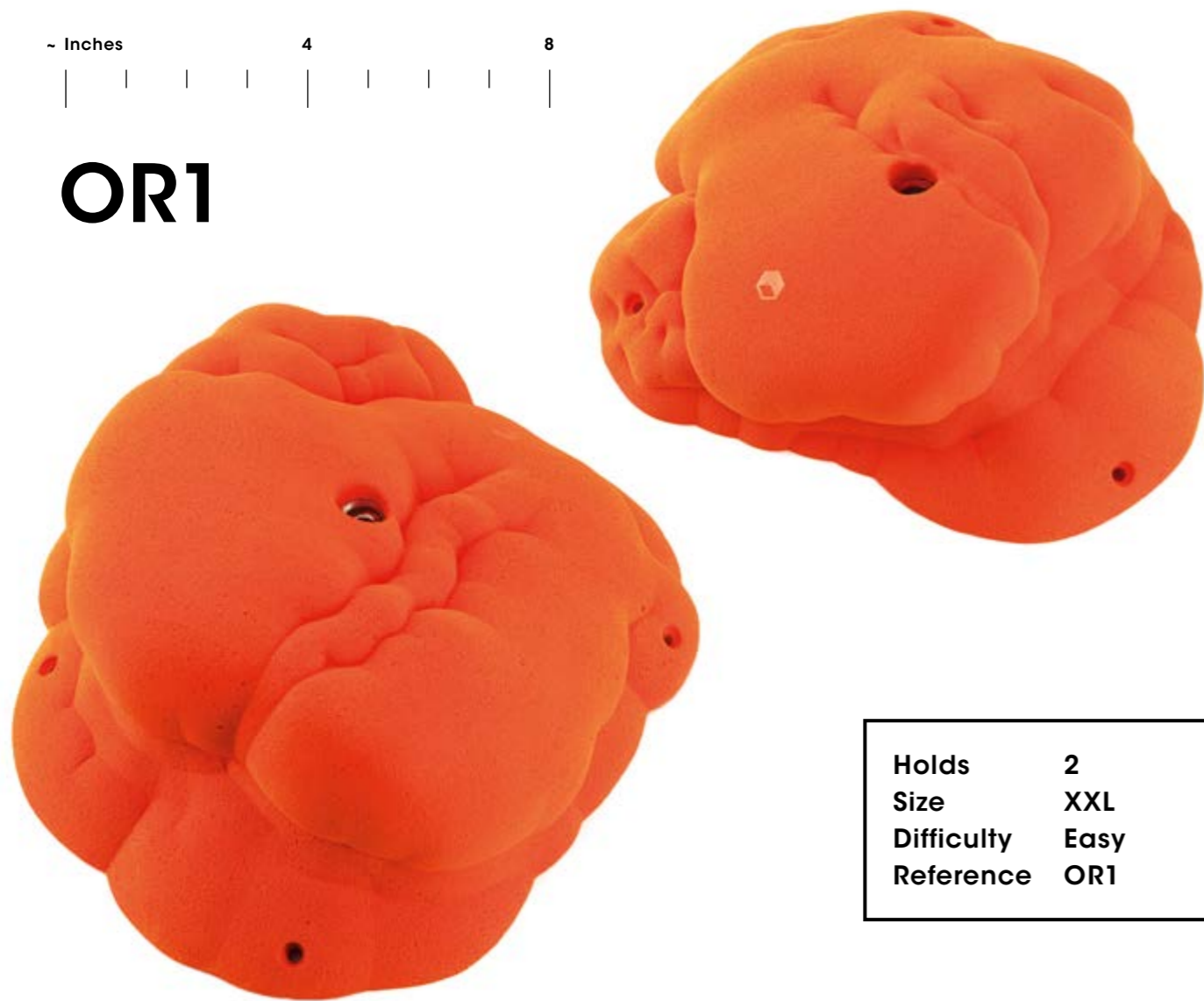
Holds	10
Size	S
Difficulty	Moderate
Reference	SL3



Organs



OR1

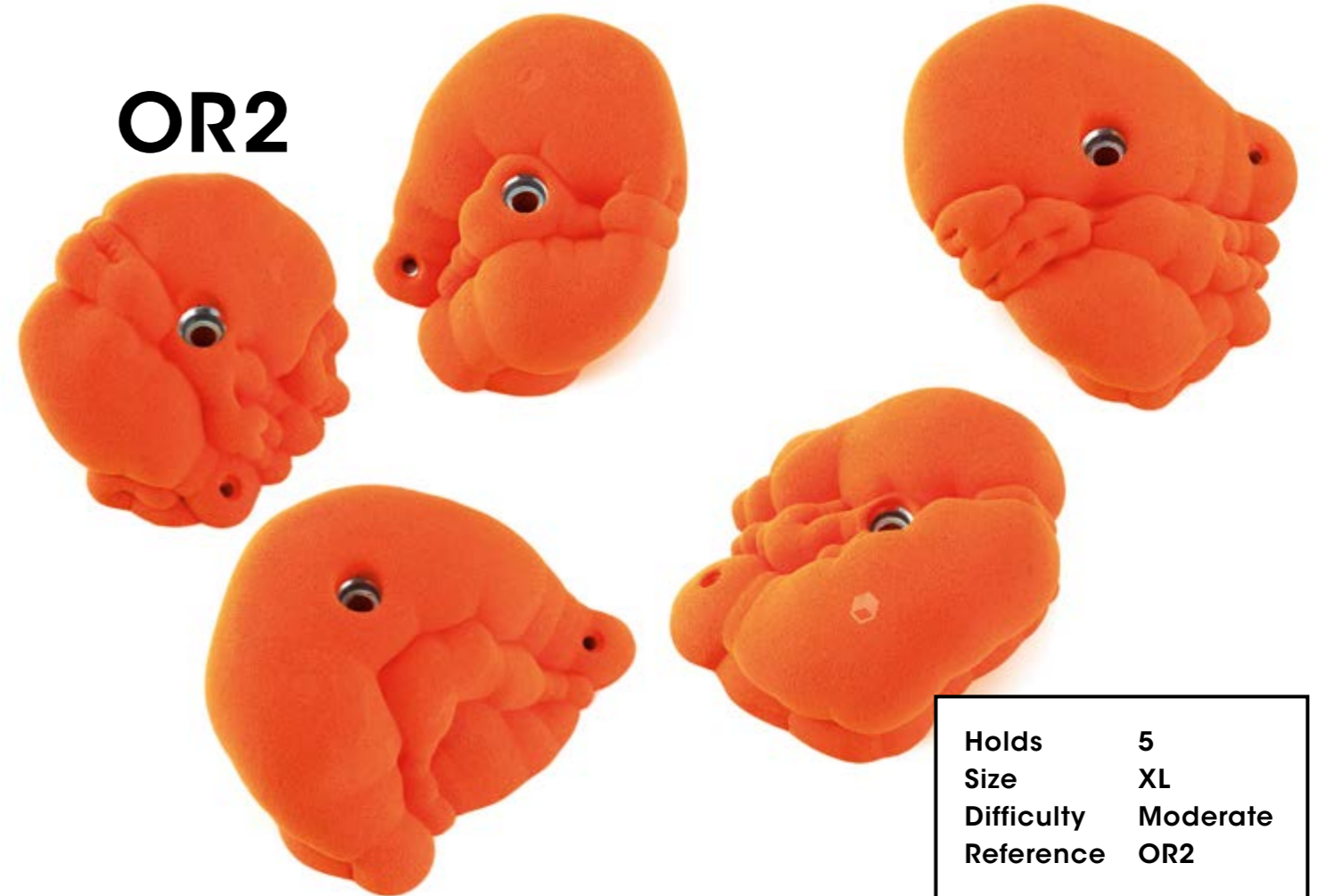


Holds	2
Size	XXL
Difficulty	Easy
Reference	OR1

Holds

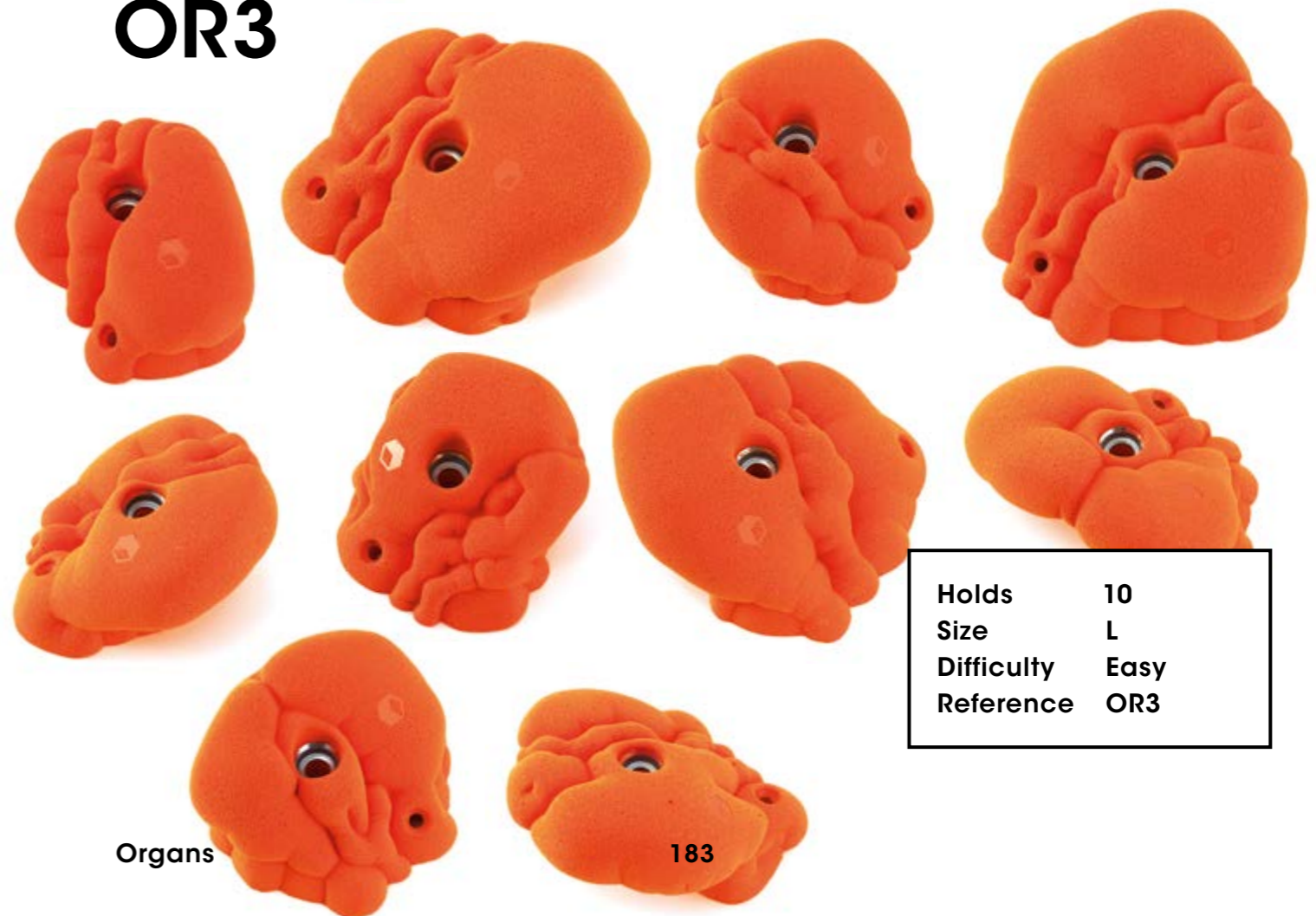
182

OR2



Holds	5
Size	XL
Difficulty	Moderate
Reference	OR2

OR3

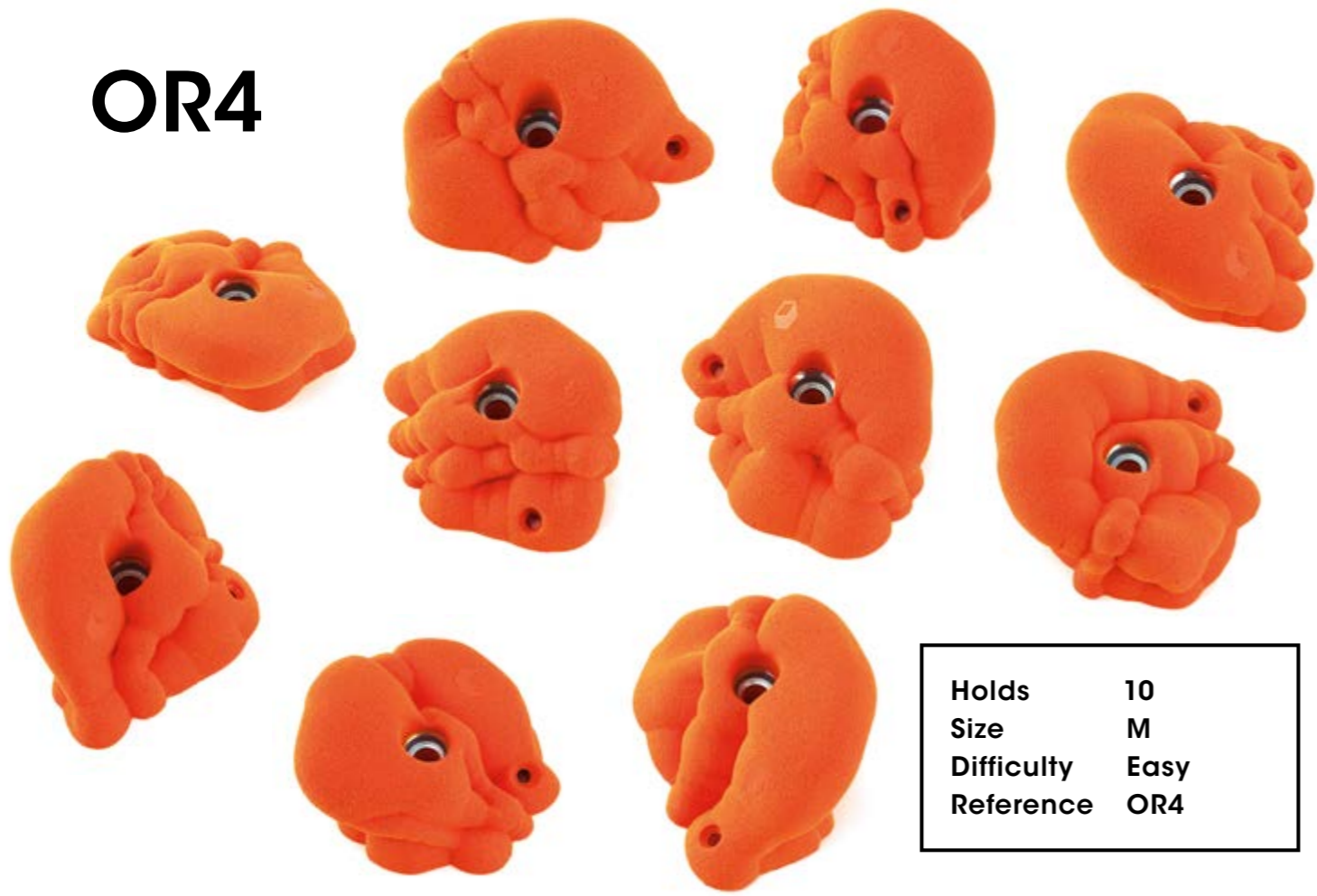


Holds	10
Size	L
Difficulty	Easy
Reference	OR3

Organs

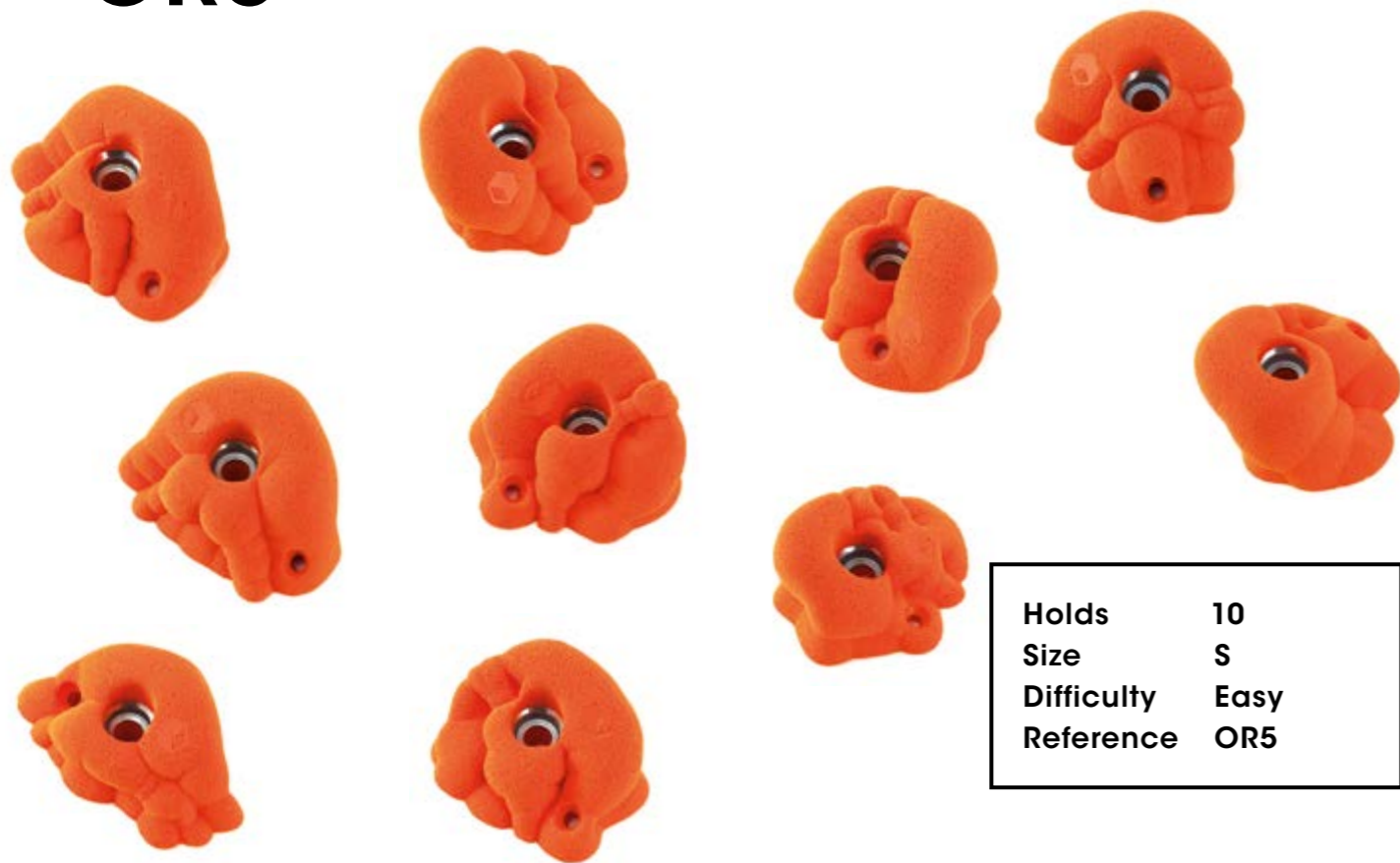
183

OR4



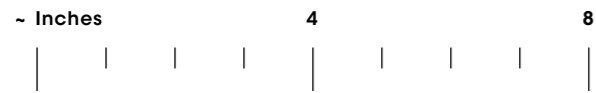
Holds	10
Size	M
Difficulty	Easy
Reference	OR4

OR5

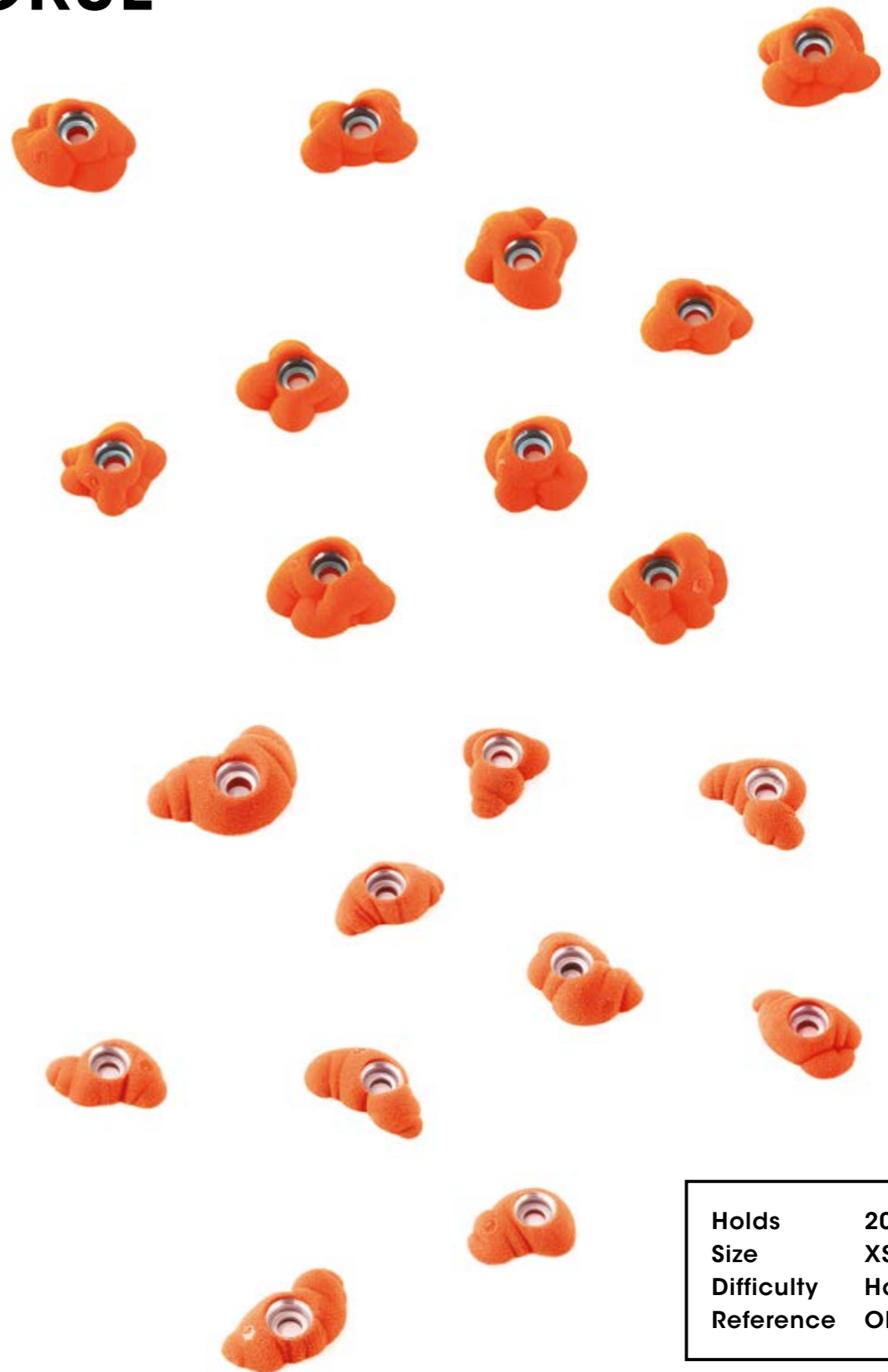


Holds	10
Size	S
Difficulty	Easy
Reference	OR5

Organ/ Slug



ORSL



Holds	20
Size	XS / XXS
Difficulty	Hard
Reference	ORSL

Baby Trash

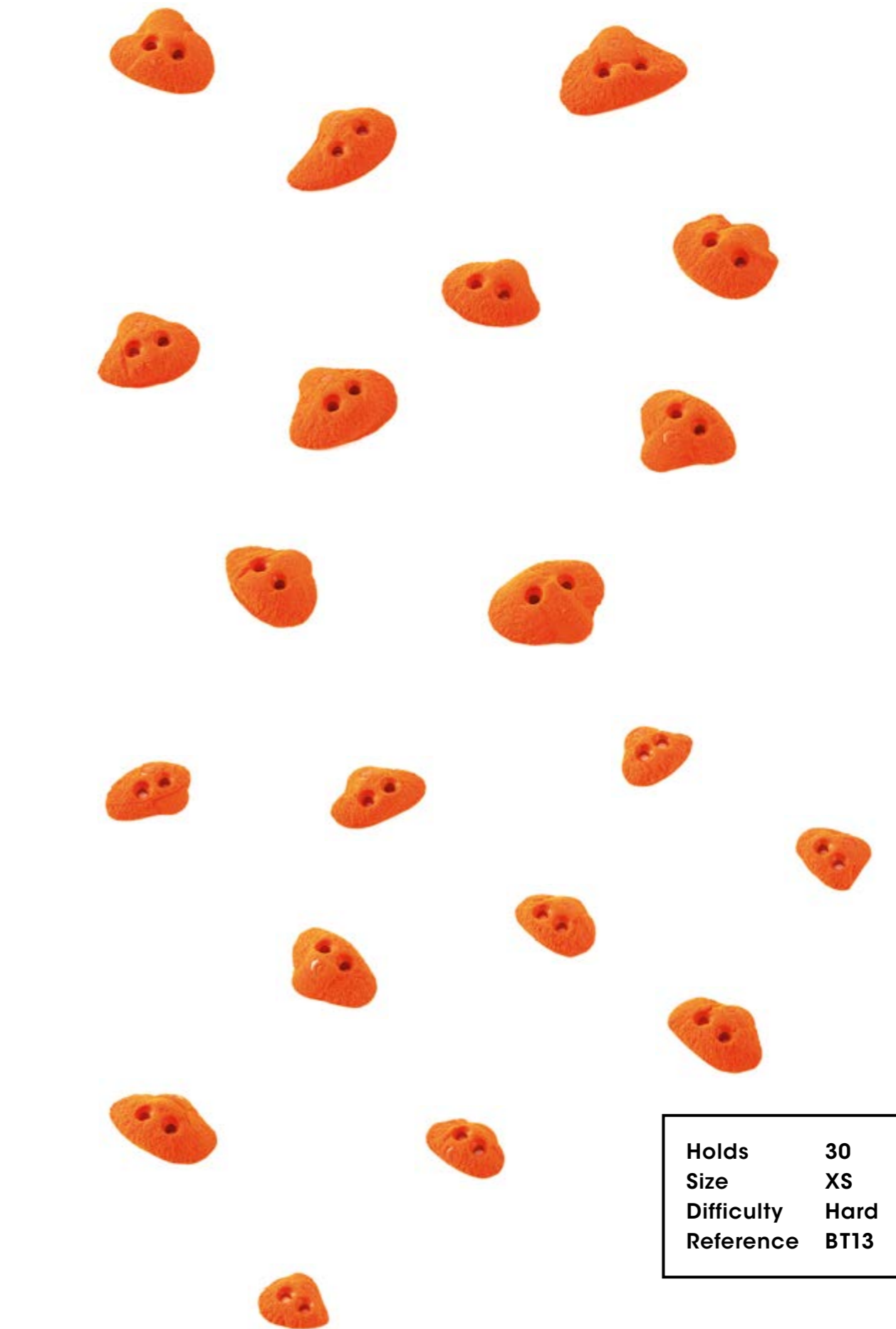


BT13



Hold

188

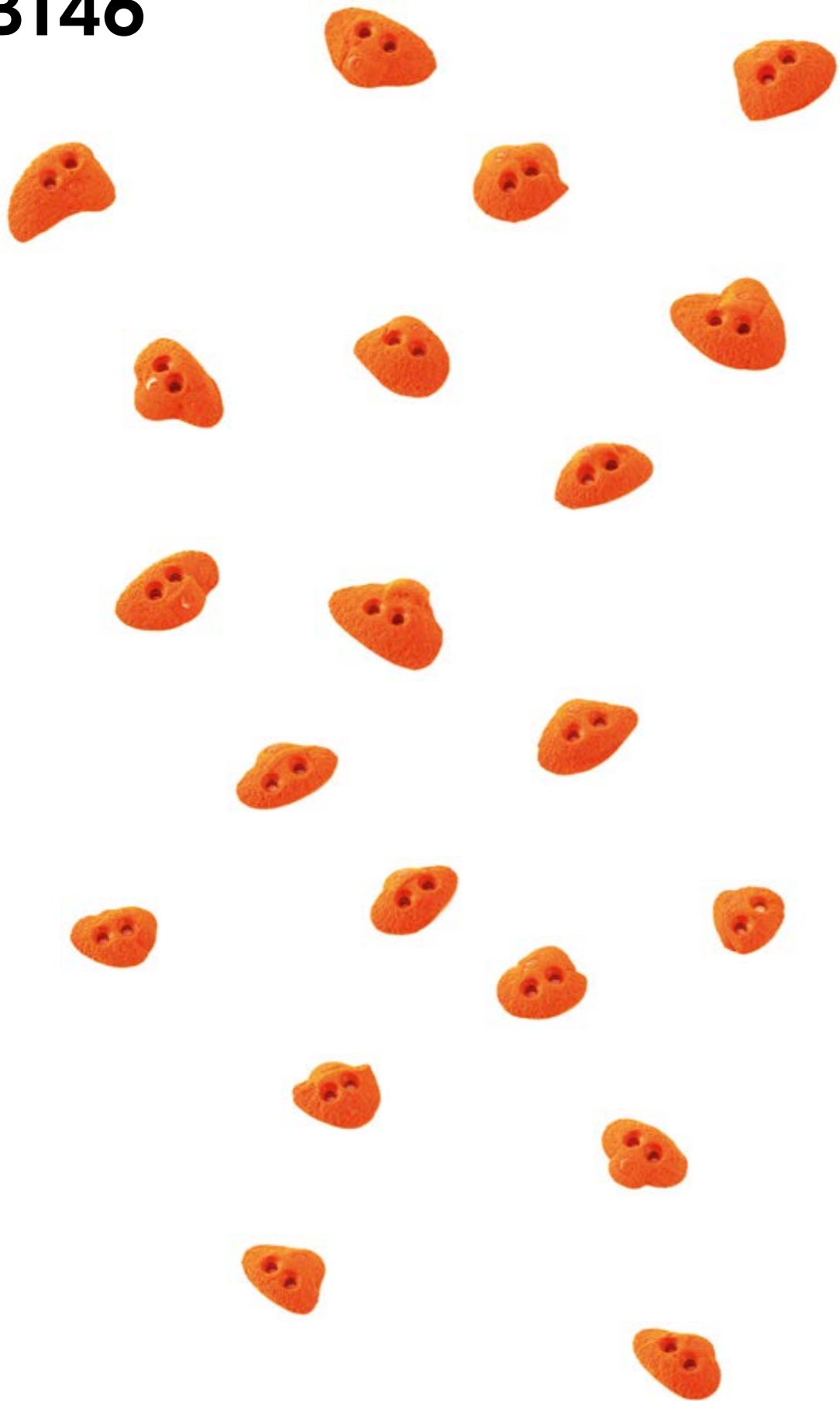


Baby Trash

189

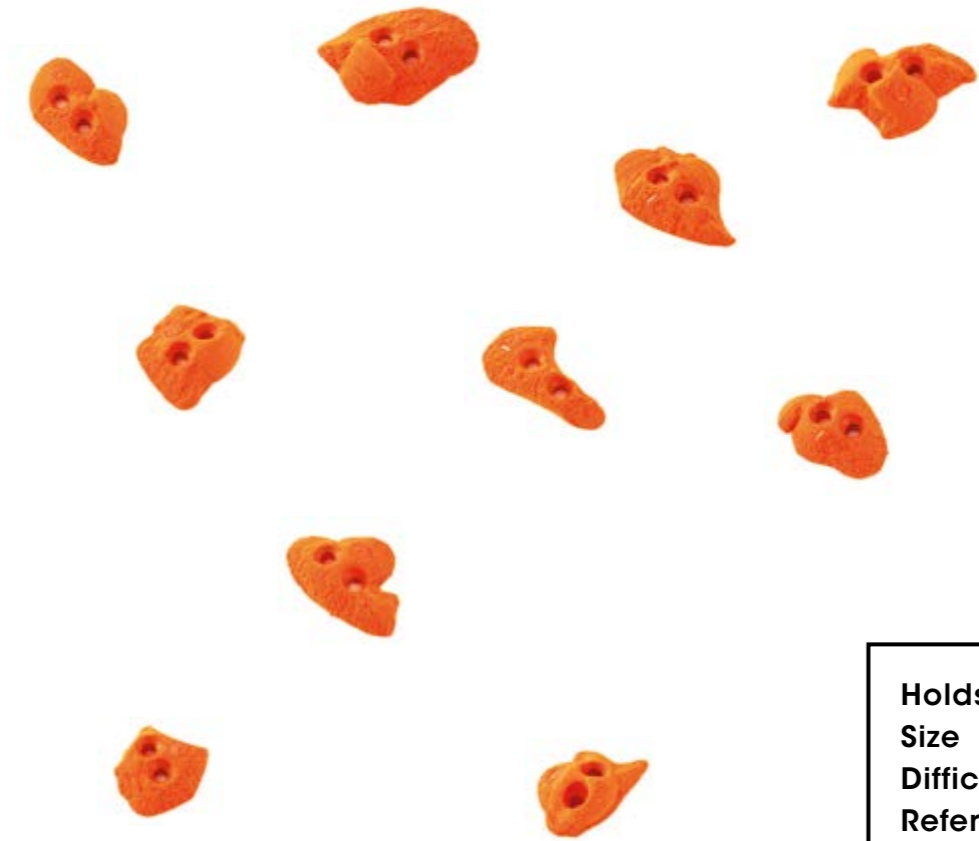
Hold	30
Size	XS
Difficulty	Hard
Reference	BT13

BT46



Holds

190



Holds	30
Size	XS
Difficulty	Hard
Reference	BT46

Baby Trash

191

Rustic Flowers



RF13



Holds

192



Rustic Flowers

193

Holds	3
Size	XXL / XL
Difficulty	Easy
Reference	RF13

RF45



Hold

194

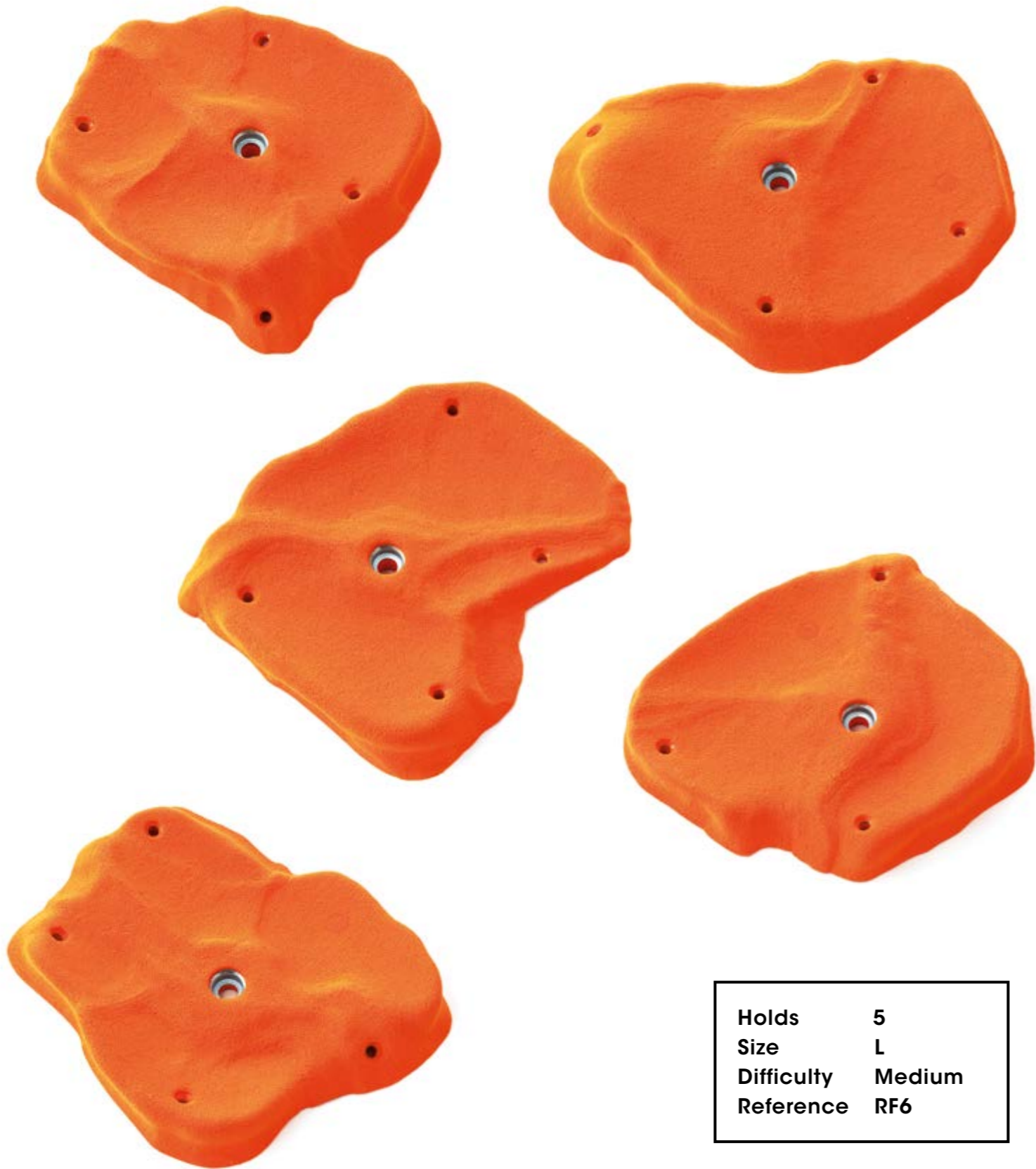


Rustic Flowers

195

Hold	10
Size	XL / L
Difficulty	Easy
Reference	RF45

RF6



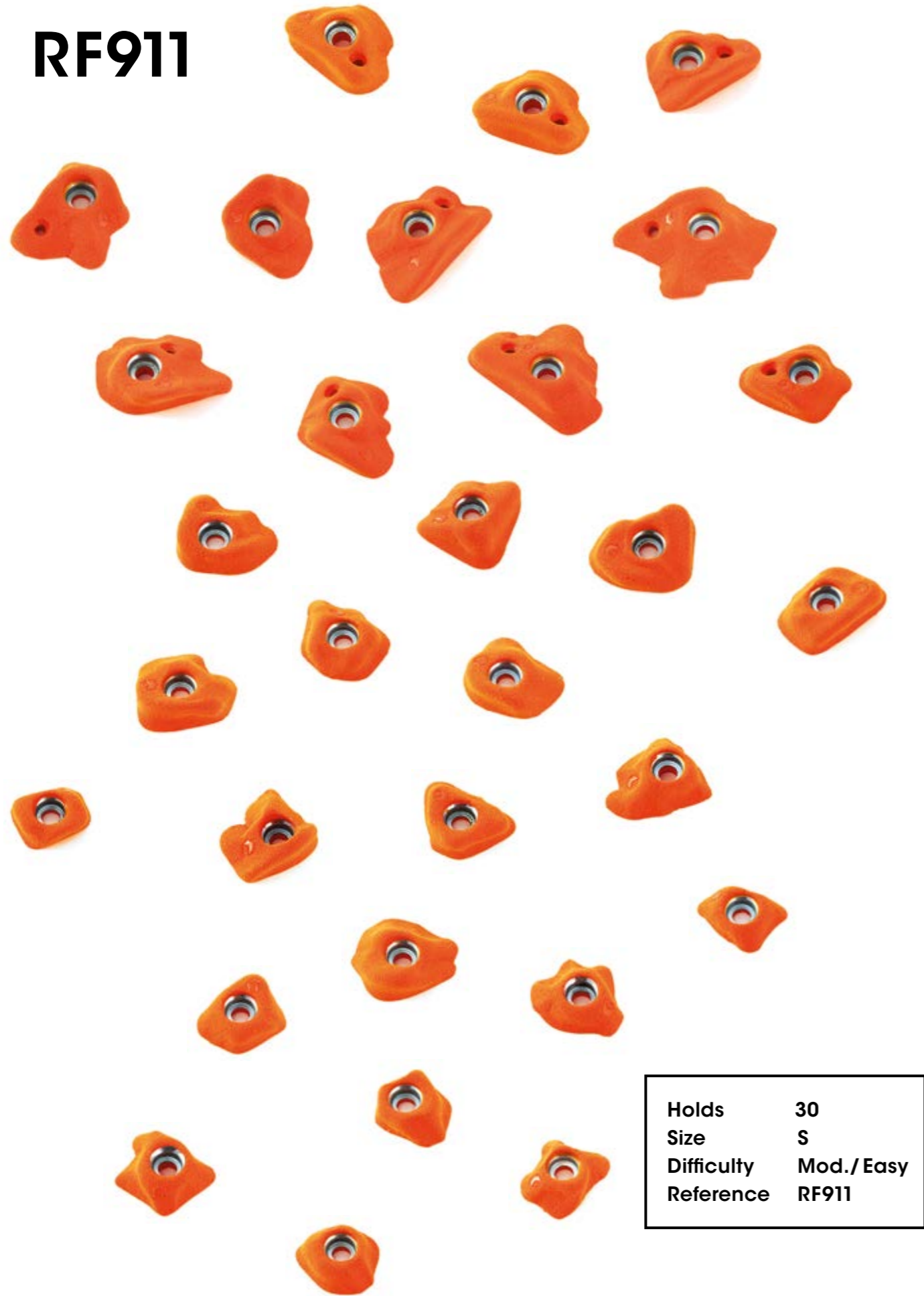
Holds	5
Size	L
Difficulty	Medium
Reference	RF6

RF78



Holds	20
Size	M
Difficulty	Mod./ Easy
Reference	RF78

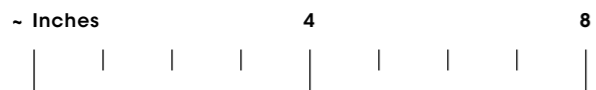
RF911



Holds	30
Size	S
Difficulty	Mod./ Easy
Reference	RF911



Pizokel



PZ



Hold

202



Pizokel

203

Hold	5
Size	XL
Difficulty	Hard
Reference	PZ

Maggot



MG



Hold

204



Maggot

205

Hold	5
Size	XL / M
Difficulty	Easy
Reference	MG

Zangen- geburt

- Inches 4 8

ZN



Hold

206



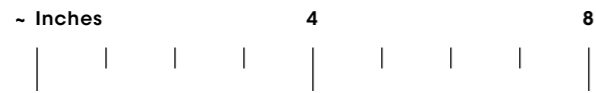
Zangengeburt

207



Hold	5
Size	XL
Difficulty	Hard / Mod.
Reference	ZN

Cailloux



CA1



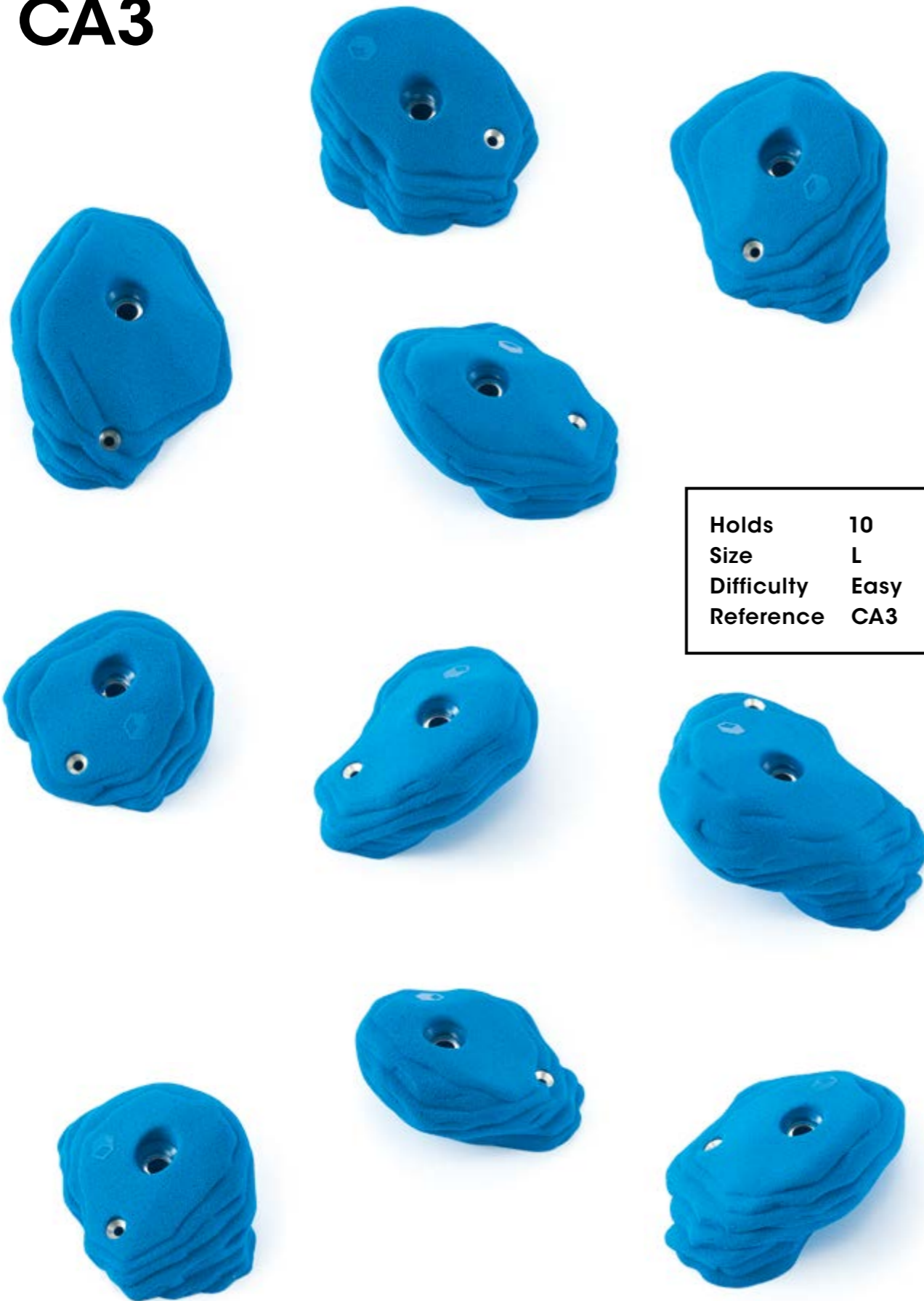
Hold	1
Size	XL
Difficulty	Easy
Reference	CA1

CA2



Holds	5
Size	XL
Difficulty	Easy
Reference	CA2

CA3

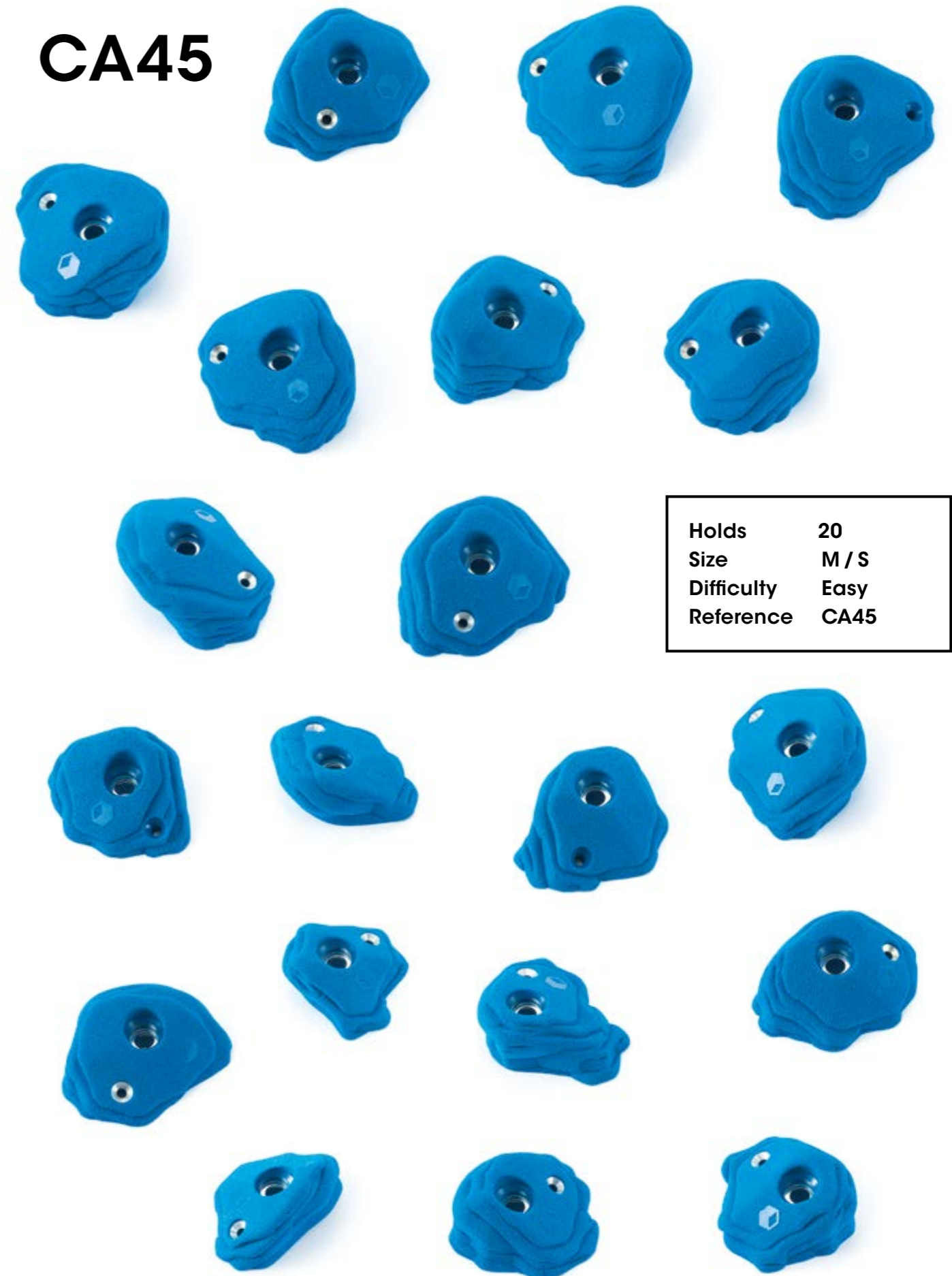


Holds	10
Size	L
Difficulty	Easy
Reference	CA3

Holds

210

CA45

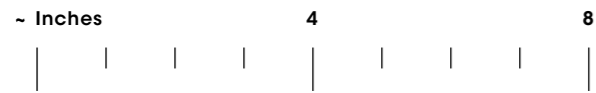


Holds	20
Size	M / S
Difficulty	Easy
Reference	CA45

Cailloux

211

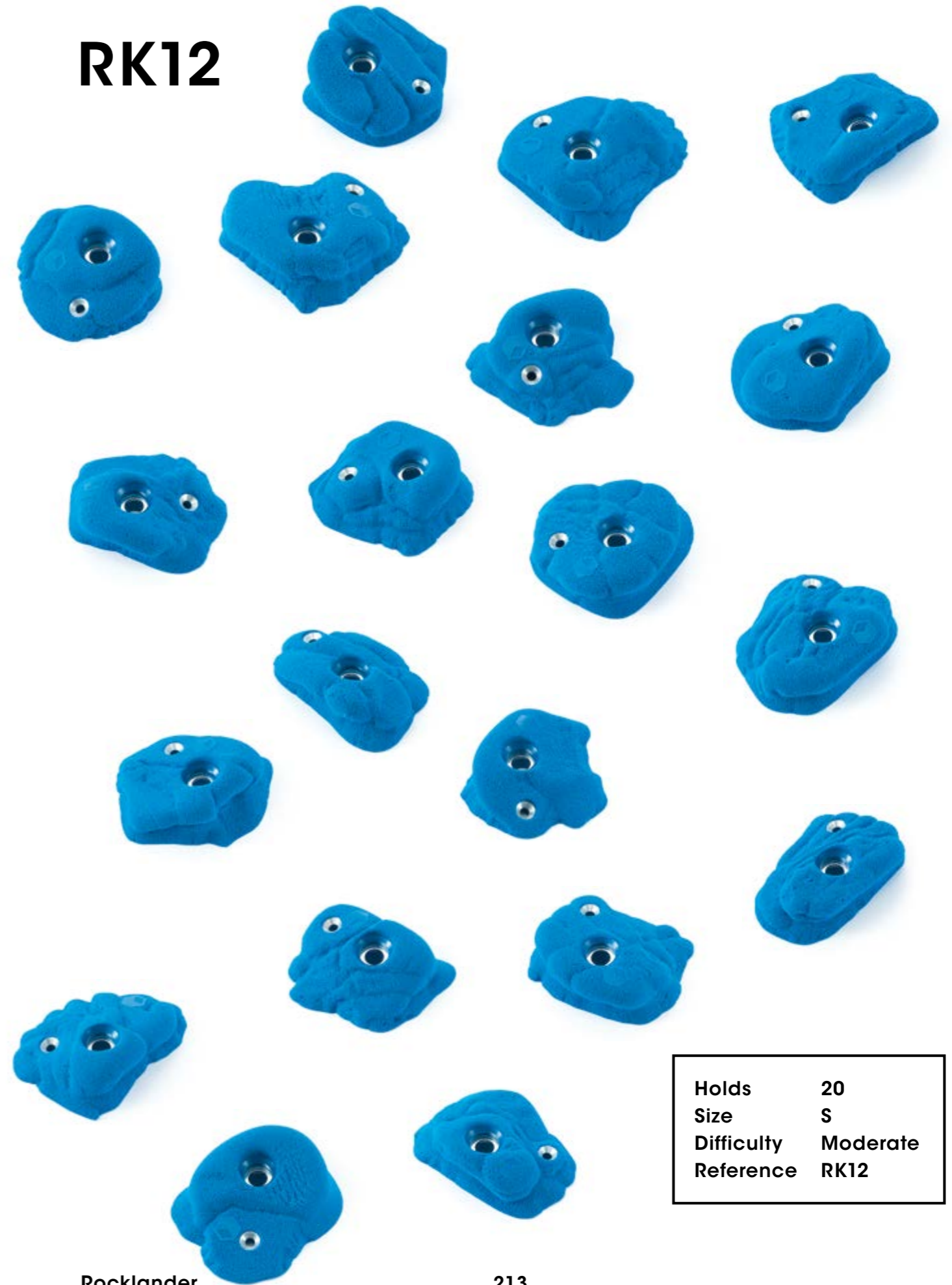
Rock- lander



Holds

212

RK12



Rocklander

213

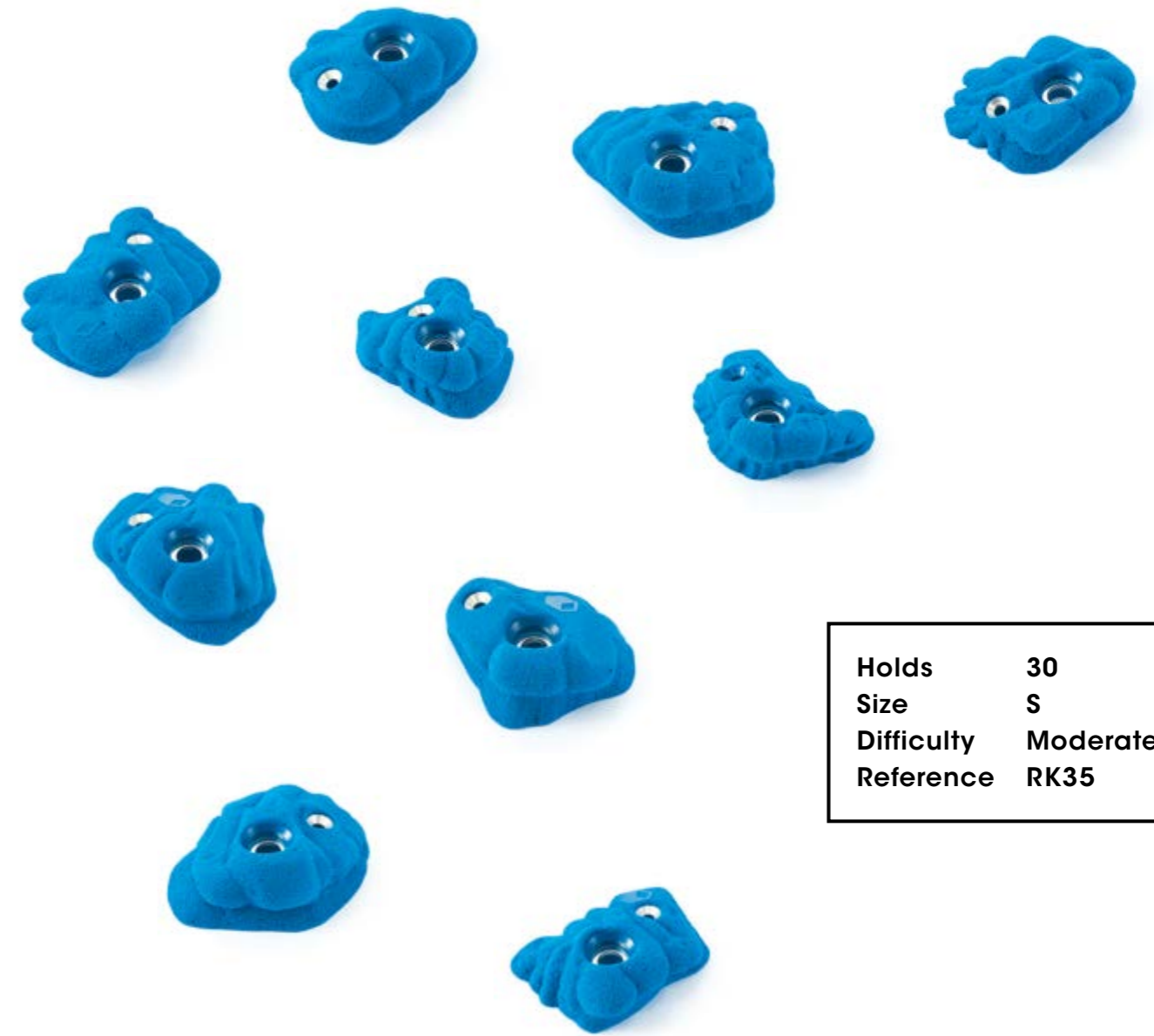
Holds	20
Size	S
Difficulty	Moderate
Reference	RK12

RK35



Holds

214



Holds	30
Size	S
Difficulty	Moderate
Reference	RK35

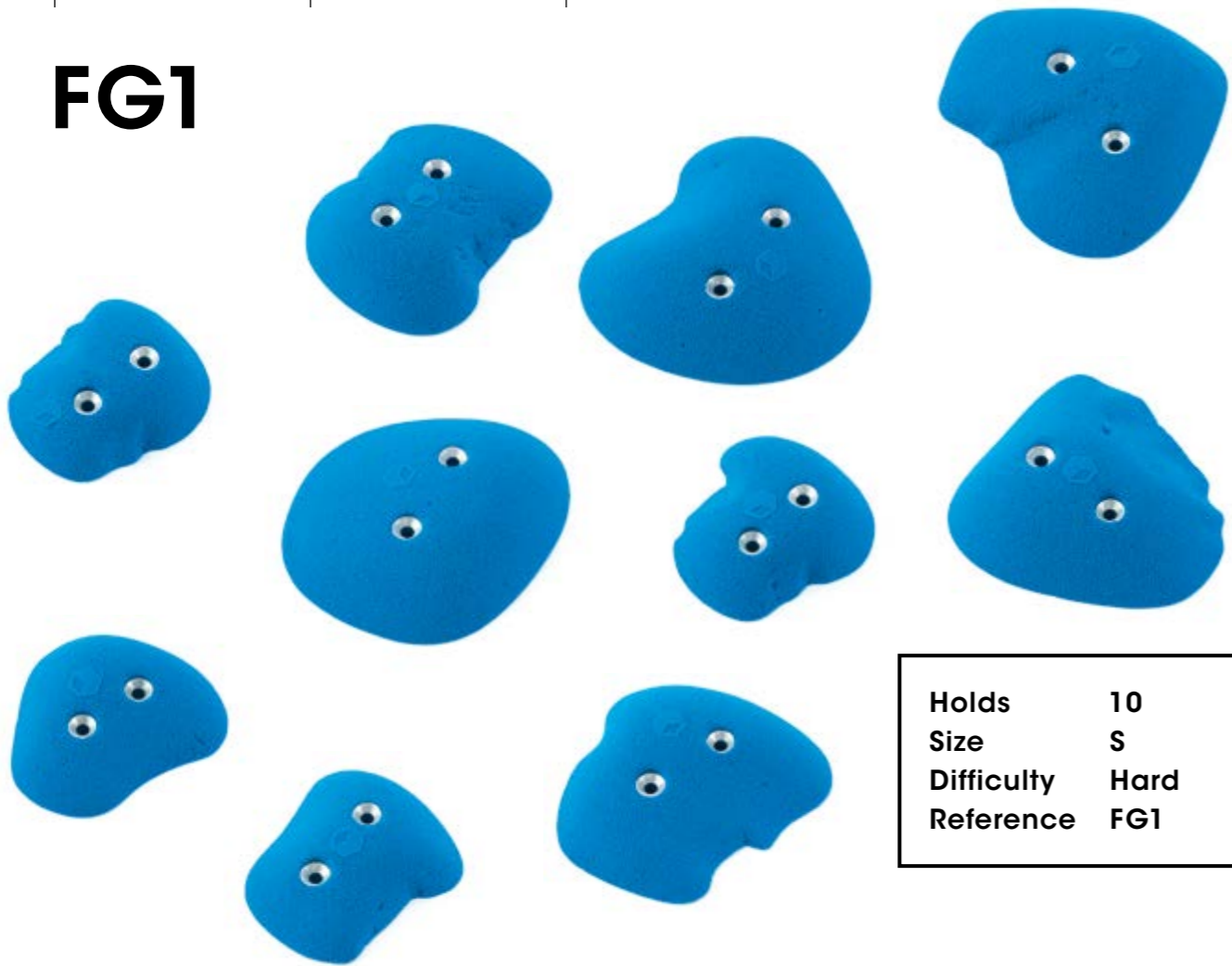
Rocklander

215

Frog



FG1



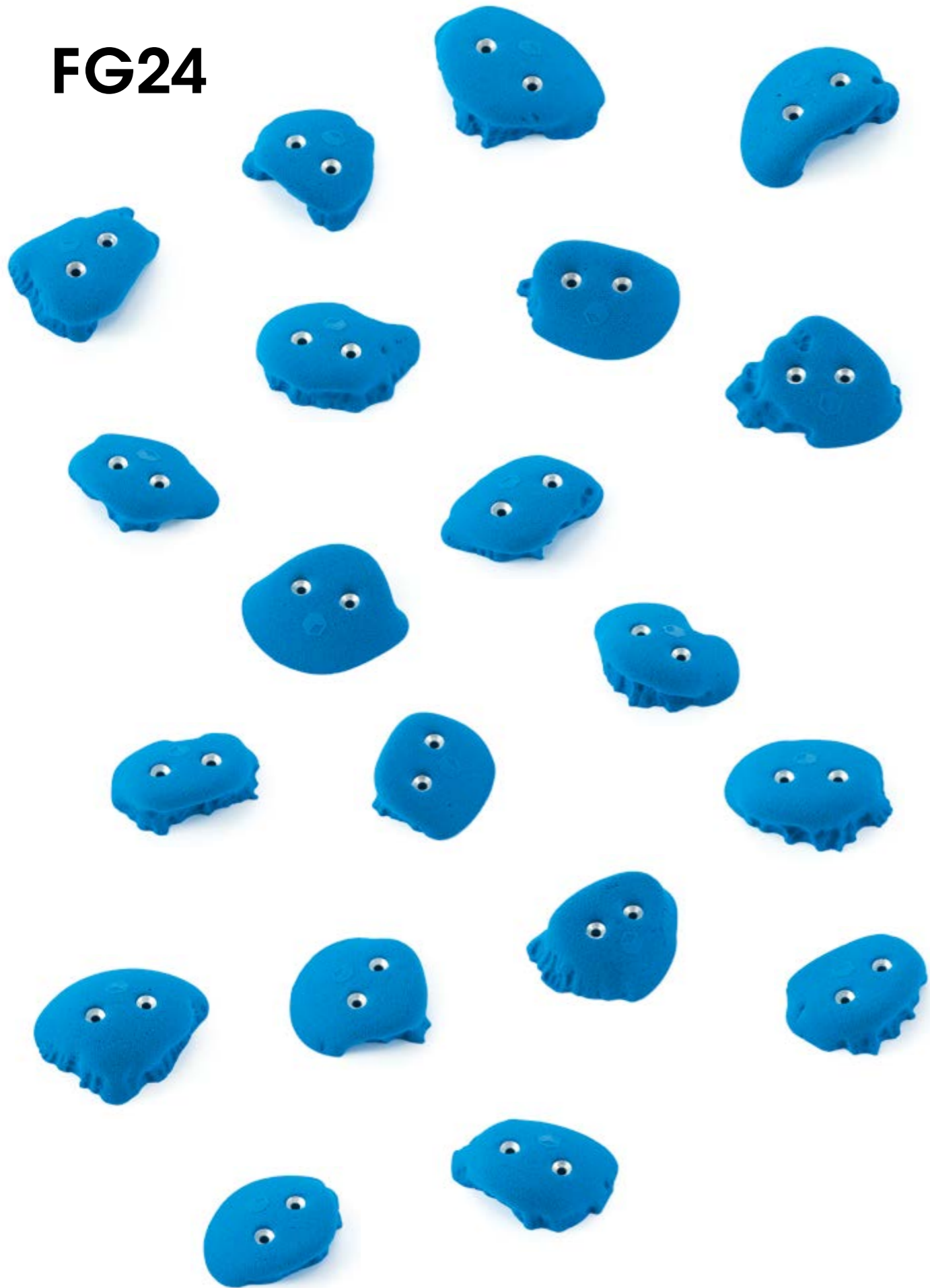
Holds	10
Size	S
Difficulty	Hard
Reference	FG1

Holds

216

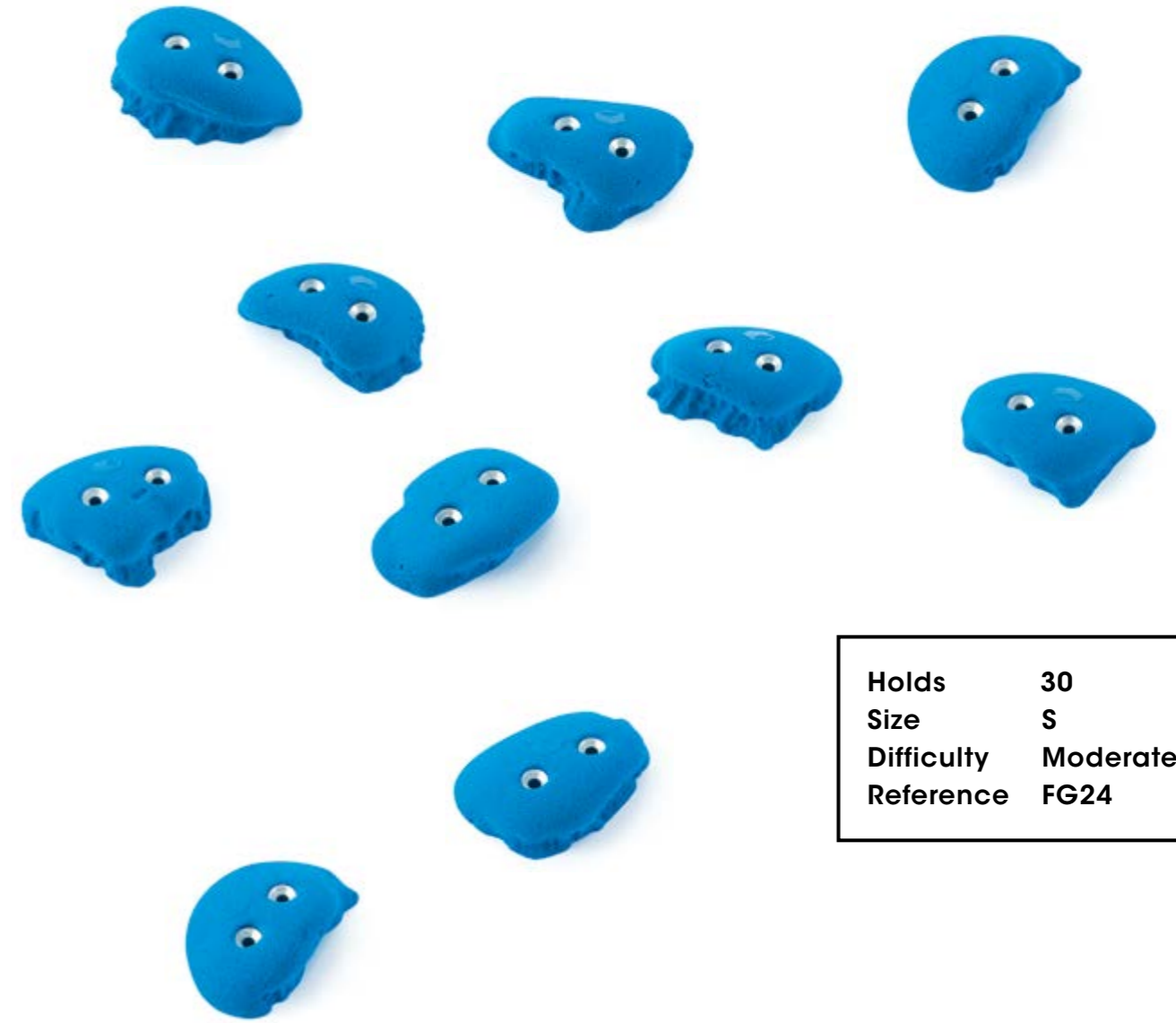
Frog

FG24



Holds

218

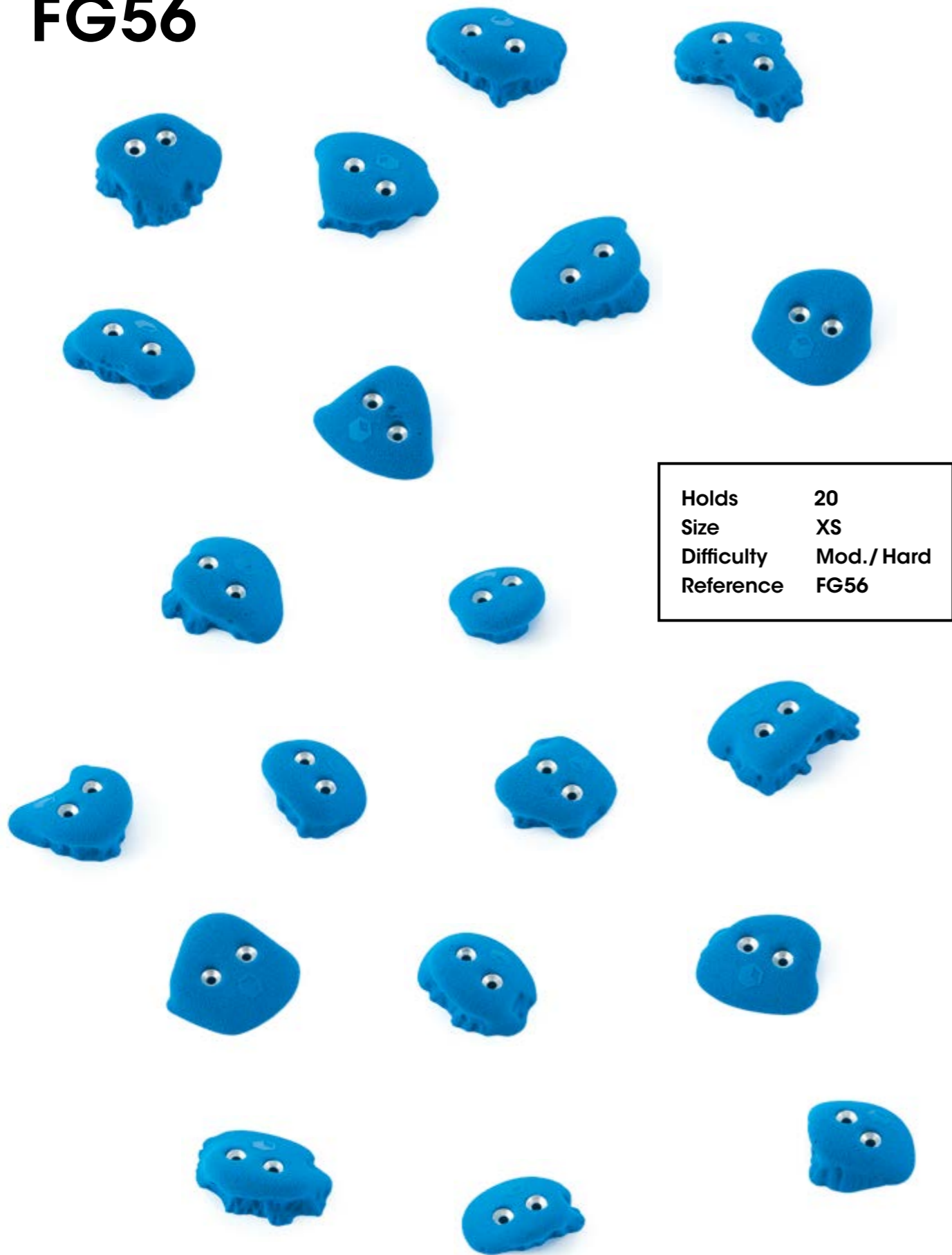


Frog

219

Holds	30
Size	S
Difficulty	Moderate
Reference	FG24

FG56



Holds

220

Frog



Bubble

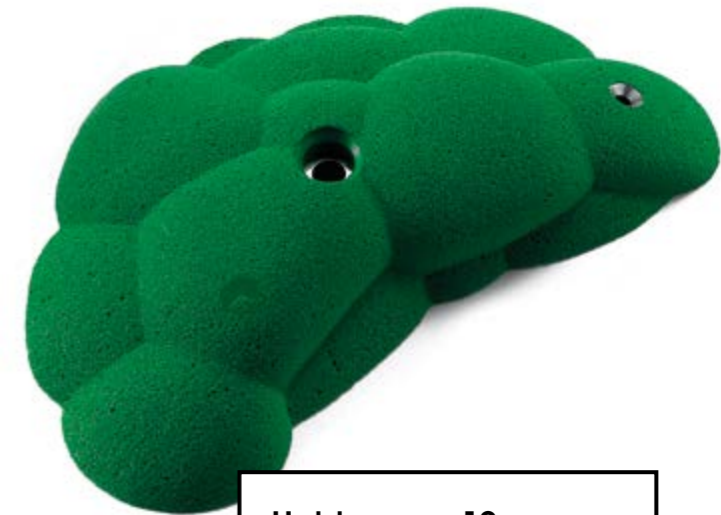


B1



Holds

224

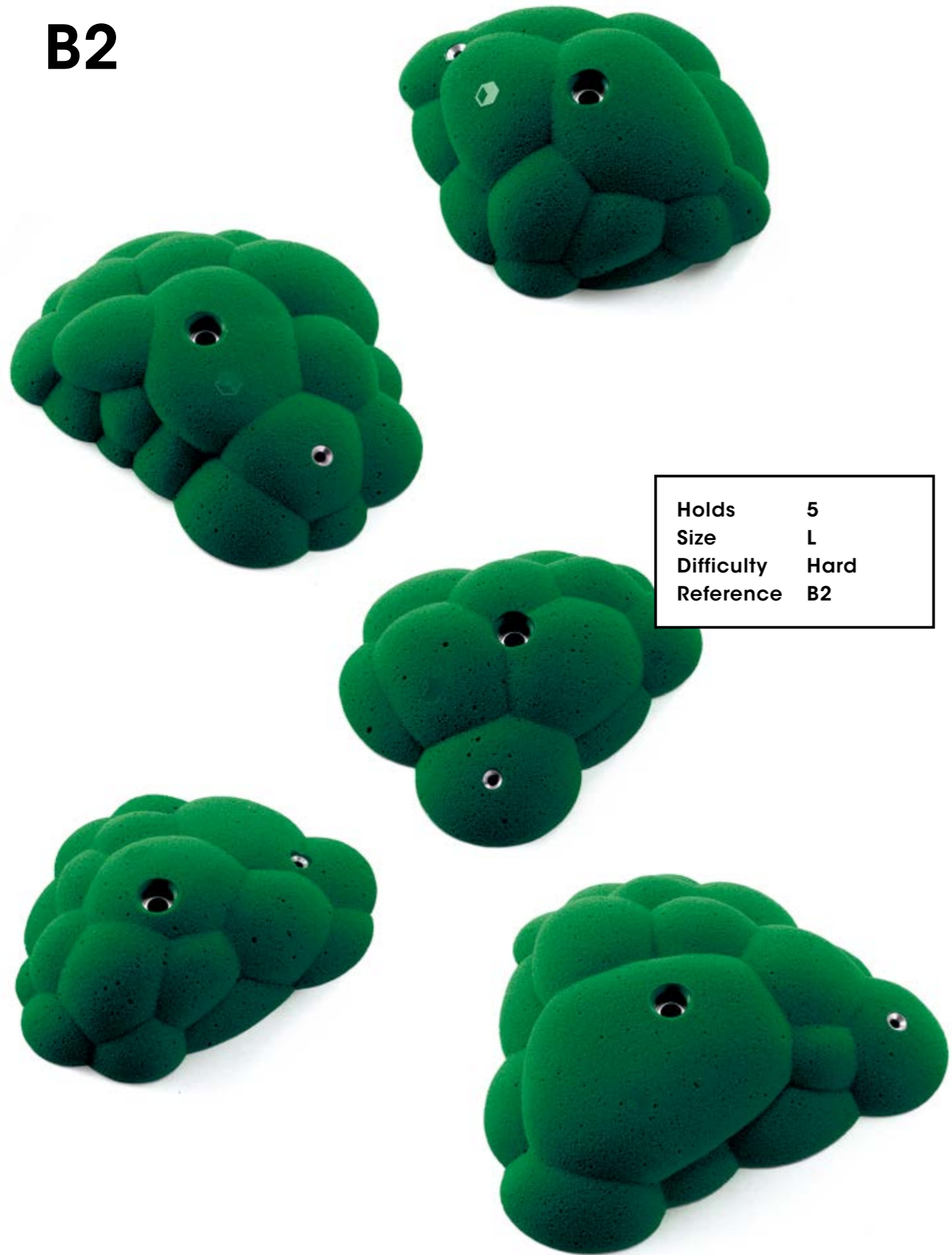


Holds	10
Size	L
Difficulty	Moderate
Reference	B1

Bubble

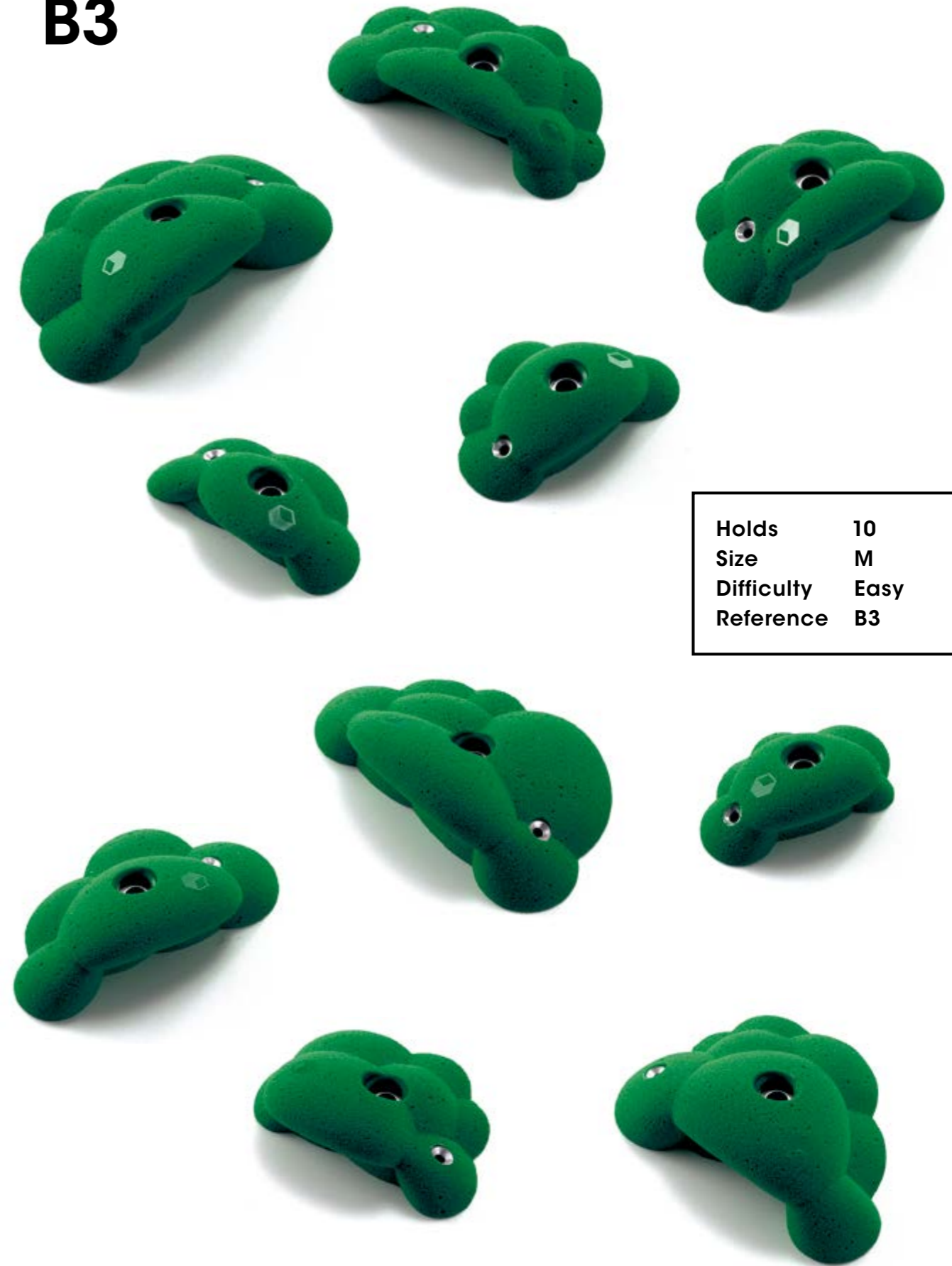
225

B2



Holds	5
Size	L
Difficulty	Hard
Reference	B2

B3



Holds	10
Size	M
Difficulty	Easy
Reference	B3

Nuss- gipfel

- Inches 4 8

N1



Holds

228

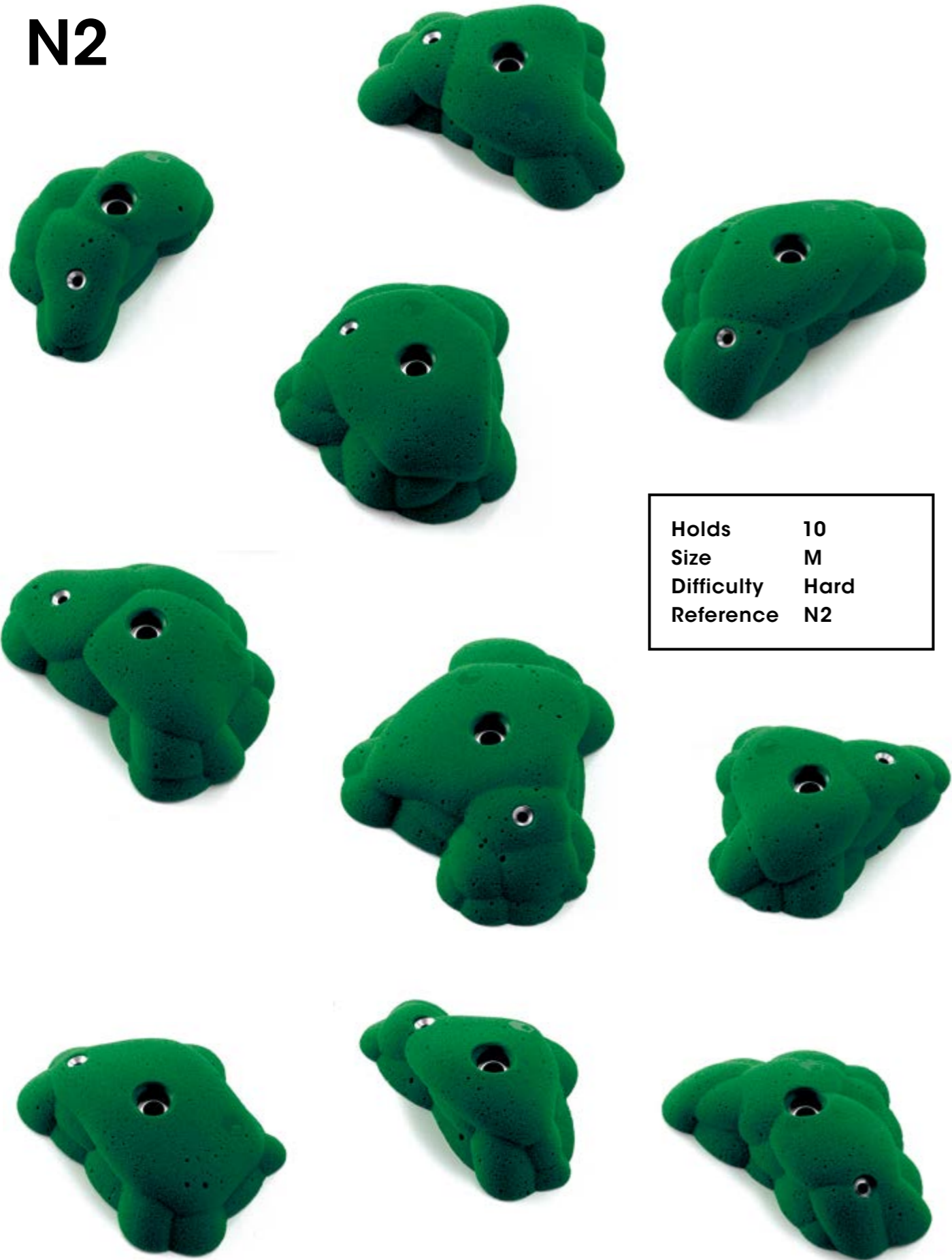


Nussgipfel

229

Holds	5
Size	L
Difficulty	Hard
Reference	N1

N2

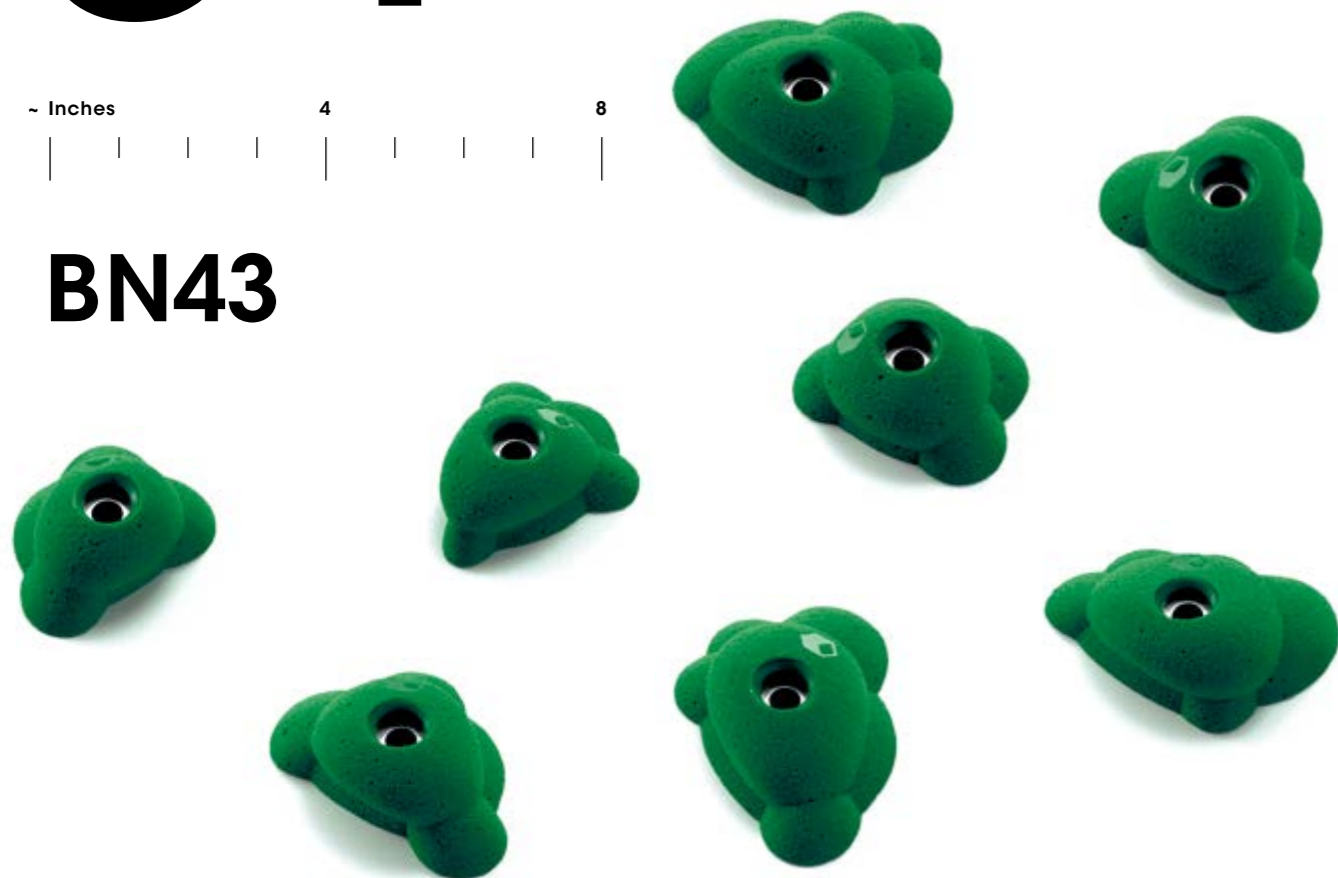


Holds	10
Size	M
Difficulty	Hard
Reference	N2

Bubble/ Nuss- gipfel

- Inches 4 8

BN43



Hold

232

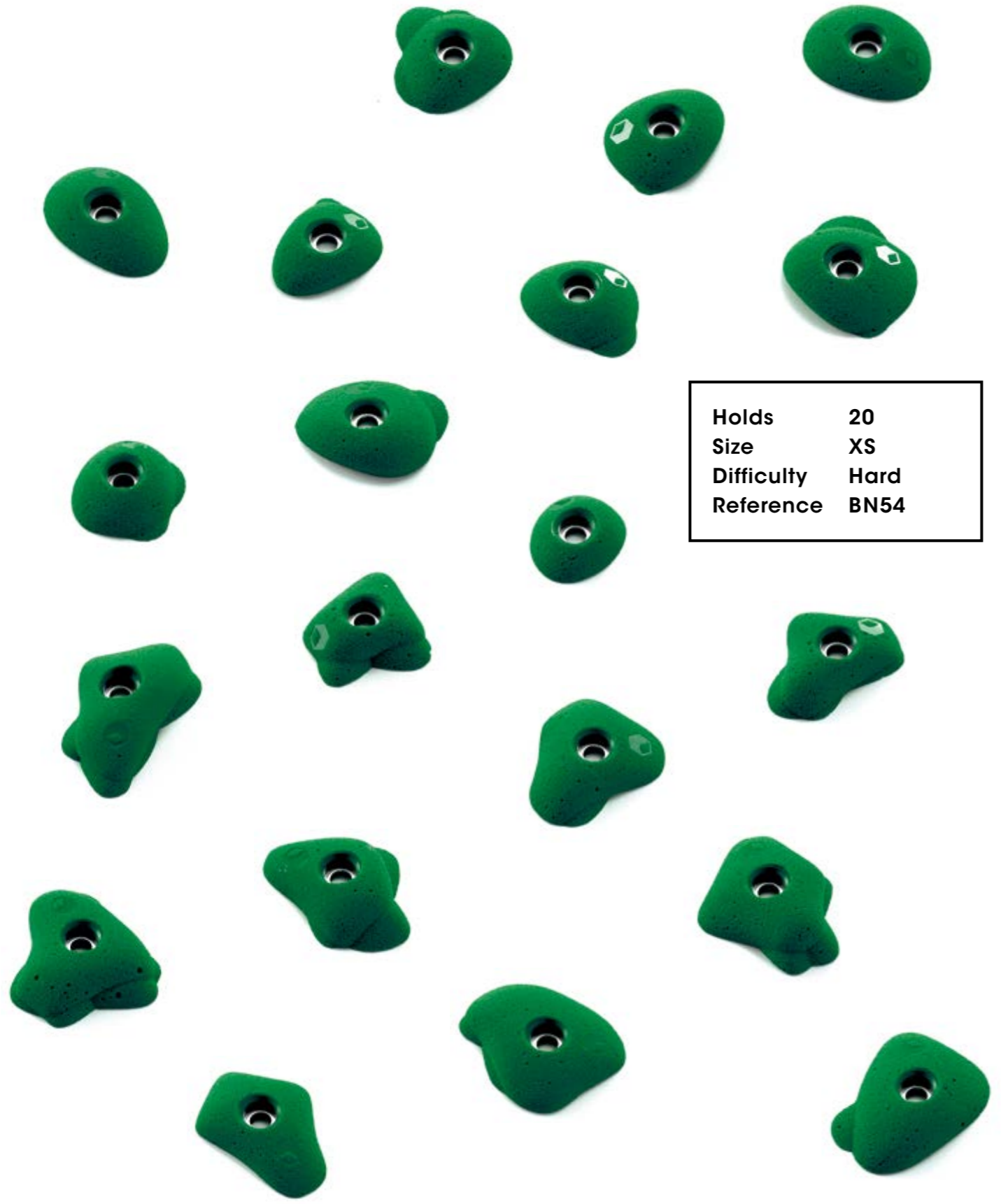


Bubble / Nussgipfel

233

Hold	20
Size	S
Difficulty	Hard
Reference	BN43

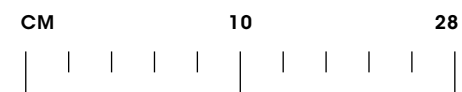
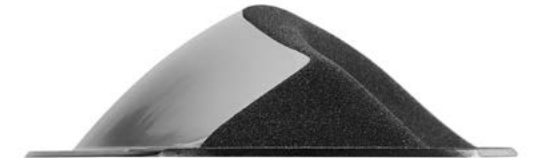
BN54



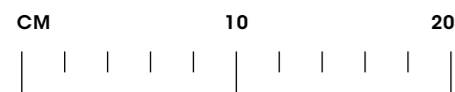
Holds	20
Size	XS
Difficulty	Hard
Reference	BN54



Floating Point



Borderline Mini



Jolly Jumper



V.08.01 L



V.08.02 L



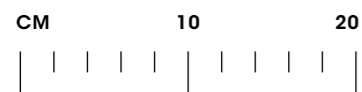
V.08.03 L



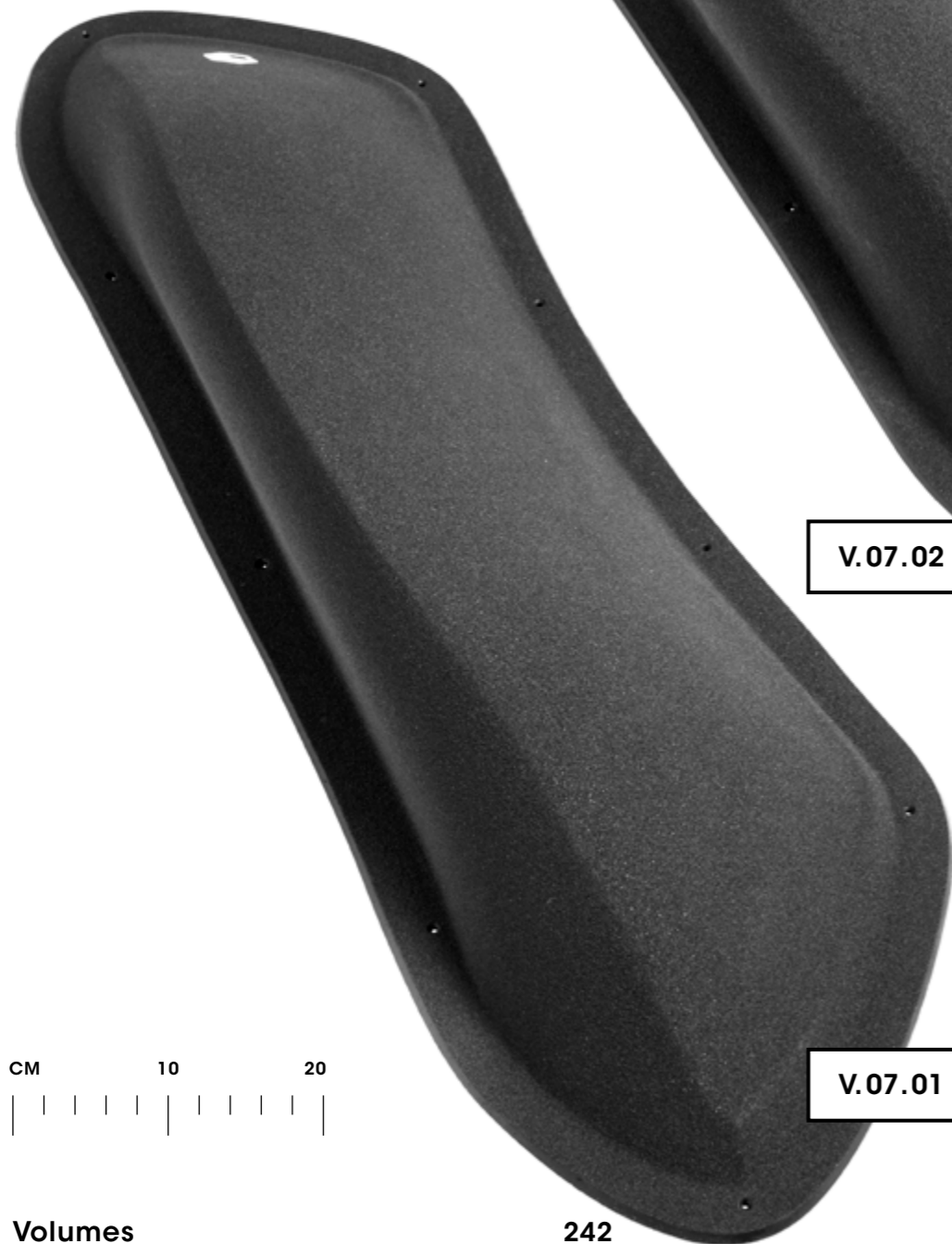
V.08.04 L



V.08.05 L



Border- line



V.07.01 L



V.07.02 L



V.07.03 M



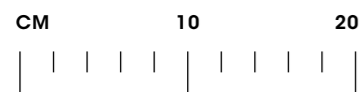
V.07.06 M



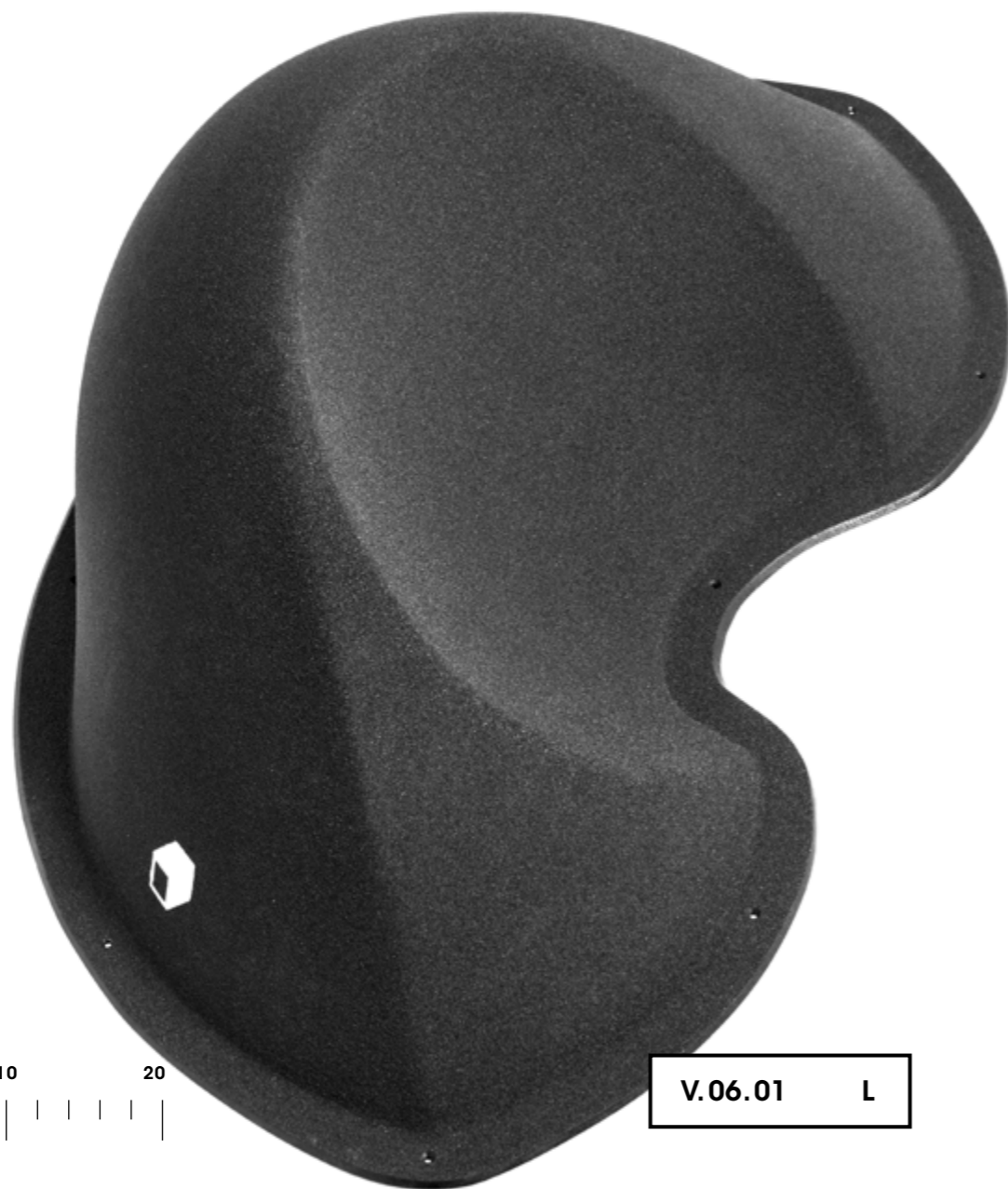
V.07.04 M



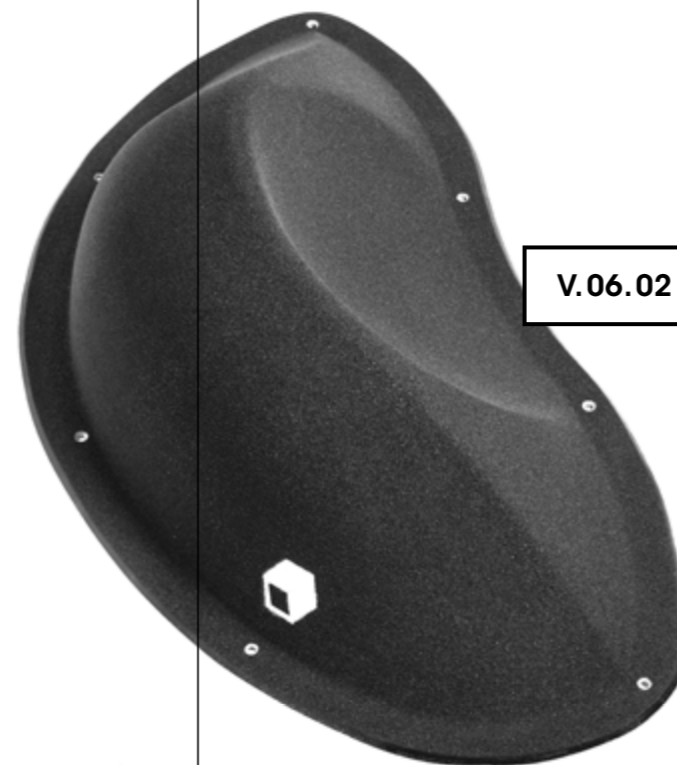
V.07.05 M



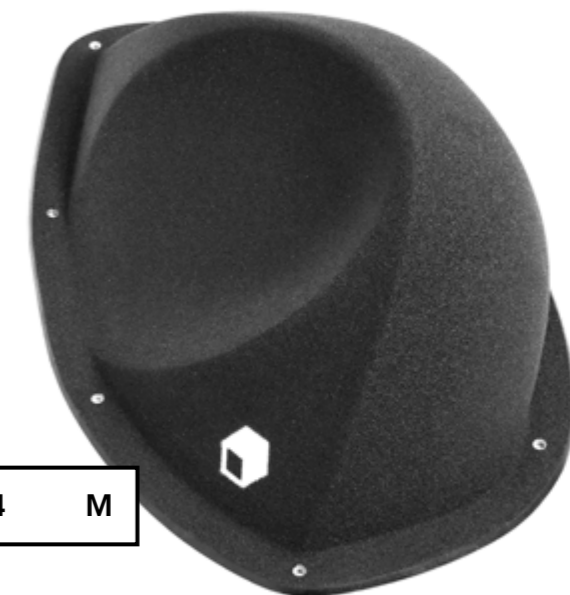
Golden Leaves



V.06.01 L



V.06.02 M



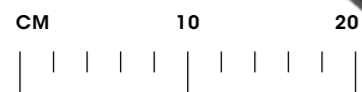
V.06.04 M



V.06.03 M



V.06.05 S



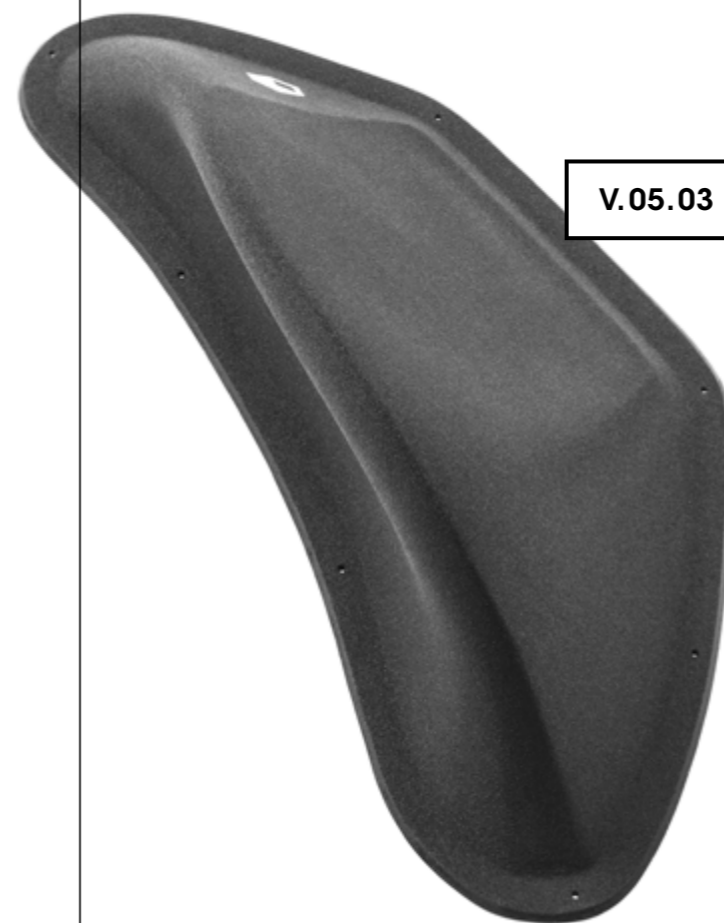
Tsunami



V.05.01 L



V.05.02 L



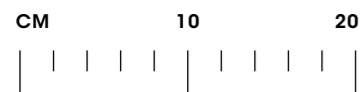
V.05.03 L



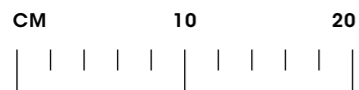
V.05.05 L



V.05.05 L



Thunder- birds



V.04.01 L



V.04.04 M

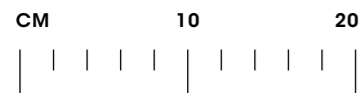


V.04.03 M

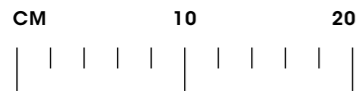


V.04.02 L

Elliot Master



Super- star



V.02.01 L



V.02.04 S

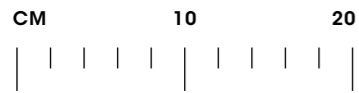


V.02.03 S

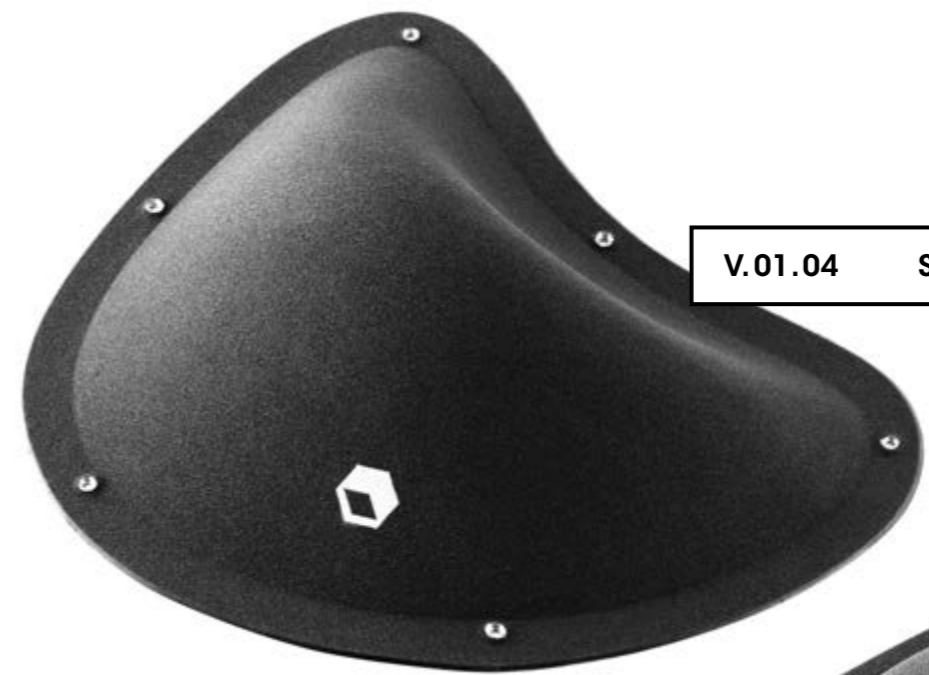


V.02.02 M

Revival



V.01.01 M



V.01.04 S



V.01.03 M



V.01.02 M



Holds

About us

Discarded foam holds, silicone molds, half-finished sculptures, plaster, dust... So many reminders that reflect a state of mind founded on an everlasting search for new ideas. The will to explore creative possibilities has led to testing different shapes, trying various materials and mastering molding techniques.

Flathold was born of the encounter between an international route setter and a visual arts student, whose first experience together dates back to 2008. A common goal: to create and develop shapes and grips, to fashion the foam so as to approach the feelings one gets on a natural line. Testing gravity on the grips; imagining the movement possibilities they can offer on a wall; feeling the friction point. Beyond their basic function, the goal is to make the holds aesthetic. A random detail on the sculpture can be what gives harmony to the shape. «Sometimes you know in advance that you will want to make a crimp; after giving a function to the hold, the goal is to try to go a little further than simply offering grip, to give the shape life».

Inspiration starts as trial and error. The sculptor's work that gives life to the different series draws from nature, without attempting to simply copy it. «You start a shape and you let yourself be guided. This is where the random aspect expresses itself in a way that could be described as similar to nature».

These two very different temperaments are what make up the essence of Flathold: friendship and collaboration in a project driven by a constant thirst for innovation.



Material

Flathold holds are produced in the US for North American distribution with the highest quality polyurethane. In collaboration with our production company and our North American distributor, we carefully control the quality of our holds and are proud to offer shapes that will have a long lifespan both on indoor and outdoor climbing walls.

Attachment system



All Flathold hold types (except some special ones from the screw-on range) have a washer set into the bolt-hole as a standard. Most Flathold holds are also equipped with an extra attachment system, or "set-screw" holes, for fixing in place using wood screws. While our European production holds have washers in-set in these holes, our North American production does not, as the material is very strong and we have also minimized the cost without using the washers. We advise our customers to use wood fasteners such as T-25 Torx or Robertson head screws in order to make sure the attachment is optimal.



Hollow back

Most of the holds from size L up are excavated or "hollow-backed." We have designed a custom counter-shape for each of these holds in order to make them lighter. This way, it is easier to handle the larger holds while assembling and removing routes or boulders.

Maintenance

When holds are screwed onto a wall and regularly used, it is common for magnesia and rubber from climbing shoes to dirty them. In the long term, this can affect the grip quality of the grain. We advise our customers to clean holds before using them again and to check their condition after a long period of use.



Plugs

Certain of our larger holds have a screw-in cap for the bolthole. Laurent Laporte devised this system exclusively for Cheeta holds and Flatholds to avoid the use of the bolthole for fingers thus optimising the use of the designed grip. It screws into large threads on the inside of the bolthole and can easily be tightened by hand or with a coin. Additional caps in packs of 15 are available in all the colours in our catalogue.



Volumes

Flathold volumes are made of a mix of polyester resin and fiberglass that is then covered with quartz sand to get a fine texture with good friction. This process allows for very thin, light and strong shapes. The volumes are attached with standard wood screws, but we recommend using flatheads to preserve the flange. The volumes are only available in black.



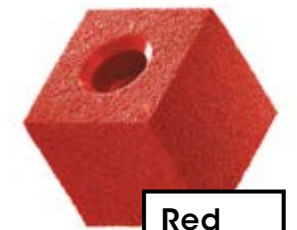
Yellow

15 - 12



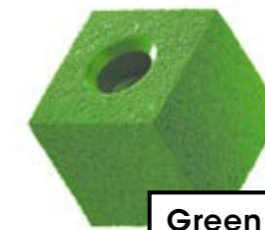
Orange

14 - 01



Red

11 - 12



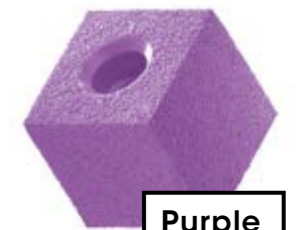
Green

16 - 16



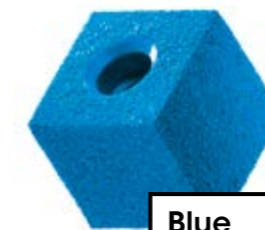
Pink

11 - 20



Purple

07 - 13



Blue

13 - 01



Black

18 - 00



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Impressum

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